

# KILLIN NEWS

KILLIN & DISTRICT COMMUNITY NEWSPAPER

April / May 2023

Issue 186

Price £1



# Killin News

Killin is a small village in beautiful surroundings and a long way from the nearest town. Over the years it has developed many organisations to help with the disadvantages this brings and to make the most of the advantages. Public transport is limited and hospitals far away - so we have the Hospital Car service and there is the Community Bus which groups can use to go on outings such as to theatres, shows or shopping trips. There are now not many shops - but there is the Community Hub which, as well as being the Post Office, has fresh fruit and veg from local sources. The Reuse Shop, as well as selling all manner of things for reuse, collects food from the Co-op which would otherwise be thrown out and anyone passing can help themselves to whatever is there. There is the Recycling/Repair group to help with various tools. Sports lovers have the Golf Club, football activity and bowls as well as groups who run or swim in the loch. There is the Youth Group for young people, the Tuesday Club for older folk, Walk in the Park for anyone who wants company and a walk. We are surrounded by hills and we have the Mountain Rescue on hand for emergencies. We have our own Fire Brigade, Drama Club, Choir and Community Council. What do all these valued organisations have in common? They all depend on volunteers or groups of people who are willing and able to give time to them. Volunteers are always needed so why not consider whether you can give time to one or more and help our community to continue to be a really desirable place to live.

## Editorial Policy Statement

The Killin News is a free community newspaper produced and distributed every two months by volunteers to households and businesses in Killin and district. The aim of those involved is to produce an informative, accurate and entertaining journal for those who live, work and visit in this area. Letters and articles published in the newspaper do not necessarily reflect the views of the Production Committee and they reserve the right to shorten, edit or not publish any item. Contributions will be attributed to the author. Vested interests will be declared where applicable. Articles should be between 200 and 300 words, photos in high quality and the content should be original work relevant to Killin and environs. All personal emails are acknowledged by a reply. If you do not receive a reply please contact us by phone or drop the article in the office letterbox.

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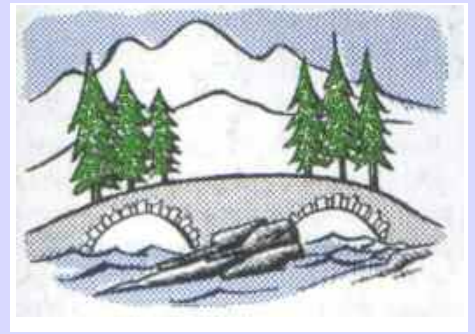
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pdf versions of the paper can be viewed on the Killin News website



## DEADLINES

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Advertising 5th May

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## Front Cover

Photo Ron Allner

# Return of the Burns Supper



After the challenging years of the Covid pandemic the Killin Burns Supper returned on Friday 27th January 2023. The organising began with the usual programme of events, to celebrate the life of Rabbe Burns, with music, food and speeches. It soon became apparent that folks were eager to get back to the routine of "normal" celebrations and the names on the list registered this. Our thanks go to the Masons who as before have provided the individuals for the top table, including this year Bobby Lafferty, Willie Dunn and Carol Smith. Dave Syme stepped in as the Chair for the evening and Mark Fallon with his group sang and played for us, including piping in the Haggis. Also thank-you Ron Allner for being the patient contact between us all!!! This year the Killin Voluntary Car Scheme helped with transporting some of the Senior Citizens, and the

usual suspects in the Drama Club, led by Gordon Hibbert, bashed the tatties, mashed the neeps and heated the haggis. As usual, we must give our grateful thanks to the Capercaille Restaurant who supplied their excellent Leek & Potato soup, very much enjoyed by all. Our usual set-up of the Hall, by willing club members, was challenging this year as we have apparently mislaid our stash of Tartan but donations from our kind community solved that problem. This year we welcomed the added support, on the night, of Carla Finlay and members of the Youth Group, who made excellent waiters and runners for the raffle. Many folks complimented them on their behaviour and ability to mingle and chat. It truly was a community effort. What might be the future for this

event you may ask? Well on the strength of this successful supper, the Drama Club met and decided after 20 years of being responsible for this event, we are calling it a day. We hope there will be others in our community to carry on this enjoyable service for our Senior Citizens and we are only too willing to assist in the handing over of the baton. We would like to sincerely thank all those who have worked with us over the years; we have truly enjoyed being part of it. Whichever group takes on the future organisation will inherit some catering equipment, a stock of appropriate alcohol and access to funds to cover the costs. Please contact [killindramaclub@gmail.com](mailto:killindramaclub@gmail.com) if you wish to meet us and discuss the event.

**Glenda Mardon**  
(Chairperson Killin Drama Club)



**What's on Offer at Killin Library**

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# Killin and Crianlarich Nurseries

There has been a lot going on for the Nurseries since our last submission. The children celebrated World Book Day by dressing up as book characters. They went through to the Primary School to see their costumes and watch their parade and a photo opportunity. Our Mental Health week was very well orchestrated by staff and they had organised a plethora of activities and experiences for the children for each day. These were linked to the United Nations Convention on the Rights of the Child (UNCRC) and our Health and Social Care Standards. Our Facebook page and the children's ejournals displayed lots of images to support parents with ideas to continue this at home.

The older children learnt about Shrove Tuesday and Ash Wednesday which was closely followed by the festival Holi, an



Indian celebration for the end of winter and the beginning of spring, a time to meet, play and laugh and repair broken friendships. Powder paint is thrown and each colour



depicts its meaning, for example, love, new beginnings and health.

The younger children have been learning some early numeracy through the story of The 3 Little Pigs, using playdoh, den building at the pavilion, using the sandpit and by visiting the library.



All children have been regularly reviewing our values of Respect, Kindness and Honesty.

The first week of March saw Killin Nursery welcome their peers from Crianlarich Nursery. For some children, it has been the ideal opportunity to rekindle relationships made during transition activities. The staff and children have been sharing their skills and knowledge and are embracing this change with enthusiasm. This is a temporary amalgamation to support our staffing shortages. On March 8<sup>th</sup>, Alex, Kayleigh and Allana went to the Generations

Working Together Conference 2023, with Mandy and Tina from the Falls of Dochart Retirement Home, to Collect an award for 'Valuing Generational Diversity'. The short video can be viewed via



this link  
<http://vimeo.com/805616265>

From the 13<sup>th</sup> March, the Nursery has been focusing on STEM – Science, Technology, Engineering, and Mathematics. The children have engaged in a variety of experiences outside and at our community space at the pavilion. These include measuring rainfall, construction, photography and a volcano experiment to name a few.

Once again, we would like to thank all our families and the wider community for their continued support.



## New Market Garden at Tombreck



Hello! We are Rachel and Ian, two veg growers who have recently moved to Tombreck Farm on the Killin-Kenmore road, and are setting up a market garden.

Our plan is to grow organic vegetables for sale to the local community, initially from the farm shop at Tombreck, but also via the Neighbourhood organisation and possibly some other outlets. In time we intend to set up a veg box scheme and will be looking at various models for community involvement. However, all we have to start with is an empty field so it will take some time to get fully established!

Most of our efforts at the moment are going into setting up infrastructure, working out business accounts and preparing the first growing areas for planting with the arrival of Spring. This has included lots of dock-digging, making compost from the abundant bracken and shifting boulders the old-fashioned way.

For updates visit [tombreck.co.uk](http://tombreck.co.uk) where we will be putting up a regular newsletter. If you have any gardening tools, plant pots or general DIY materials in reasonably good condition, or just want to say hello, please get in touch via [marketgarden@tombreck.co.uk](mailto:marketgarden@tombreck.co.uk)

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## VINYL RECORDS WANTED!

Selling or down sizing your vinyl record collection or simply having a clear out? If so then please consider Trossachs Vinyl to buy your collection. I am a recently established and locally based business in Callander buying and selling new and pre-loved vinyl records. All genres considered. Please contact Richard.

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*Fiona McGregor, Health Walk Coordinator for the Loch Lomond & The Trossachs Countryside Trusts' Walk in the Park programme shares some updates since the last edition and some welcome news now the days are getting longer.*



**Fiona McGregor**

**We are here more than ever to support you to get outdoors!**

In early March our lovely Killin group returned to one of their favourite routes, the beautiful Glen Ogle Viaduct, one of our many walks our health walk programme offers to those living with dementia.

For anyone living with this illness will know only too well the isolation and loneliness often associated with it, as well as other symptoms such as difficulty with movement or just doing simple daily activities. Our health walks are even more important especially for anyone who might need a little extra support for getting outdoors for some fresh air, conversation, and gentle exercise. Individually and regularly checked for their suitability, our routes mean everyone and anyone in the community can join in. Our volunteer Walk Leaders also receive dementia friendly training to help equip them to support those who may need a little

extra help or gentle words of encouragement. Just look out for our programme and weekly walks with the 'dementia friendly' logo that welcomes anyone living with dementia and their carers.

We always love to hear our walkers' stories and we were especially delighted when Fiona kindly shared this lovely photo of Isobel and Rosie, two of our Dementia Friendly Volunteer Walk Leaders, supporting Sandra whilst enjoying one of their favourite walks.



website volunteer training page [trustinthepark.org/training-volunteers/](http://trustinthepark.org/training-volunteers/)

**Yippee, the days are getting longer. Coming soon...**

We also have some other great news if you are looking to get your week off to a good start, with our Killin evening walks. Starting on Monday 17<sup>th</sup> April at 7pm, join us at the Killin Sports & Recreation hub. Led and supported by our trained volunteers our evening walks will utilise some of the lovely walks in the area.

If you would be interested in supporting our evening walks, we have some great training opportunities offering Walk Leader training on 19<sup>th</sup> April. For details about our walks and volunteering please contact Fiona by dropping an email to [fiona@trustinthepark.org](mailto:fiona@trustinthepark.org) alternatively for more details please visit our

**Something to do between our walks.**

Now if you are chomping at the bit in between our walks, we always have our weekly 'Strength & Balance' sessions every Wednesday from 2pm to 3pm in the Killin & Ardeonaig Parish Church.

These simple exercises are perfect for keeping your muscles and joints supple. Some of our participants have found that with the help of these sessions they have become more confident to go out by themselves, giving them greater independence. As with our walking programme, if you have a health problem, please check with your GP first.



**JOIN US FOR A Walk IN KILLIN ON WEDNESDAYS** Always 10:20AM

Date	Meeting Place	Walking Route
04 April	Capercaillie	Kinnell Circuit
12 April	McLaren Hall Car Park	Glen Ogle to Viaduct
19 April	McLaren Hall Car Park	Loch Circuit/Dist Railway
26 April	McLaren Hall Car Park	Tyntrum

No need to book, just turn up. Walks are followed by optional refreshments in a local coffee shop. For more information contact: [fiona@trustinthepark.org](mailto:fiona@trustinthepark.org) or visit: [www.trustinthepark.org/walk-in-the-park/](http://www.trustinthepark.org/walk-in-the-park/)

Walk in the Park welcomes people living with dementia and their carers on our walks. Walks identified with this logo are suitable for most abilities. Please contact us for more details.

Walk in the Park is a flagship project of Loch Lomond & The Trossachs Countryside Trust, Registered Scottish Charity, No. SC291020. Company Limited by Guarantee. 6254

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# Killin Mountain Rescue Team

Last year was one of the busiest on record, and the team attended 44 separate incidents across the area. 2023 is already shaping up to be a busy one and, to date the team have attended 11 incidents so far!

A break down of the incidents we have attended so far in 2023 is as follows:

02/01/23 - Male climber fell on Ben Lui, resulting in a serious injury. Rescue 199 also mobilised, and they located the casualty quickly as the team were deploying and uplifted the male and flew directly to hospital.

03/01/23 - Called out to a male walker who had become lost on Ben Ledi. Team members deployed into a number of groups and searched the hill, and eventually located the male and returned him to his vehicle, uninjured.

15/01/23 - Two climbers fell on Ben More and luckily were uninjured. They were however cragfast and required a technical rescue to recover them to safety.

22/01/23 - Male walker became lost on Beinn Chabhair due to poor visibility. Team deployed and when he was located, he was found to be cragfast so a technical rescue was required.

28/01/23 - Team deployed to Ben More after a report that a male had fallen. Sadly, the male was found dead and the team assisted in recovering him.

05/02/23 - The team were called to Beinn a' Chroin for a male suffering cramp. Whilst we were deploying, we were updated that the male had met with other walkers and was managing to get off the hill slowly. The team remained at the bottom of the hill until he was off safely.

10/02/23 - The team received a request for assistance from a farmer in Balquhidder after he located a sheep stuck in a deep gorge and he was unable to get to it. The team carried out a technical rescue to recover the sheep back to safety.

16/02/23 - Called to Falls of Dochart after a female had fallen on rocks and broken her ankle.

16/02/23 - Notified by Police of a male requiring assistance on Ben Vorlich. One of our team leaders made contact with the male and it was ascertained it was the Ben Vorlich in Arrochar MRTs area, so call passed to them.

26/02/23 - Called to Beinn nan Eachan after reports of a male who'd fallen after slipping on ice. Rescue 199 was also mobilised and as the team were deploying, they located the male and recovered him before flying him to hospital.

27/02/23 - Team deployed to Ben Vorlich after a male had become lost in the mist. Quickly located as he provided his location and he was escorted off the hill.

In addition to the callouts, our members have continued with regular training sessions. Each month, our members attend a number of training sessions, which include a monthly first aid night, a full day on the hill, as well as one evening training session.

Our members will also attend national training courses and in February we had a number of team members who attended a Casualty Care course and passed successfully. These members are qualified to provide a higher level of medical care and administer various medications to our casualties when required.



I look forward to providing another update in due course, and in the meantime if you have any queries, please do not hesitate to drop me an email to [secretary@killinmountainrescue.scot](mailto:secretary@killinmountainrescue.scot)

**Will Diamond**  
Secretary

**Killin Mountain Rescue Team**

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Wed 29 th March	
Wed 12 th April	
Wed 26 th April	
Wed 10th May	
Wed 24 th May	
Wed 07 th June	

You can now pay invoice's and order repeat prescription's through our website. Repeat prescriptions, food or any other veterinary requirements can be collected on these days, providing they are ordered in advance.

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# Killin Youth Group

Over the last session block at youth group we have made it through the dark evenings with a range of indoor and crafty sessions. Young people have taken part in sessions such as



making positivity jars, t-shirt design and games nights. Our last session of the block before the Easter holidays will be a scavenger hunt and we will finally be able to get back outside for a run around! This block we have had some young people lead their own sessions to share their interests with the rest of the group and they did an amazing job, so well done all of you!



After the Easter break we will welcome two new volunteers to join us and we are delighted to have them on board being part of the project. Youth group is also welcoming two young leaders back to the project, helping at sessions. It is wonderful to have young people come back to the project to support their younger peers and we are delighted to have them on board. Killin Youth Forum have held a couple of sessions brainstorming and designing some projects they would like to develop in the community. Project ideas like movie nights, an exercise club and a junior choir are being developed by the young people involved with the youth forum. As a team building exercise, youth forum was invited to attend a circular economy design workshop looking at how we can reuse and repurpose materials to make items more sustainably. This was a fantastic workshop and our thanks to The Old Mill and Ostrero for the opportunity to take part. As our youth group sessions are for

P6-S3 we have been trying to find ways to engage with young people in S4 onwards and through partnership working with Active Stirling and Inspire Stirling we are delighted to announce that Inspire Stirling are holding fortnightly sessions from the 3rd of May for young people 16-24, providing free accessible sport and free training courses to help increase employment and volunteering opportunities. This is a fantastic opportunity to upskill in the sports industry, for personal development and to gain new

experiences. Youth Group sessions have been run by CYP in partnership with KAT and supported by a group of local volunteers. If you are interested in volunteering, no matter how little time you can give, if you are interested in finding out more about joining the Youth Forum or would

like more information about Inspire Stirling's sport and personal development group, please get in touch.

[carla@killincdt.co.uk](mailto:carla@killincdt.co.uk)  
**Carla Finlay**  
**Youth and volunteer Coordinator (KAT)**



## INSPIRE STIRLING'S YOUTH



### WHO

**Inspire Stirling's Youth aims to provide free accessible sport and free training courses to help increase employment and volunteering opportunities for people aged 16-24, within the Stirling community.**

### WHAT

**Inspire Stirling is starting a young persons sport and personal development group within Killin Sports and Recreation Hub. If you are looking to upskill yourself in the sports industry or gain new experiences, please scan the QR code to register and find out more information. Starting on Wednesday 3rd May at 17:30 - 18:30**



### WHEN

Day	Group	Time	Location
Monday	Stirling Inspire	16:00 - 17:00	Stirling High School
Tuesday	Wallace Inspire	09:00 - 11:00	Wallace High School
Tuesday	Bannockburn Inspire	16:00 - 17:30	Bannockburn High School
Wednesday	Ready For Work	13:00 - 14:00	Raploch Community Campus
Wednesday	Killin Inspire	17:30 - 18:30	Killin Sports and Recreation Hub
Thursday	Activity Agreement	12:00 - 14:00	Raploch Community Campus
Thursday	St Modan's Inspire	15:30 - 17:00	The PEAK Sports Village

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# Killin's Post Office and Newsagent – Help Needed!

There have been a few articles in Killin News about Killin's Post Office and Newsagent. They are both part of MacGregor's Community Hub Ltd or MCH for short. MCH is a Community Benefit Society. Profits made are either re-invested in the business or used for the general good of the local community.

MCH relies on the continuing support of the volunteers who help to run the business alongside the paid employees that we have. MCH also relies on the support of the local community to use the Post Office and shop as much as possible. There is no longer a 'salary' for running the Post Office. Indeed Killin's Post Master is a volunteer. The Post Office remunerates MCH through commission payments. For example, withdrawing money from the Post Office instead of from a cash dispenser earns MCH a small commission payment. The same is true if you pay money into your bank account via the Post Office or pay bills at the Post Office or buy stamps at the Post Office. It all helps and it could mean the difference between survival and

closure.

Selling newspapers and magazines brings in some income, but margins on newspapers are notoriously low. Buying confectionery, drinks, food, general stationery and fishing items help MCH enormously as the margins are higher. Gifts and souvenirs are also profitable for us. MCH is not able to compete with the Co-op simply because we don't have the buying power. Apart from a few staple items, the intention with food items in the shop is to stock items that you are unlikely to find in the Co-op or items that have been locally produced. There is also a "refill station" with an array of different items ranging from washing up liquid to flour, so you can buy as little or as much as you need, and these are very competitively priced too!

There are different ways in which you can help:

Please use the Post Office and shop as much as possible. Come in and pay rent, bills, road tax on a regular basis – it all helps. Don't just use the Post Office to withdraw cash

when the ATM is out of order: come in every week and get cash here – we get a small commission which helps keep the Post Office open.

Become a member of MacGregor's Community Hub by buying shares. Some people just buy one share, some buy many more and some people buy a regular number of shares every month. Membership applications are available in the shop. Membership entitles you to attend MCH's annual general meeting and to contribute to how the business is run and moves forward.

Become a volunteer. You can help out as little or as much as you like by working in the shop or by joining the management committee. Please ask any of the volunteers or staff working in the shop to take your details and we'll get back to you.

**Mike Duncan**  
**MacGregor's Community Hub**

## Davidsons Chemists - We're here to help!

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### NHS PHARMACY FIRST SCOTLAND

If you have a minor illness, your pharmacy is the first place you should go for advice and treatment. Perfect for seasonal ailments such as hayfever and insect bites as well as many other common conditions.

The pharmacy team will give you advice on how to manage your symptoms and, if necessary, supply you with NHS treatment or arrange onwards referral to another healthcare professional. Any treatment prescribed can be delivered to your local collection point just like your prescriptions.

Our regular pharmacist Laura has also undergone additional clinical training to become a Pharmacist Independent Prescriber. This means she is able to provide advice and treatment for a wider range of common clinical conditions. If you would like a consultation with Laura, we kindly ask that you phone ahead to arrange an appointment time, as this helps us to optimise our workflow and minimise your waiting time.

### DON'T WAIT TO STOP SMOKING

If you are looking for FREE support to help you quit smoking look no further. Did you know using a structured support programme like our 12 week NHS programme makes you 4 times more likely to quit? We understand how difficult it can be and are here to help so pop in or give us a phone

### COLLECTING PRESCRIPTIONS

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# Killin Community Council

On Tuesday, 7<sup>th</sup> March, the Community Council held its last meeting prior to the new elections scheduled to be held in April this year. It doesn't feel like five years since the last elections, but these have been strange times for all of us. For two of these years, we largely communicated by Zoom, WhatsApp and social media – locked down and forbidden from meeting properly as a community council. It was a difficult time for everyone, soon to be followed by Storm Arwen, the war in Ukraine and the cost of living crisis.

Throughout it all the Community Council operated pretty much as normal as could be expected under the circumstances. During the 'lockdown years', we liaised with various local and national bodies. We obtained generous supplies of hand sanitiser from Deanston Distillery and distributed this throughout the village. We obtained funding from SSEN, which was used to help purchase a patient hoist for the care home, provide PPE for the Mountain Rescue team and fund the renovation of the war memorial and garden.

During Storm Arwen, the Community Council helped to assist and co-ordinated efforts to maintain contact with all members of the community and ensure that warm and safe refuges were available for any that required them, though any and all credit is due to the wonderful response of the community to that event, and the innumerable volunteers who knocked on doors, provided warm spaces and delivered gas heaters, camping stoves and candles, often at their own expense. Morgan Sindall provided mobile generators to maintain heating in the care home and many other businesses provided whatever help they could.

The brutal war in Ukraine saw an exodus of refugees across Europe, many of whom came to Scotland. The Killin Hotel was requisitioned by the Scottish Government for the accommodation of some sixty to seventy refugees, mainly, if not exclusively, women and children. Once again, the community rallied round magnificently. English language classes were held in the Church community rooms by a cohort of a dozen volunteers, many retired, and most of whom had teaching qualifications and experience, either in ESOL or standard primary and secondary education. Activities and visits were arranged, and a festival of Scottish and Ukrainian music was held in the McLaren Hall, with the proceeds going to humanitarian relief in Ukraine. Many of our Ukrainian guests have since left, but some still remain, having found work and community here in Killin, and I am sure that those who have relocated to more sustainable accommodation elsewhere will always have warm and happy memories of their time here, and of the community that welcomed them and gave them sanctuary.

That war also precipitated a rapid escalation in prices for oil, gas and many other commodities. The rocketing price of raw energy supplies impacted everything from electricity prices to transport and basic foodstuffs. In October, the Community Council applied for and won a Cost of Living Fund Grant of £8,000 which has enabled the Pavilion to provide a warm space one day a week for residents and access useful support services such as Citizens' Advice. A further grant of £3000 was awarded to us to provide other warm spaces, coffee, soup and sandwiches across different venues throughout the village on other weekdays. In this latter provision

we are immensely grateful for the participation of a wide range of volunteers who have made these warm spaces welcoming and friendly.

These are just a few highlights of our work over the last five years. There are others, as well as lots and lots of mundane stuff that no-one really wants to hear about, other than "it's getting done", which brings me back to the point of all this. Elections will be held in April for a new Community Council. Nomination forms will be available from the 3<sup>rd</sup> April and can be obtained by emailing . The closing date for returned forms is 17<sup>th</sup> April. If you care about the local community and want to be involved, please do put your name forward for election. We always need new blood – sweat and tears optional. There will be no Community Council report in the next issue of the Killin News, but we expect it to return in the summer, although whether by the same author is now entirely in the hands of the electorate.

**Andy Aitken**

## Local Councillor Contacts

Councillor Earl on:  
01786 233114  
earlm@stirling.gov.uk

Councillor Maxwell on:  
01786 233101  
maxwellg@stirling.gov.uk

Councillor Watterson on:  
01786 233117  
watterson@stirling.gov.uk

Or by writing to them at:  
Stirling Council,  
Viewforth,  
Stirling, FK8 2ET

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## Bike Skills Park

Things are progressing, and we are just completing ecology and parking surveys in advance of starting works on the first trails. We hope to get these started in April, so there should be some trails for people to use by the summer. We will be restarting our cycling sessions with Crianlarich and Killin Primary Schools after the Easter Holidays, when we hope the weather might improve a bit. We also plan to offer two Family Sessions over the Easter Holidays, which will be open to all. If you are interested, please contact Kelly at the details below: [kelly@strathfillancdt.org.uk](mailto:kelly@strathfillancdt.org.uk)

## Wild Strathfillan Community Heritage Project

We have now held our third Strathfillan Heritage Group meeting, where we discussed how to move things forward. We agreed to start holding monthly Heritage Group meetings. They will be the third Thursday of the month from 7pm to 9pm at Crianlarich Village Hall, and open to all, so please come along if you are interested. We also plan to hold our first afternoon drop in, where people can bring along any photos, postcards, maps and anything else about the heritage of Strathfillan. This will be on Sunday, April 16<sup>th</sup> from 2pm at Crianlarich Village Hall. To find out more about this project please visit the Trust's website:

<https://www.strathfillancdt.org.uk/projects/wild-strathfillan-community-heritage-project>  
If you are interested in getting involved in the Strathfillan Community Heritage Project, then please get in touch by emailing Kelly at the details below: [kelly@strathfillancdt.org.uk](mailto:kelly@strathfillancdt.org.uk)

## Strathfillan Community Woodlands

Another busy couple of months in the woodlands. We undertook a brushcutter course and a woodfuel day and we're looking to further projects over the coming months. We plan to work closely with the Wild Strathfillan Team at the Countryside Trust, being involved in their herbivore management assessment, and have camera traps installed to monitor the animals that live in our woodland. This should be really interesting. If you would like to get involved in the woodlands, put your name down for woodfuel, or find out more, you can drop Llinos an email at [llinos@strathfillancdt.org.uk](mailto:llinos@strathfillancdt.org.uk)

## Strathfillan Seasonal Rangers

We have applied to NatureScot's 'Better Places Fund' again this year to employ Seasonal Rangers for 2023. We are looking for one to two people to join us if we secure the funding. If you are interested in a good seasonal job, then please drop Kelly an email at the details below, and

she can send you on further information. There are part time and full time options, up to 40hrs a week. We really hope that we are successful again this year, and we can keep the impacts of visitors under control.

## Strathfillan Community Garden

We hoped to paint the container soon but it's been a bit too cold for the paint! Camouflage netting for now is helping to disguise it. We have filled all the outdoor beds with well composted manure and topsoil and all the beds are now taken. We hope to put two more large, raised beds in this year so get in touch if you want to make use of one. We will have a couple of afternoons later in Spring to share ideas, plant together and continue to improve the site for all, maybe even a barbeque, so keep an eye on the SCDT facebook page <https://www.facebook.com/groups/2495715407394997/> for updates. We are on the look-out for any spare water-butts if anyone has any lurking in their back garden not used?

## Warm Winter Hub

Sadly, due to low numbers, we have cancelled the remainder Warm Hubs. This has been a very sad and difficult decision, but we cannot justify the expense from community funds if it's something the community does not need.



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## Development Trust

Many thanks to everyone who organised and ran the Warm Hubs, and to those who came along and supported the project.

Getting in touch: You can contact the Trust directly by emailing Kelly at

[kelly@strathfillancdt.org.uk](mailto:kelly@strathfillancdt.org.uk) or phoning 07707044484.

Kelly is now in the Trust Office in Crianlarich Village Hall every Thursday, 9am to 5pm if you want to drop by.

For updates on projects and activities you can check out our Facebook Page

[\(20+\) Strathfillan Community | Facebook](#)

And for more information on our projects and what we do, have a look at our website:

<https://www.strathfillancdt.org.uk/home>

### Keeping strong and balanced at home

As we progress into better weather and get out a bit more, this issue we bring you 'toe raises'.

This exercise will help ensure you lift your toes more easily when stepping over things and reduce your chance of tripping or falling backwards.

It works the muscles at the top of the foot and challenges your balance and core strength to stay upright.

Just ensure you have something solid to hold on to if you need to – it's harder than you think! Try to keep your body straight (no bums out backwards).

Once you have mastered the toe raise, see if you can walk about for a few steps on your heels.

Toe Raises

- Stand tall holding your support
- Raise your toes taking your weight back into your heels without sticking your bottom out
- Hold for a second
- Lower your toes with control
- Repeat 10 times



Have a go and let us know how you get on – give us some feedback at [dawn.skelton@laterlifetraining.co.uk](mailto:dawn.skelton@laterlifetraining.co.uk) or on the

SCDT Facebook page.

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Michael, Lynn and all the team at the Courie Inn would like to send their support to the Killin News group!

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Class 2 have been looking at similarities and differences between Scotland and France. They have all been busy researching and have made some fantastic brochures to persuade people to visit their French town.



Fantastic topic work in Class 3. We are learning how the human body works.



We all got dressed up as our favourite book characters for World Book Day on the 2<sup>nd</sup> March. We had a parade with the nursery and took part in some fun book activities.

**Katie, P6**

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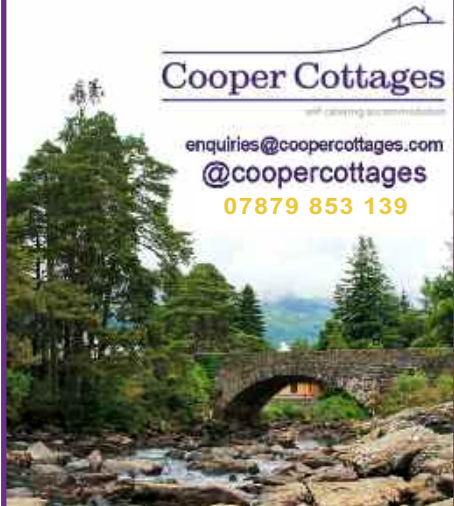
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We would like to say a huge thank you to the Lodge Breadalbane St Fillans 815 for providing the school with a new PA Sound System. We will get so much use out of this and are already planning on using it for dance club during Golden Time and our School show in June.



Colin and Phillipa from the Scottish Fire and Rescue Service came to teach Class 3 how to carry out CPR. We learned how to do the breaths and compressions and we all got a turn of applying and using a defibrillator.

**Declan, P6**



Gareth, from the Loch Lomond and Trossachs National Park, has been working with us over the past few weeks to learn about salmon. We sketched out the lifecycle of a salmon and learned about predators and other threats facing them. We put 100 salmon eggs in a fridge in our classroom and we observed what happened with them each day. The eggs turned into alevins and we went on a hike on the Acharn loop to release them. We have really enjoyed this project.

**Andrew, P6**



Class 1 have been learning about Scottish Landmarks. They made a mural of the Kelpies and mini Forth Rail Bridges. They have also all made their own Scottish Landmarks at home and shared their learning by making a museum displaying all their wonderful work.

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## The Future of Rural Hospitality and Tourism

An exciting new initiative is being developed in and around the National Park that is aimed at helping rural hospitality and tourism businesses to be seen, Scotland wide, as 'Employers of Choice'. The vision is to attract highly motivated job seekers and provide a fulfilling career for those already working within the sector.

In her role as Regional Food Tourism Ambassador for Stirling and Forth Valley, local resident and business owner Sarah Heward has initiated the pilot project that aims to address the staff recruitment and retention issues that are currently crippling rural hospitality and tourism businesses in our area. Sarah, founder and co-owner of the Real Food Café in Tyndrum, is very passionate about the impact the new project will have after sadly witnessing a significant number of local businesses recently having to close their doors, due to the acute challenges that we are all aware of including Brexit, Covid and energy price rises, to name a few. Such closures are never taken lightly and obviously have a profound impact on the business owners themselves. However the knock-on

effects of losing such facilities in a rural area also impact greatly on the local communities who live there, with fewer places to meet up and less on offer to attract visitors.

The aim of the 2 year pilot project is to create a package of training, wellbeing and financial benefits all wrapped up in an easy to access website that will be offered to local business owners at a super affordable price for the benefit of their workers. Those businesses who buy into the package will be equipped with the necessary tools to ensure their staff's welfare is a priority and will have access to a pathway that offers exciting career choices and opportunities for their employees to develop and grow.

This unique project offers a fresh and positive approach to the current recruitment and retention issues our rural region is facing. The Loch Lomond and Trossachs National Park together with the Forth Valley Food and Drink Network will participate in the pilot project and once the concept has been proven successful, it has the potential to be rolled out to benefit other rural areas within

Scotland.

A project development manager, also one of Scotland's Regional Food Tourism Ambassadors, was appointed in January. In addition a working group of business owners has been formed to ensure the design fully meets the industry requirements and adds tangible value. Working group members include Tom Lewis who owns Mhor 84, Mhor Bread and Monachyle Mhor.

This is a very exciting time, as we embark on an initiative that will start to change the image of the industry that is core to life in the National Park. We aim to put our region on the map as an excellent place to work in a fulfilling career within forward thinking businesses who care and nurture the growth of their employees.

We look forward to sharing more details over the coming months about the package and the benefits it will bring to employees within the sector.

**Rachel Gabro  
Loch Lomond and the  
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# Breadalbane Heritage Society

 **Breadalbane Heritage Society** 

**2022-23 PROGRAMME**  
**SUMMER EXCURSIONS**  
**Wednesday 24<sup>th</sup> May 2023**  
 Finlarig Castle and Moirlanich Longhouse, Killin  
**Wednesday 7<sup>th</sup> June 2023**  
 Moncreiffe Hill Forts: led by David Strachan



Moncreiffe Hill Fort Killin Waterfalls

**Wednesday 21<sup>st</sup> June 2023**  
 Kenmore Arboretum: led by Christopher Dingwall  
**Wednesday 5<sup>th</sup> July 2023**  
 Mar Lodge Estate: led by NTS Mar Lodge Rangers  
 (Numbers may be limited)

Summer excursions subject to final confirmation. For further details, contact [ian at bhsaberfeldy@gmail.com](mailto:ian@bhsaberfeldy@gmail.com)

Breadalbane Heritage Society was founded in Aberfeldy sixty years ago and over the years has run a regular programme of talks during the autumn and winter months and a variety of activities during the summer. Although meetings are normally held in the Breadalbane Community Campus in Aberfeldy, in recent years, given the difficulty of travel in inclement weather, some winter talks have been held on Zoom.

The popular talks programme of the Breadalbane Heritage Society normally ends in March before the summer excursions get underway, but this year an 'extra' talk is being slotted in on 21<sup>st</sup> April at 7.30 pm.

'Discovering Froglife's Scottish Projects' will be presented by James Stead, Froglife's 'Come Forth for Wildlife' Project manager. His talk will cover the amphibian and reptile species that can be found in the area and also Froglife's projects in the Forth Valley region. Froglife is a UK wildlife charity ([www.froglife.org](http://www.froglife.org)) committed to the conservation of amphibians and reptiles and their habitats. James manages projects in the Forth Valley area which have created and restored vital habitat for wildlife while engaging with local communities.

This presentation will be on Zoom and as usual for the Zoom talks, anyone interested in attending this talk needs to register with Ian Stewart at [bhsaberfeldy@gmail.com](mailto:bhsaberfeldy@gmail.com)

Next month sees the start of the summer programme of excursions to various places of interest in this area, beginning

with a visit to Finlarig Castle and Moirlanich Longhouse at Killin. Updated information on the excursions will be posted on the BHS website.

Other trips to look forward to include the two ancient hill forts on Moncreiffe Hill, south-east of Perth, which will be guided by David Strachan, the director of the Perth and Kinross Heritage Trust. In June there will be a visit to the arboretum at Kenmore led by landscape historian Christopher Dingwall, the vice-chairman of Scotland's Garden and Landscape Heritage. In July a visit to Mar Lodge Estate in the Cairngorms National Park will be guided by the NTS Mar Lodge Rangers.

The BHS's website <https://breadalbane-heritage.org.uk> features a video of local scenes of interest, and provides up-to-date information about talks and activities, events, publications, projects including maintenance of the Killiehassie private burial ground in Strathtay, and services such as assistance with family history research. Recordings of all the recent talks are available on this site.

**Fran Gillespie**  
 (Trustee)

 **BREADALBANE HERITAGE SOCIETY** 

**Friday 21st April 2023**  
**at 7.30 p.m. on Zoom**  
 'Discovering Froglife's Scottish Projects'  
 presented by James Stead



**froglife**  
 leaping forward for reptiles & amphibians

In this talk, James aims to raise awareness of native reptiles and amphibians and will guide you to learn more about amphibians and reptiles in the area as well as the exciting work underway on the 'Come Forth for Wildlife' project and 'Fife Living Water' project.

**To receive the Zoom joining details you must register by contacting Ian at [bhsaberfeldy@gmail.com](mailto:bhsaberfeldy@gmail.com)**


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# KAT Killin and Ardeonaig Trust

Once again, lots of exciting news and great progress is being made across many locations around this stunning place we're lucky enough to call home.

Let's begin with an update on that big ol' building sitting at the heart of our beautiful village.

## **The Old Co-op**

On 17<sup>th</sup> March KAT took ownership of the old Co-op for the community – ta dah!

After lots of hard effort and nail-biting applications, we successfully gained funding from the Scottish Land Fund to buy the building, and then obtained further funding from the Place Based Investment Fund through Stirling Council for refurbishment. Well done to all involved, especially Theresa – fantastic work.

So, we've got the building, what's next?

There's loads of work needed before we open it, as since the Co-op moved out it's just an empty shell.

The very popular RecyKillin is moving across the road to take pride of place at the front. This will include the Reuse shop, community fridge and tool library.

The Reuse shop will have much more room to showcase and browse for all those treasures.

The back of the building will become a business and learning hub, allowing us space for a 'co-working' area. This is where you'll be able to hire a desk space to work and meet others, there'll also be private room hire for folk to have one-to-one meetings, as well as formal and informal learning. There'll also be room to rehome our wonderful KAT workers; much warmer and great to be at the centre of things.

Not only, but also ... we'll be renting out the adjacent space to a local business and will soon be on the lookout for prospective tenants.

Aside from the Co-op, there are so many more initiatives KAT is working on to make Killin and Ardeonaig the best place to live and visit.

## **Reuse shop**

We know our Reuse shop has become a focal point for locals. It's not uncommon for queues to be forming well in advance of opening hours, not just for the amazing treasures held within, but for a friendly blether and the chance to catch up on neighbourly news.

In addition to the Community Fridge, which continues to be a triumph, the

Reuse shop is now hosting a Seed Swap for all you budding gardeners (see Food Growing below); and when popping in for your veggie seeds or Morning rolls, remember to look out for an Easter hamper and tombola which will be helping to raise funds for the Car scheme.

Unbelievably, this Aladdin's cave has now been open for a whole year! Its success is down to you – yes you! A BIG thank you to every one of you who visits, donates, supports and volunteers; and most especially Kirsty, whose smiley greeting (under her mask, but reflected in her eyes) and strong sense of community has driven the shop's success. Goodness only knows what'll happen once it moves across the road to bigger premises and Spring brings the warmer weather.

If you'd like to spend a few hours each week, meeting folk and catching up, Kirsty welcomes all volunteers; we provide full training, tea and coffee ☺ There're loads of different tasks, something to suit everyone. Just pop in the shop or email her at [Kirsty@Killincdt.co.uk](mailto:Kirsty@Killincdt.co.uk)

## **Food Growing**

We have recently identified land close to the village for a food growing project and are looking for people in the community who would like to be involved in shaping the project and taking it forward. If this sounds interesting to you and you'd like to know more, please contact [raina@killincdt.co.uk](mailto:raina@killincdt.co.uk)

## **RecyKillin Tool Library**

Raina and the team have been really busy, keeping a multitude of plates spinning, only some of which are mentioned below.

We've recently held some successful workshops and visits funded through the Together for our Planet fund including:

A Youth workshop in partnership with the Youth Club and Ostero

A pop-up gardening tool repair cafe with Chris Steedman from Transition Stirling.



A visit to staff and volunteers to

Transition Dundee to find out more about their clothes upcycling operations.

Visits to 'Community Gardens' in Stirling to inform the Killin food growing project.

We've held climate conversations through our Reuse Shop, and have lots of Climate Skills packs, for food growing, knitting and sewing to be given away!

We have also had people visit us through the Community Learning Exchange to see how RecyKillin tool library works

Sign up anytime at [www.recykillin.myturn.com](http://www.recykillin.myturn.com) or pop into the shop for more information.

## **Old Mill**

Another of our beautiful old buildings seeking new life. Great things are planned for this iconic example of village history.

We have an innovative new business plan and are in discussion with Made in Stirling and Creative Stirling about an exciting joint venture at the Mill over the summer – watch this space.

## **Breadalbane Park**

We've come so far with this, I think you'll agree it's looking great and to keep improving the Play Area for all our young people, we still have a lot of fundraising to do.

We really do need your help to purchase the next piece of equipment. We are looking to find grants to help with purchases, and this is made so much easier if we can demonstrate the community's support through local fundraising. If you would like to donate, please visit our fundraising page:

[www.givengain.com/cc/breadalbane-park--play-park-development/](http://www.givengain.com/cc/breadalbane-park--play-park-development/)  
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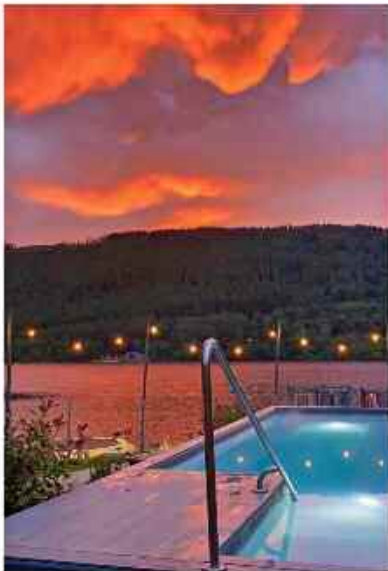
## **Youth Group**

There's so much happening with the Youth Group - scavenger hunts, movie nights, junior choir, craft sessions, partnerships with Active Stirling and Inspire Stirling to name but a few. You'll find all the details about these and many more fabulous initiatives further in the magazine. If you'd like to join in or support the Youth Group, contact [Carla@Killincdt.co.uk](mailto:Carla@Killincdt.co.uk)

So much brilliant progress with so many wonderful ideas!

If you'd like to know more, or feel you can support the community by volunteering or joining KAT; please don't hesitate to get in touch

 **TAYMOUTH MARINA**  
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# The Tapestry of the Highlands and Islands

Groups and individuals in Killin have been involved in helping to create and stitch one of the panels for the new Tapestry of the Highlands and Islands. The Heartland group includes those living in the area of Highland Perthshire which is bounded by Killin, Rannoch and Pitlochry, although originally being part of a larger group that covered the area from Kingussie to Perth and beyond, called the A9 Stitch-up group. However the numbers and area involved became too large and therefore a second panel was provided for those further west and living in the Heartlands of Highland Perthshire.

Killin, have been busy over the last few months, with embroidery, applique and cord making, which is being used to create the 1m square panel, one of 52 being produced for the Tapestry of the Highlands and Islands project. The youngest stitcher, age 4, also from Killin, the oldest however age 96 lives nearer Pitlochry, and the project has involved individuals from all decades of life.



the Spirit of the Highlands and Islands project, a partnership between Highland Council and High Life Highland in collaboration with



The design and theme of the panel is Faith, based around a Celtic Cross, which is surrounded by smaller individual pieces of embroidery called "Journey Stones" which include the myths and legends, local history and topography, as well as various aspects of Faith. In particular there are Journey Stones embroidered with images of the Falls of Dochart, Killin and Ardeonaig Parish Church, the Killin Healing stones, Glen Lochay rock art at Duncroisk, the Praying Hands in Glen Lyon and Ben Lawers.



VisitScotland. This project is supported by a grant from the Natural and Cultural Heritage Fund led by NatureScot and funded by the European Regional Development Fund.

This Heartland Stitchers, made up of around 40 adults and more than 40 primary school children across Highland Perthshire including 20 from

The Heartland Panel should be finished within the next couple of months and we understand that the completed tapestry panels will be exhibited at Inverness Castle in due course, as well as within community venues across the Highlands and Islands, on a rotating basis and possibly as part of a Tapestry Trail.



The whole tapestry is being created as part of

**Margaret Rodgers  
Heartland Group Panel**





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# Killin Wildlife Gardening Competition

Win £50 by gardening for wildlife! Environmental Action Killin (EAK) is running a Wildlife Gardening Competition this summer – all you have to do to enter is to make your garden as wildlife-friendly as possible before mid-July. Entry is free! Competing gardens will be judged to see whose garden is Best Killin Wildlife Garden 2023! The Runner-up will win the RSPB Handbook of Garden Wildlife (3rd edition). The great thing is that this could involve doing nothing at all except for watching the wildlife come into your garden!

If you would like to enter, please contact [Gareth Kett at gareth.kett@lochlomond-trossachs.org](mailto:gareth.kett@lochlomond-trossachs.org)

## Gardening for Wildlife & Climate

There can be no doubt that the nature crisis, which includes climate change, is real and is entirely associated with human activity. The Living Planet Report, released in 2021, revealed that, sadly, globally populations of mammals, birds, fish, amphibians and reptiles have declined by an average of 69% since 1970.

Insects, which play vital roles as pollinators, decomposers and prey, are doing no better. Research from Germany and France indicates that insects have declined by around 75% across Europe since the 1970s, while a



**Spotted Flycatcher**

recent study from the UK found that we have lost 60% of our insects in the last 18 years.



**Yellow Rattle**

While there is an onus on each one of us to do our bit to address biodiversity loss, the scale and complexity of the nature crisis can seem confusing and daunting. What can we as individuals actually do to help? It turns out that



**Garden Tiger**

there are many things including saving energy, minimizing food waste, responsible shopping, environmental voting and dietary choices, but perhaps the most satisfying is wildlife gardening.

So how can we improve our gardens for wildlife? Probably the best single thing that can be done is putting in a pond, even if it is no more than a garden sink sunk into a corner of your garden, adorned with pebbles, stones and aquatic plants. Wildlife including frogs, newts, and a variety of aquatic insects will soon move in – but this isn't always feasible and there are plenty of other easy things that can be done. Here are some ideas:

1. Cultivate a small meadow or leave all or a patch of your lawn unmown through May or even better until the end of summer – you will be amazed by the flowers that emerge and the wildlife they attract.
2. Put up bird boxes, bat boxes, bird feeders and bee hotels.
3. Leave piles of wood for frogs, toads, newts and beetles to shelter and over-winter under.
4. Avoid using pesticides and herbicides, which cause significant damage to wildlife.
5. Grow caterpillar food-plants such as nettles, buckthorn, hops and lady's smock for butterflies and moths.
6. Plant a hedge for invertebrates, birds and voles and avoid cutting it each year. When you do cut it, do so after the berries and seed have been eaten.
7. Allow some brambles to grow.
8. Avoid cutting down plants in autumn that could be harbouring caterpillars or pupae.
9. Leave dead wood on trees to provide breeding habitat for beetles.
10. Sweep fallen leaves under your hedge or into a pile for overwintering beetles and their prey.
11. Tolerate aphids, which many hoverfly species rely on for food.
12. Make a pile of grass clippings to provide shelter and breeding habitat for hoverflies.
13. Add climbing plants to walls and fences, benefitting invertebrates such as spiders and millipedes.
14. Build a bug hotel.

By encouraging insects and other invertebrates into your garden and varying the height of vegetation, you

benefit a wide range of wildlife. An additional bonus is that wildlife-friendly gardens provide their own natural defence system against unwanted garden pests. For example, hoverfly larvae eat large numbers of aphids, ladybirds feed on greenfly, wasps prey on aphids, flies and caterpillars considered to be pests and frogs, toads and some beetle species prey on slugs.

There is a wealth of information on wildlife gardening on the internet and some great books. Most of the above information has been taken from Kate Bradbury's *The Wildlife Gardener* (2013).

Enjoy your gardening and watch the wildlife move in!



**Common Frog**



**Peacock**



**Common Toad**



**Brambling**

## Is Killin Wheely Braw?

Hi, I'm Helen. You may have seen me wheeling about the village with my two choccie labs, or volunteering in The Reuse Shop. And if you were watching Scotland's Greatest Escape on BBC Scotland last month, you might have seen me on there too!

Last year I set up a disability travel blog ([www.wheelybraw.scot](http://www.wheelybraw.scot)) to address the lack of information about wheelchair accessible places to visit and stay in Scotland. I've reviewed a luxury golf hotel in Islay, a farm-stay in Aberdeenshire, the Botanic Gardens in Argyll, and more. 2023 is looking busy with more accommodation reviews and stunning destinations from Perthshire to South Uist.



I'm keen to share reviews on smaller businesses too – everything from shops and cafes, to hotels and self-catering options.

I'd like to help put Killin and the surrounding area on the map for disabled people. If any local businesses would like a review free of charge, or any advice about improving accessibility, please get in touch by email. Businesses could also feature on my social media. I aim to be positive, shining a light on what a destination has to offer. I look forward to hearing from local businesses, and showing other disabled people what Killin has to offer.

**Helen Lear-Grant**  
**[helen@wheelybraw.scot](mailto:helen@wheelybraw.scot)**



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# Frost Report



## Look for the Evidence

It was a sad day for many recently with the last ever episode in the TV Inspector Morse trilogy. To mark this there was an interesting documentary tracing the original 'Morse', followed by the up-to-date 'Lewis' and then the prelude 'Endeavour'. In this the great innovations in forensic evidence gathering during the last few decades were highlighted. Just the same has happened in the naturalist field. (Cue jokes about naturalists in fields!). Such as the hidden cameras like those located amongst 60,000 hectares of the Cairngorms which have collected over 3,000 images of the endangered capercaillie in the hope that this non-disturbance way will help to study their behaviour and so help to conserve the caper. It's good to know that some effort is going into conserving the wonderful native wildlife which is under threat. Red squirrels come to mind. At the moment we seem to be seeing fewer along the road both towards Killin and Kenmore and only a couple have returned to the feeders. One of these we call Crazy squirrel as it runs up and down the window sills and attempts to climb up the glass door to the roof. This between sitting gazing inside with front feet up against the glass. If it wasn't for the dog, I'm sure it would be sitting at the table with a Nutella sandwich. Good luck with catching that one on camera. Rentokil have developed the use of facial recognition techniques on rats to study behaviour and lead to the best eradication methods. A previously unknown penguin colony in Antarctica has been discovered after the poo was seen from space.

Some techniques link to agriculture like a joint venture between The James Hutton Institute in Dundee and Leibniz Institute (no idea if this is where the biscuits were invented) in Gatersleben in Germany to reassemble the genome sequence of ancient Unst barley so that it can become a usable crop worldwide in manganese deficient soils. If this doesn't interest you then maybe the expected use as heritage ingredient in Shetland whiskies may spark your interest. It's a bit 'back to the future' in some cases, which shows that we had it right before (and still do in Ardeonaig) as science has proved that, using carbon-rich farmyard manure on the land instead of inorganic chemical fertilizers, retains drastically more of the potent greenhouse gas nitrous oxide. Only trouble is where will we get our dung from when we only eat and farm quinoa? Often proved evidence rubs the wrong way with what many wish to believe. Science and advice for Scottish Agriculture (SASA) are working with Nature Scot on D.N.A. analysis of toothmarks etc. on livestock especially lamb predation. This has proved that sometimes lambs are killed while others are scavenged after death by foxes, badgers and dogs. So dog owners be careful at this time of year to keep your pets under control, or they may find themselves in an interview room in need of a doggy lawyer. While some love the idea of peat preservation and restoration, which are some of the current buzz words, it may not be as saintly as it seems. The Scottish Gamekeepers Association is urging the Scottish government to rethink its ideas on

almost blanket restrictions on muirburn. Defra has funded 'Peatland-ES-UK' along with The University of York to investigate this in Northern England and has shown that managed cycles of muirburn prevent the peatlands from drying out and thus storing less carbon. Has anyone considered the fuel emissions and ground damage caused by the machinery used to restore peat banks? While many don't like some of the scientific proofs as they have reputations and sometimes, careers, based on them they really must begin to see the true facts. Mr. Fox has been on an early trip to Germany, not sure if he is skiing before coming home for the lambing but he has caused many tears after killing the four new kangaroos in Luckenwalde Zoo. There is no report, as yet, whether he has been extradited to Australia.

**Tim Frost**

**MOBILE  
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# Killin Community Bus

The Community Bus Committee held its AGM on February 28<sup>th</sup> this year. Unfortunately, there were not enough attendees to fill all the necessary positions, so it was decided to hold an EGM in Late April and publicise this as widely as possible to ensure the recruitment of sufficient members to safeguard the future of the bus.



A little about the origins of this service and its value to the community over the years needs to be said. The first Community Bus was purchased in 1968 and has been replaced, as new, several times over the last fifty-five years. All these buses have been funded by local and national charities and individual donations.

Over the years, the bus has been a mainstay of local community transport, serving all sectors of the local community and those in the wider area – Tyndrum, Crianlarich, Balquidder, Lochearnhead and Strathyre. It has been used by our local scouts and cubs (as well as other groups using the Lochearnhead Scout Station), youth groups, clubs and societies, groups of friends and senior citizens. It was used in the autumn of last year

to take groups of Ukrainian children on outings and visits. It is an ideal vehicle for groups planning shopping or theatre trips to Stirling, Edinburgh and Glasgow, or even further afield. It can be used for outings and social events; shuttle runs and even overnight trips. It can hold 13 passengers as well as the driver, making 14 in total. Our current bus is a very modern Ford minibus, comfortable and easy to drive. Registered drivers only need a standard licence and be between the ages of 25 and 75, and our registration process is very easy. Ron Allner can guide you through this very quickly.

The community bus needs not only committee members, also but users and registered drivers. The bus is not being used by the local community to the extent it once was. Usage is actually very economical for groups of more than 8 people. At 75p per mile, a trip to Edinburgh for 8 would be £120 – for 10 it would be £12 each. Public Transport would cost a lot more, and would be fraught with delays, transfers and the now common disruptions.

Please look out for our EGM in late April and try to attend. We are hoping for a good turnout to ensure the continued health and continuity of this vital service.

**Charlie Grant, Naomi McLaren,  
Ron Allner and the Community  
Bus Committee**

## Killin's Easter McFestival

Following on from the hugely successful concert held last autumn in aid of Ukraine, the same group, in conjunction with the local Masonic Lodge 815 are presenting a night of music and fun in the McLaren Hall on the Saturday, 8<sup>th</sup> April, to raise money for a Ukrainian charity which supports elderly, disabled and vulnerable people living in the devastated cities and towns of Ukraine.

Across Ukraine, the cost of basic commodities has risen by 100% since last March and many people are facing extreme hardship and hunger. The group we are hoping to raise money for supplies food, medicines and other essential items to the people in these areas.

Doors open at 7.30pm, and the night's entertainment begins with a collective of local musicians playing a variety of tunes and songs, followed by a break for soup and sandwiches (very modestly priced!) and a raffle. The second half will start with a few songs from the Killin Community Choir followed by a local band, Mocking Dogs, playing until late. To ensure a very family friendly, fun filled evening we are keeping ticket prices low. Tickets will be £8 (adult), £6 (concession), £4 (children), with a family ticket for 4 at £20 and the evening will be bring your own liquid refreshments (BYOB).

Tickets are available from the Post Office in advance, where you can also buy raffle tickets. If you cannot make it to the music night and would still like to support this very worthy cause, I have set up a Just Giving Page called Help Ukraine's Elderly, on Facebook.

**Ron Allner**

## Killin Medical Practice

Practice closure dates for 2023/24

Good Friday 7<sup>th</sup> April  
Easter Monday 10<sup>th</sup> April  
Monday 1<sup>st</sup> May  
Monday 8<sup>th</sup> May (Kings Coronation)  
Monday 5<sup>th</sup> June  
Monday 4<sup>th</sup> September  
Monday 9<sup>th</sup> October  
Monday 25<sup>th</sup> December  
Tuesday 26<sup>th</sup> December

Monday 1<sup>st</sup> January 2024  
Tuesday 2<sup>nd</sup> January 2024

Please make sure you have enough of your repeat medication to last over these days.

The direct number for the repeat medication line is 01567 820950

Here is a reminder of how our triage system works, as we are still getting patients call the practice late in the day expecting to be seen.

If you feel your problem is new and requires an urgent assessment please call the practice between the hours of 8am and 9am. We then have the availability to see you if it is assessed as necessary.

We may ask you to attend on the day for a face to face appointment with a clinician. We may assess that the situation can wait for a routine

appointment on another day.

We aim to address your request for an emergency appointment within 3 hours as normal routine appointments have to run as timely as possible.

We hope you all have a very Happy Easter, hopefully with good weather.

**Ann Massey  
Practice Manager**





The project has a dedicated website, please scan the above QR code to be taken to the project website or use the following URL:

[bit.ly/3wJ2qGL](https://bit.ly/3wJ2qGL)



Reinstatement of site compound

Construction works continue on SSEN Transmission's Killin VISTA project which will see a total of 7.8km of overhead line removed, including 32 steel lattice towers, between Killin substation and Lix Toll.

Safety is always our first priority at SSEN Transmission and with this in mind, we ask that you please remain vigilant of signage or direction around the construction works and do not enter our working areas.

Users of the access tracks are asked to obey signage and are reminded that large vehicles and construction traffic are also using the tracks.

## Progress on site

After a short delay surrounding the remaining outage, works to install new electrical equipment and short sections of conductor at Killin and St Fillans substations were completed with the final power circuit successfully energised. Works to remove overhead line tower infrastructure, access tracks and final reinstatement works across the route have made good progress and are nearing completion.

## Upcoming works

Q2 will see the completion of all the remaining overhead line tower dismantling and removal works. In parallel, the access tracks, final reinstatement works and demobilisation of the site office will also be completed.

## Office relocation

In order to complete all final reinstatement works north of the river in advance of the temporary bridge removal in March, Morgan Sindall Infrastructure have relocated their site office adjacent to the Acharn Biomass facility.

If you have any questions, please do not hesitate to contact the Community Liaison Manager:

**Louise Anderson**  
Lead Community Liaison Manager  
200 Dunkeld Road,  
Perth, PH1 3GH

T: 01738 341 975

M: +44 (0) 7384 454 233

Email: [louise.anderson@sse.com](mailto:louise.anderson@sse.com)

# Local Planning Applications

## National Park

### 07 Oct 2022

Proposal: Retention of 268m of temporary stone access track (approved under 2021/0097/DET) on land west of Acharn Biomass Power Station, and formation of new hardstanding for maintenance work  
 Location: Land To South West Of Craignavie Craignavie Road Killin  
 Applicant: Mr Daniel Thomas  
 Application Type: Detailed Planning Permission  
 Decision: Approve

### 01 Dec 2022

Proposal: Erection of single storey extension to rear  
 Location: Tigh Na Lagan 42 Manse Road Killin  
 Applicant: Mr John Ross  
 Application Type: Householder Planning Permission  
 Decision: Current

### 07 Dec 2022

Proposal: Stationing of two mobile homes, installation of new hardstanding, parking area, and access  
 Location: Land At Maragowan Allt Fulleach Killin Stirling FK21 8TN  
 Applicant: Ms Sue Rumball  
 Application Type: Detailed Planning Permission  
 Decision: Current

## Perth & Kinross Council

### 16 Nov 2022

Proposal: Change of use, alterations and extension to steading to form a dwellinghouse and erection of an ancillary accommodation building (in part retrospect)  
 Location: Wester Croftintygan Farm Lawers  
 Applicant: Sheridan Bale Developments  
 Application Type: planning

permission local  
 Decision: Awaiting decision

### 24 Nov 2022

Proposal: Erection of a dwellinghouse and carport, formation of vehicular access and road, landscaping, drainage and associated works  
 Location: Land 500 Metres North East of Cragganester Steading Lawers  
 Applicant: Mr A Nelson  
 Application Type: planning permission local  
 Decision: Approve the application

## Stirling Council

### 28 Oct 2022

Proposal: Battery electricity storage project of 43 MW  
 Location: Land To East Of Killin Switching Station Killin  
 Applicant: Boreland Energy Ltd  
 Application Type: Proposal of Application Notice  
 Decision: Closed

### 31 Oct 2022

Proposal: Installation of 2 no. new antennae, removal of 2 no. existing antennae  
 Location: Auchessan Radio Site Crianlarich  
 Applicant: EE (UK) Ltd  
 Application Type: Detailed Planning Permission  
 Decision: Current

### 17 Nov 2022

Proposal: Replacement of existing flat roof with pitched green/sedum roof and addition of small entrance porch  
 Location: Harbour Lights Ardeonaig  
 Applicant: Loch Tay Fishing Club  
 Application Type:  
 Decision: Awaiting decision

### 17 Nov 2022

Proposal: Change in the use of office space to form bedroom ancillary to main dwelling  
 Location: 6 Clifton Road Tyndrum Crianlarich  
 Applicant: Mrs Rena Baillie  
 Application Type: Detailed Planning Permission  
 Decision: Current

### 28 Nov 2022

Proposal: Formation of a temporary construction compound (for welfare facilities, parking, as well as storage of plant and machinery and material processing) to service adjacent substation development (21/00570/FUL)  
 Location: Land 110M South East Of Lochay Power Station Killin  
 Applicant: Scottish Hydro Electric Transmission Plc  
 Application Type: Full  
 Decision: Awaiting decision

### 01 Dec 2022

Proposal: Erection of a 20-metre-high lattice tower and ancillary development, including the formation of a new access track  
 Location: Meall Odhar Auchmore Killin  
 Applicant: Cornerstone  
 Application Type: Full  
 Decision: Awaiting decision

### 05 Dec 2022

Proposal: 2no. Shepherd Huts to provide additional self-catering accommodation  
 Location: Killin Log Cabins The Sheiling Killin  
 Applicant: Mr Andrew Henderson  
 Application Type: Full  
 Decision: Awaiting decision

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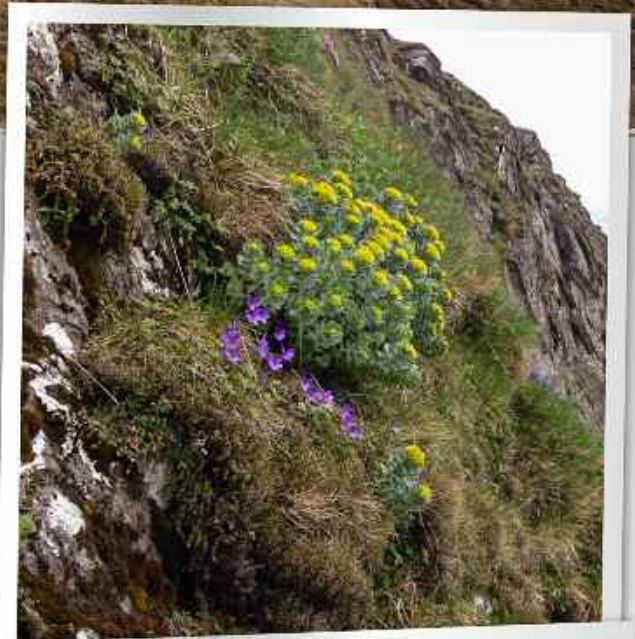
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- \* Scenic mountains and ridges, and the best collection of rare mountain plants in Britain
- \* Ben Lawers is the 10th highest Munro (mountain over 3,000ft/914m) at 1,214m (3,984ft).
- \* Ben Lawers has the most celebrated collection of rare arctic-alpine plants in Britain, as well as over 600 different types of lichen.
- \* Look out for wildlife including red deer, ptarmigan, ravens, ring ouzels, skylarks and black grouse.
- \* Follow the family-friendly trails for lower-level adventures and get a glimpse of the lives of people who lived here in days gone by.
- \* New for 2023 – look out for our new cattle on the hillside.



Móirlanich Longhouse



Cattle with GPS collars



## GETTING HERE

The car park is 2 miles up a hill road off the A827, north of Loch Tay.

Address, Ben Lawers, Ben Lawers National Nature Reserve, Killin, FK21 8TY. The nearest mainline rail stations are Crianlarich or Pitlochry, and there are some connecting buses.

There is pedestrian access to the car park from the A827 beginning approximately 1 mile west of the hill road at NN614361. By bike, the property is accessible from National Cycle Network Route 7. Please note that the car park is not suitable for coaches or large campervans/motorhomes.

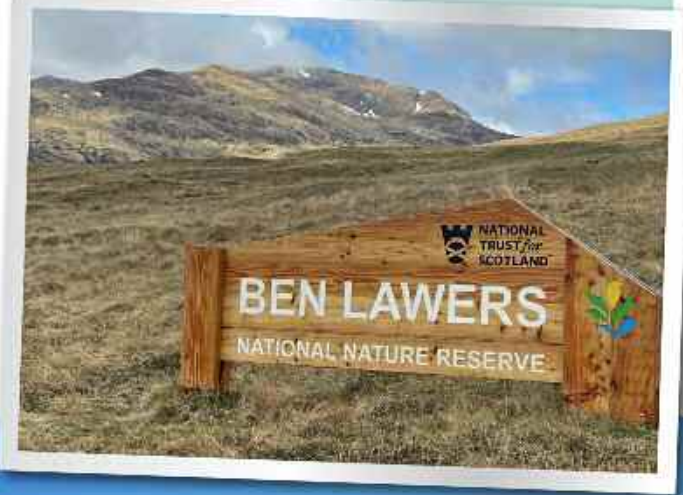
Contact information: Tel: 01567 820988  
Email: [benlawers@nts.org.uk](mailto:benlawers@nts.org.uk)

The highest mountain in the central highlands, Ben Lawers gives its name to the wider National Nature Reserve owned and managed by the National Trust for Scotland. Encompassing almost 4,500ha of the southern and/or eastern slopes of the Ben Lawers and Tarmachan ranges, it's managed for conservation and public access.

As well as celebrity status for its rich arctic-alpine flora, Ben Lawers NNR boasts seven Munros – the namesake mountain is the central high point of its massif, Meall nan Tarmachan is the pinnacle of the ridge taking its name. Overlooking Loch Tay, these mighty mountains offer spectacular views.

But you don't have to head for the summits to enjoy the scenic landscape – there are lower level options too. The picturesque Edramucky Trail can be enjoyed as a gentle walk and is great for families to explore all things natural. Ben Lawers is teeming with wildlife – from tiny insects to Scotland's largest mammal, the red deer.

The hills are also rich in archaeological remains and part of the story of past inhabitants is revealed on the Kiltyrie Hidden History Trail.



For more info on Ben Lawers go to [www.nts.org.uk/visit/places/ben-lawers](http://www.nts.org.uk/visit/places/ben-lawers)



# Obituary

**George Donald Coyne**  
**07.10.1943 – 06.01.2023**

George's parents (George and Catherine) married in 1942, and George was born in 1943, followed by his sister Catherine in 1946. His father was a shepherd and the family initially stayed at Marble Lodge, Glen Clova. Subsequent moves included stays at Straloch, Glen Clova, and Balnafuaran at Tulliemet. George's first job at the age of 15 was as a ghillie on the River Tay, and it was while working on the River Tay that he met his future wife Margaret pulling pints in the Ballinluig Inn.

George continued his work as a ghillie on the Tay, and thereafter briefly tried his hand at gamekeeping and rearing pheasants on Keir and Cawder Estates. However, this wasn't to be the chosen path, as the hills beckoned, and George secured employment as a ghillie on Meggernie Estate, Glen Lyon and thereafter as an under-keeper/stalker on the same estate.

George and Margaret married at Braco Church in October 1966 and settled at The Kennels, Meggernie. George continued his work on the estate and Margaret assisted with domestic duties at Meggernie Castle. Brother-in-law Calum would often visit Meggernie and would be asked to lend a hand – perhaps not the relaxing visit he had envisaged but enjoyable nonetheless!

Donald arrived on the scene in May 1969. However, the joy was quickly followed by sadness due to the sudden death of George's mother in July of the same year.

The opportunity arose for George to become Head Keeper/Stalker on Auchlyne and Suie Estate and the family moved to Auchlyne in May



1973. Unfortunately, this was to become another year of mixed emotions as George's father passed in August 1973.

Donald married Gillian in December 2003 and George and Margaret were proud grandparents when Jamie was born in September 2005. George and Margaret were always excited to see grandson Jamie, beaming smiles as they watched him play at Auchlyne and at Ballechroisk, Killin. It wasn't all work for George though, he enjoyed playing carpet bowls, curling, fishing, and clay-pigeon shooting in his spare time, and was Secretary of the Killin Gun Club for many years.

George continued his working life on the estate until eventual retirement in 2010. Life had become more difficult as Margaret had been diagnosed with Multiple Sclerosis, and thereafter George was diagnosed with Parkinsons. They both fully appreciated and valued the support provided by nearby friends and carers when living at Auchlyne, and following retirement, in Killin. Margaret sadly passed in September 2013.

The latter years became physically

challenging and after a spell in 2019 in the Forth Valley Royal Hospital, followed by rehabilitation at the Bellfield Centre, Stirling, George moved into The Falls of Dochart Retirement Home in December 2019.

The Covid pandemic and restrictions arrived shortly afterwards. This didn't stop George, always one to push the boundaries, he 'broke out' of the Falls garden on a few occasions, returning with a cheeky grin on his face when he was reprimanded!

George was much loved and will be greatly missed by family and friends. The family take this opportunity to thank Emma Paterson and family for the friendship and support George and Margaret received over the years at Auchlyne, and extend their thanks to all friends, carers, Killin Medical Practice, the NHS, and Stirling Council for their support over the years.

Many thanks also to Ross Anderson and his team for their excellent and professional service when arranging the funeral and to Reverend Jeff McCormack for his guidance and for delivering the service.

And a big thank you to Mandy and all the staff and management at The Falls of Dochart Retirement Home for providing George with comfort and laughter during his 3 years in the home - an excellent facility for the local community. Finally, thank you to everyone who came along to the services at Perth Crematorium and Killin Church and to the Killin Hotel for providing the funeral tea - very much appreciated. The Falls of Dochart Retirement Home is grateful for the collections at the crematorium and church which raised £505.

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# Obituary

**Elizabeth (Betty) Robertson Coghill**  
**4.12.1931 - 16.1.2023**

Betty passed away peacefully in the Falls of Dochart Home where she had been looked after since early December.

Betty was the eldest of 3 daughters born to Bill & Chris Graham followed by Isobel and much later Ann. She attended Forth Primary and Secondary school before finishing her education at Coatbridge Technical College and was then employed at Prentice electrician's Lanark where she was secretary and wages clerk until Mr Prentice retired. She then became the wages clerk with BICC in Lanark. However in 1969 she had to move north to Golspie, still working with BICC, and it was there she met her husband Alex Coghill. Betty & Alex enjoyed 25 years of happy married life. After Alex's death in 1996 Betty moved to Biggar to be near her family and in 2017 she came to Killin. Her life was peaceful here however her health started to deteriorate and more recently she spent much time hospitalised.



Andrew & I would like to thank the Falls of Dochart Retirement Home for the professional care shown to Betty and also all of the Medical team in Killin. Thanks to everyone who sent cards, gifts and messages of sympathy, to everyone who attended the cremation at Stirling and to Jeff McCormick for spiritual comfort.

**Andrew & Ann Watson**

## Killin Phone Book 2022

Killin and District Phone Book



Produced by Killin News  
 2022

**The new 2022 Killin & District Phone Book is now available at MacGregors and Killin Library. Cost is £3**

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# Crianlarich Primary School



## World Book Day

On the 2<sup>nd</sup> of March we celebrated World Book Day. It was fun because we all dressed up as book characters. We took part in fun activities for part of the day.

## Community Garden

On the 3<sup>rd</sup> March, Lochay house went to visit the Community Garden. We put potatoes in a tray and planted flowers and peas. We all learned a lot and had a good time. Thank you to Alan MacLennan for working with us again.



## Community Ceilidh

On the 17<sup>th</sup> March we had a ceilidh to raise money in memory of Mrs Irene Ramsay. She was a very loved member of staff and sadly passed away last year. The ceilidh was really fun and everyone had a great time. The money raised will be used to purchase a memorial bench, which will go outside the school.



## Dalguise Residential Trip

Emma and Finlay attended Dalguise with P7 pupils from Killin Primary School and other schools from within the McLaren learning community. Finlay's words - We stayed for 3 days. I think everyone had an amazing time doing the activities and staying in a room together.

## Bird and Animal Watching

Like many other people, we have a bird table and get a lot of enjoyment watching the birds. Recently, however, we have had a period of ten days without a single bird, something we have never experienced before. In the past the appearance of a sparrowhawk would frighten them away for a few hours but then they would then return so we weren't sure this was the cause of their absence. However just as they began to return, we did see a sparrowhawk which frightened them off and we now wonder whether our birds will ever return permanently - a depressing thought.

For the past twenty two years we have kept a very unscientific record of the birds and animals we've seen here at Auchmore, ticking off each month the species

but not the number of times we see them each month and the recent lack of birds made me look at the records such as they are.

The most varieties of bird we saw in one year was 37 in 2002 and the fewest 26 in 2008 and 2016. We haven't seen a greenfinch since 2014. In only one month each since 2001 have we seen - a brambling, a chiffchaff, a redshank, a garden warbler, a wood warbler, a yellowhammer - and recently a crossbill. In two months we saw a starling and a woodcock and in three months a redpoll and a swift. Goldcrests were seen rarely until 2005 and in only two months since then but recently a nuthatch has made several visits. The swallows went missing last summer after being seen once and pied wagtails have been missing. The animal records also show fewer

and fewer sightings. We haven't seen a hedgehog since 2010, a toad or a weasel since 2017 and a stoat in only two months since 2006. Frogs and toads have been missing since 2018 but before that the pond was filled with frogs as soon as the ice melted - though I did see one frog twice last year. Fortunately, we haven't had moles for several years and we do still see hares but sadly the red squirrels who used be regular visitors have been missing since last autumn whereas usually we had several on the nuts and chasing each other round the garden, We really miss them. It would be good to think that the birds and animals now rare would make a comeback. But will they?

**Margaret MacIver**



## Killin and District Volunteer Car Scheme

We have had another very busy few months for the car scheme, with multiple journeys on the same day and long distances travelled. All carried out by dedicated volunteers who often give up whole days to ensure our passengers get to their destinations safely and in comfort.

During February Jean Faichney, one of our volunteers, arranged for the drivers to undertake some car transfer training at the Falls of Dochart Retirement Home. It was delivered by Susan Beaumont, a retired physiotherapist, with the help of some of the people living there. A number of the passengers who use our scheme find it difficult to get in and out of our vehicles and Susan was able to show us the best and safest way to do this. We would like to thank her, Jean, the staff and the people from the home who made us feel so welcome and



supplied us with tea, biscuits and cakes. We all came away feeling that we had learned a lot and are ready to put this into practice.

We are also very aware of the fact that if we had a vehicle with ramped access it would make a massive difference to a number of our passengers. They would then not have the problem of trying to get into a vehicle which is difficult for them and is often painful and not comfortable. Because of this we are looking for funding to buy an accessible vehicle to use when

transporting people who are finding it difficult to transfer into our cars. We still have a long way to go to be able to afford this, but feel this is a very necessary way to go.

We have put together a basket of Fantastic Easter goodies which we are raffling off to raise funds for the Car Scheme. Tickets are available from the Post Office and Re-Use shop.

**To contact the car scheme call 07988280743**

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**To apply email CV and covering letter to Theresa. Closing date Friday 21<sup>st</sup> April 2023**



# Hands up if you want to make a difference in your community



**Community Councils are made up of people who care about their communities and want to make their area a better place to live. Community Councillors represent local people's views on important decisions which affect them.**

People who are interested in improving their communities can become a Community Councillor in the forthcoming elections. If you are over 16, on the Electoral Register and live in the Community Council area you want to represent, you can put in a nomination form.

Nomination forms can be obtained from **3rd April 2023** by emailing [celections@stirling.gov.uk](mailto:celections@stirling.gov.uk), scanning the QR code or by visiting Customer First, Port St, Stirling FK8 2EJ or your local library.

For more information on Community Councils and elections scan the QR Code. Nominations must be submitted by **17th April 2023 at 4pm.**



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Our Beavers section continues to run with lots of fun this past term as we've worked on our experiments and teamwork badges. We made slime, lava jars and even exploding volcanoes!



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## Callander and West Perthshire u3a

A series of talks, all by our own members, was planned for early 2023.

The first was an excellent presentation by Peter Rickard, 'Cakes to Computers'. The story of LEO was an extraordinary one. The world's first business computer was designed and manufactured, not by one of the electronic giants, but by J Lyons & Co, better known for its Teashops and Corner House Restaurants. Lyons felt automation was necessary for their business and after just two years' development produced LEO, standing for Lyons Electronic Office in 1951. It was a trip down memory lane for many of us. We reflected on how much technological progress has been made in the last 70 years and what the future will hold.

In his fascinating, illustrated talk 'Why Iran?' Peter Ireland described a tour of Iran he had enjoyed in 2009. After a brief visit to the north west of

the country, he visited Shiraz, Yasd, Istafan and other places. Of particular interest was Persepolis, a great palace built in the 5<sup>th</sup> Century BC and destroyed by Alexander the Great. At all times Peter found the Iranians welcoming and pleased to see visitors to their great country. The domes and tiles of Islamic art were of outstanding beauty. Peter has a wealth of knowledge and we were delighted he could share his experiences with us.

'The Tragedy of Fritz Haber', the title of Paul Braterman's lecture, is a tangled tale of unintended consequences. Haber was a fervent patriot but his Nobel prize-winning invention brought ruin to his country and he died in exile. His moral legacy continues to stir up controversy but his discoveries now help feed billions. Intriguing! We look forward to finding out more when Paul delivers his talk.

Please see our website, [candwpu3a.org](http://candwpu3a.org) for further information on u3a membership and to find out what is on offer at Callander and West Perthshire u3a. We welcome new members throughout the year.

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## Killin SWI

On Saturday 11th March members from Killin SWI took part in the Perth and Kinross SWI Federation Bulb and Floral Art Show. Jean Faichney and Linda Kerr took a large numbers of entries from Killin SWI, to what was a very competitive and well attended show with many entries from all over Perth and Kinross.

Killin had a very successful day with Jean Faichney taking 4 first places, Cathie Reid taking one first place, both in floral arts and Ann Watson a first place in the bulb section. Not only did Jean do so well with her first places, she won the prestigious Strathearn Cup for the best large floral arrangement in show with her magnificent floral wedding cake. Jean also won the IMLAY quaich,

which is awarded to the person with the highest number of points overall in the floral art section. As well as the first places Cathie and Jean got second and third places. Very highly commended, highly commended and commended comments were given by the judge for exhibits by other members.

Not forgetting the children's section. Thomas Kennedy got a 1st place with his decorated welly, Cameron Kennedy a 1st place for his decorated plate and Alexander McRae a 2nd place for his decorated plate.

All in all a very successful day for Killin SWI.

**Linda Kerr**



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## Scottish Wildfile Trust Callander Branch

Our next talk will be the final one for this season on **Thursday 13 April, 7.30pm** in St Andrew's Church Hall, Leny Road, Callander FK17 8AL. Suggested donation £3 includes tea/coffee and biscuits. Very brief AGM followed by 'The Work of the Central Scotland Raptor Study Group' by Kevin Duffy of CSRSG

## Scottish Wildlife Trust Pitlochry and Highland Perthshire Branch

The next meeting will be on **Monday 17th April at 19.30**, at the Blair Atholl Village Hall, Main Road, Blair Atholl. PH18 5SG. Dr Kerry Kilshaw, of the Conservation Research Unit at Oxford University, will talk on Scottish wildcat conservation, and how data from wildcat hybrids can help.

Everyone is very welcome, refreshments will be provided. Suggested donations £2 for members, £3 for non members. For further information, contact Mark Aquilina  
[markandrosie@btinternet.com](mailto:markandrosie@btinternet.com)

## Thank You

I would like to thank paramedic Steve for his rapid response to my early morning call on 6<sup>th</sup> December, and his excellent attention; the ambulance crew for their care and getting me to Larbert; doctors and all at the surgery for their continued care since; friends for their cards, enquiries and good wishes for my health and speedy recovery. I appreciate you all, for your concerns, many thanks also to all friends and family for cards, gifts and good wishes for my 90<sup>th</sup> birthday. We had a lovely celebration. Thank you to the family for that.

**Willie Reid**

## Making the News

Believe it or not it takes input from nearly 40 volunteers to put together the Killin News and deliver it to almost everyone in Killin and surrounding area. Over the Covid years some have left and others have joined but we never had the chance meet so it was good to have a get-together recently and put faces to names and recognise the parts played by everyone.

**Margaret MacIver**

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# What's On In Killin And District

## Regular Activities

### Monday

- Adult Badminton, 7-9pm, McLaren Hall
- Junior Badminton, 6pm, Crianlarich Hall
- Bridge, 7.15-9pm, Killin Hotel, contact Marion 829027
- Indoor Bowls, 7.30pm, Lesser Hall (winter months only)
- Outdoor Green Bowls, 6.30pm, Bowling green (summer only)

### Tuesday

- Bee Creative, 10am-12pm, Community Rooms
- U3A Art, 2-4pm, currently being held in Lochearnhead Hall
- Beavers, 6-7pm, Lesser Hall (every other Tuesday)
- Tuesday Club, 2-4pm, Community Rooms
- Pilates 5.45pm and 6.45pm, Community Rooms, booking required on 07866 018629
- CAB drop-in session, every 2nd Tuesday: 1pm-3pm, Killin Library

### Wednesday

- Walk in the Park, 10.20
- Strength & Balance, 2-3pm, Community Rooms
- U3A French, 2.30-4pm, online
- Highland Hustle, 6.30-7.15pm, zoom
- Youth Club – Wednesdays (Fortnightly), P6/7 6-7pm S1-3 7.30-8.30pm [Sign-Ups: [alasdair@cyp.org.uk](mailto:alasdair@cyp.org.uk)]
- Pilates drop-in, 5.20pm, Lesser McLaren Hall
- Multi-Sports Session - Wednesdays (Fortnightly), P5-7 5-6pm, S1-3 6-7pm [sign-ups: [mckennac@activestirling.org.uk](mailto:mckennac@activestirling.org.uk)]
- Killin Comm Choir, 7.30pm-9pm, Killin Church

### Thursday

- Running Club, 6pm, Acharn Forest carpark
- SWI, 7.30pm (1st Thursday of month, Lesser McLaren Hall)

### Friday

- Pilates, 9am and 10 am, Community Rooms. Booking essential on 07866 018629
- Yoga, 10.15 - 11.30 McLean Hall, Fearnan.
- Old Mill Talk & Tour event, 11.30-12pm

### Saturday

- Football in the Park, 12-17 years, 12-2pm

### Sunday

- Football in the Park, 8-11 years, Check for times with Andy.
- Killin Gun Club, 3<sup>rd</sup> Sun of month March-December. Contact Stuart Ogston 07999 510014 Henry Paterson 01567 820354

## Coming Soon !

### April

- 5th Walk in the Park, p6
- 8th Killin Easter McFestival, p24
- 12th, Walk in the Park, p6
- 13th Scottish Wildlife Trust Callander, p38
- 17th Scottish Wildlife Trust Pitlochry, p38
- 19th, Walk in the Park, p6
- 19th Walk in the Park leader training, p6
- 26th, Walk in the Park, p6

### May

- 24th Breadalbane Heritage Society, p17

### Easter in Killin & Ardeonaig Parish Church

**Easter Saturday, 8th April @ 10am – 12noon**

**Silent Saturday in the church. A time of prayer and reflection.**

**Easter Saturday, 8th April @ 2.00pm – 4.00pm Easter Tea, tea & coffee with a children's craft table**

**Easter Sunday, 9th April @ 6.30am Sunrise service at the head of the loch, followed by a light breakfast in the Community Rooms**

**Easter Sunday, 9th April @ 9.15am – 9.45am**

**Easter songs of praise before the main service**

**Easter Sunday, 9th April @ 10.00am**

**Easter Sunday service with communion**

**Sunday 16th April @ 10am Easter Story service and café church led by Sunday School**

### • Episcopal Church

- See [www.strathearn-episcopal-churches.co.uk](http://www.strathearn-episcopal-churches.co.uk) for details

### • Roman Catholic Church

- Sunday Mass 3pm 1st Sunday of the month

### Killin Library

Books, DVDs, dog waste bags and hearing aid batteries.

**Monday** 10-1pm 2-5pm

**Tuesday** 10-1pm 3-7pm

**Wednesday** 2-5pm

**Thursday** Closed

**Friday** 10-1pm 3-7pm

**Saturday** Closed

## Mobile Libraries

Please see the council websites for any updates.

**Crianlarich/Tyndrum Fortnightly Fridays**  
Please see council website for updated dates

**Glen Lochay/Ardeonaig Fortnightly Mondays**  
Apr 10th, Apr 24th, May 8th, May 22nd

**Glen Lochay 11.45-12.30**  
**Ardeonaig 14.00-14.45**

**Perth and Kinross Fortnightly Tuesday**  
Apr 11th, Apr 25th, May 9th, May 23rd

**Tombreck 16.40-17.00**

### Which bin? Saturdays

**8th Apr** **15th Apr**

**22nd Apr** **29th Apr**

**6th May** **13th May**

**20th May** **27th May**

**Red = no bin collection**

**Grey = grey bin + blue bin**

**Brown = brown bin + blue box**

**Green = brown bin + green bin**

## Recycling Centres

### Callander

**Monday-Friday: 5pm-7.30pm**

**Saturday: 10am-1.30pm**

**Sunday: Closed**

### Aberfeldy

**Tuesday and Thursday**  
**9am-7pm**

**Saturday and Sunday**  
**10am-5pm**

### Crieff

**Broich Road, North Forr**

**All Year**

**Monday-Friday 9am-7pm**

**Saturday & Sunday**  
**9am-5pm**

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### OPENING HOURS

Please refer to our website for our current hours

[www.thegreenwellystop.co.uk](http://www.thegreenwellystop.co.uk)



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