

# KILLIN NEWS

KILLIN & DISTRICT COMMUNITY NEWSPAPER

October / November 2023

Issue 189

Price £1





# Killin News

## Editorial Policy Statement

The Killin News is a free community newspaper produced and distributed every two months by volunteers to households and businesses in Killin and district. The aim of those involved is to produce an informative, accurate and entertaining journal for those who live, work and visit in this area. Letters and articles published in the newspaper do not necessarily reflect the views of the Production Committee and they reserve the right to shorten, edit or not publish any item. Contributions will be attributed to the author. Vested interests will be declared where applicable. Articles should be between 200 and 300 words, photos in high quality and the content should be original work relevant to Killin and environs. All personal emails are acknowledged by a reply. If you do not receive a reply please contact us by phone or drop the article in the office letterbox.

## Production Team

Sylvana Ginella, Jo Goddard, Susan Howard,  
Paul Howard, Angus Inglis, Angus Kay,  
Anneke Mayo, Chris Rose, Pam Walsh

**Photographer** Ron Allner

## Delivery Volunteers

Mary Anderson, Jim Beattie, Margaretanne Browne,  
Ellen Cattenach, Theresa Elliot (and James),  
Lynne Ferguson, Tim and Ruth Fison, Tim Frost, Linda Frost,  
Elizabeth Hancock, Andrea Hobson, Jillian Laurence,  
Margaret MacIver, Katy MacLeod, John and Jennifer Morris,  
Billy Noble, David Pritchard, Kay Riddell, Moira Robertson,  
Lynne McPherson, Vesna Podrzaj, Gordon Webster,  
the family at Rubble Cottage and some committee members

## Proofreaders

Lynne Ferguson, Frances Inglis, Margaret MacIver,  
David Paterson, Anne Rose

**Web sites:** [www.killin.info](http://www.killin.info) and [www.killinnews.co.uk](http://www.killinnews.co.uk)

**e-mail:** [editorial@killinnews.co.uk](mailto:editorial@killinnews.co.uk)

[adverts@killinnews.co.uk](mailto:adverts@killinnews.co.uk)

**Address:** Morenish Place, Main Street, Killin FK21 8UR

**Office Phone :** 01567 820014

pdf versions of the paper can be viewed on the Killin News website

Front Cover

Photo Ron Allner



## DEADLINES

Issue 190

Advertising 3rd Nov

Copy 10th Nov

Flyers 22nd Nov

Publication we 1st December

## Index

Ads Index	38
Breadalbane Heritage Society	8
C&WP U3A	27
Church Services	39
Editorial	2
Frost Report	31
Genetic Haemochromatosis	4
Killin Agricultural Show	21
Killin Agricultural Show Floral Art	37
Killin & Ardeonaig Trust	18-19
Killin Community Council	17
Killin Community Hub	5
Killin & Crianlarich Nurseries	7
Killin Firefighters Fundraising	5
Killin Golf Club Results	33
Killin Heritage Society	5
Killin Highland Games	20
Killin Library	39
Killin Medical Practice	28
Killin Mountain Rescue	3
Killin New Year Fireworks	11
Killin Primary School	14-15
Killin Wildlife Garden Competition	35
Killin Youth Project	9
Local Planning Applications	26
McLaren Leisure	10
Mobile Banking Vans	38
Mobile Libraries	39
NTS	25
Nursery Cuts Campaign	29
Obituary	6
Patient Participation Group	29
Recycling Centres	39
Scarecrow Competition	38
Scouts	36
Senior Citizens Burns Supper	5
Strathfillan By The Way	12-13
Summer Reading Challenge	32
Tombreck Market Garden	27
Walk in the Park	23
What's On	39
Which Bin	39

# Killin Mountain Rescue Team

We have had a relatively quiet summer with only a small number of callouts but with the approach of Autumn we are already seeing this quiet spell being broken. However, we have not been idle, with team members supporting local events and talks about mountain rescue.

## Events and Talks

Some of the highlights for our year can be supporting local events such as the Killin 10K with marshalling, or providing First Aid cover at the Killin Agricultural Show. It gives us a great opportunity to meet and greet people as well as showcase what the team is all about.

We have also been busy giving talks and presentations to Scout groups staying at Lochearnhead Scout station aiding them in completing some of their Activity Badges. It was also a delight to participate in the Emergency Services Day that was organised for the Primary 7s at Killin Primary School at the start of the school term. We do apologise however for being called away to a shout but it clearly showed us in action!

As always, a special thanks is needed

for all those who have helped organise these events externally and those members who have given up their time to participate.

## Callouts Detail

The trend of Ben More and Ben A'an being our incident hotspots has continued during the Summer. These are justifiably popular hills but this doesn't always explain the high incidence rates. As a member of



Scottish Mountain Rescue (SMR) we record all of our rescues with this data then being analysed by Statistics Officers at SMR. This is then published annually and fed back to other organisations such as the



Mountain Safety Action Group. As the saying goes, prevention is better than a cure.

## Applications for New Team Members

Our four trainees who joined last Autumn are now on our callout list assisting in low level rescues. With this progression in mind, we will be looking to open applications for new mountain rescue team members later on in the Autumn. Do please keep an eye on our Social Media posts for information and deadlines.

## Contact

If you do have any questions or queries, do please contact the team via email at:

[secretary@killinmountainrescue.scot](mailto:secretary@killinmountainrescue.scot)

**Stephen Rawlinson**  
Secretary

**Killin Mountain Rescue Team**

Nestled on the south shore road of Loch Tay, the hotel will welcome you warmly whether you're staying or visiting for food/drink

Freshly prepared, locally produced food - Served Daily

**Lunch Menu available - Mon to Sun 12 - 4pm**

**Dinner Menu 6 - 9pm (Booking Essential)**

Check the menu @[www.ardeonaighotel.co.uk](http://www.ardeonaighotel.co.uk)



call: 01567 546 006

email: [reservations@ardeonaighotel.co.uk](mailto:reservations@ardeonaighotel.co.uk)

Instagram



# KILLIN HOTEL

*Relax with us by creating beautiful memories*



Pensioners Discount Now Available

Use *KillinNews01* for discount on your stay and meals

T: 01567 820 296 E: [mail@killinhotel.com](mailto:mail@killinhotel.com)  
[killinhotel.com](http://killinhotel.com)



Margaret

Freelance Hair Stylist

07930 677 413

01877 339 614

I have GENETIC HAEMOCHROMATOSIS (GH)

GH is passed on by parental genes. It is a widely under-diagnosed condition which, overtime, causes too much iron to be absorbed by the body.

"iron overload".

The symptoms of GH are varied and often similar to other health issues.

The only way to diagnose

GENETIC HAEMOCHROMATOSIS (GH)

for sure is to have a GENETIC BLOOD TEST carried out.

Once detected treatment may be given by venesection as regularly as required.

FACTS

1 in 113 people in Scotland have

GENETIC HAEMOCHROMATOSIS (GH)

GH can only be detected by a GENETIC BLOOD TEST

GH is managed by VENESECTION (blood removal)

No cure, but EARLY DIAGNOSIS and treatment will make it manageable and not life - limiting

Haemochromatosis UK Advice & Helpline

03030 401101/102

Email: [helpline@huk.org](mailto:helpline@huk.org)

[office@huk.org](mailto:office@huk.org)

website : [www.haemochromatosis.org.uk](http://www.haemochromatosis.org.uk)

(vast amount of helpful information)

Registered as Charity number 1001307 and SCO41701

Article by Alma Walker





# Killin Community Hub



The Community Hub is open on Thursdays between 12.30-2.30pm in the Killin Pavilion, Main Street, Killin, FK21 8TN.

Gail and her volunteers have a light lunch and a warm welcome for all with an opportunity to catch up with friends old and new. Pop in anytime.

For more information, please contact Gail on 07951 013470 #workingtogether #cuppaandchat



## Summer outing

A great day was had by all on Thursday 20<sup>th</sup> July, with a group from the hub taking a bus trip to Perth.

They enjoyed a lovely lunch in Effie's tearoom on the High Street, then had a couple of hours perusing the shops and places of interest in Perth before the journey home to Killin.

Our thanks to everyone involved and we look forward to the next time.



## Killin Heritage Society

Killin Heritage Society needs a new Chairperson to lead the promotion and preservation of the history of Killin and District. We need help to arrange the Winter Season of talks, which are usually held at Lynedoch, the National Trust for Scotland building on Main Street. There have also been a number of interesting donations such as letters between villagers at home and abroad from the 18<sup>th</sup> and 19<sup>th</sup> Centuries. It would be good to research these and arrange their preservation. We have talked of updating the constitution and we need some fresh ideas on taking the Society forward. There may be opportunities to make more use of the many historical items that we have in store, perhaps with public displays in the village.

We have a membership and circulation list of around 30 people and a good financial position which could support new initiatives. A number of members help to run the Society but we need some new blood to take the lead. If you can help or can suggest someone who would be interested, please drop me a line at [keithmayo2000@yahoo.co.uk](mailto:keithmayo2000@yahoo.co.uk) or 01567 820068.

**Keith Mayo**

## Senior Citizen's Burns Supper

After 20 fun filled years of Hosting and Catering for the Senior Citizen's Burns Supper, it is time for the Drama Group to pass the baton on to someone else. For this much appreciated event to continue we need another group within the village or surrounding area to take over.

There are existing funds to support the event along with some necessary supplies and equipment. Ideally the event would be hosted by an existing village-based group with a constitution in place. Please get in touch at [killindramaclub@gmail.com](mailto:killindramaclub@gmail.com) if your group is able to help keep this worthwhile event going.

Sadly, we have to emphasise that Killin Drama Club will not be able to be involved in the event again.

**Killin Drama Club**



## Killin Firefighters Fundraising

We would like to thank the local communities and tourists alike for their continued support of our charity raising. This year we have attended the Lochearnhead Highland Games, the Killin Highland Games and the Killin Show, raising over £850. As a crew we will be discussing what local groups/charities this will be donated to. Thank you all.

**Killin's Firefighters**



# Obituary

## Mary Anderson 1938 – 2023

Mary Anderson was born on 3rd December 1938 at Auchtertyre between Crianlarich and Tyndrum to shepherd Duncan MacPherson and his wife Grace. A happy childhood was spent playing around the farm with sisters Cathie and Gracie as they moved to the Auch Estate. Mary moved to Crianlarich village when she married railway engineer Walter Anderson in 1956 and they had their son Duncan. After working in hotels around the village, Mary began her job at Crianlarich Primary School where she spent many happy times and fed many hungry children with her famous sponges and macaroni cheese.

Always keen to socialise, Mary loved being part of the community in Crianlarich and the wider area. A keen badminton player, baker and knitter, Mary was part of many community groups and was a good neighbour and friend to many. Organising bus trips was a favourite of Mary's and she was always welcoming to new members of the community to get them to join in.

Along with a group of friends, Mary and Walter worked hard to raise funds to build the Crianlarich Village

Hall which is a much used facility to this day. Once opened, she helped to begin the Crianlarich Flower Show which brought the community together. A member of many committees, Mary did a great deal of work for the local community council and Church of Scotland, as well as delivering the Killin News in the Crianlarich and Tyndrum area. After retiring from her work at the



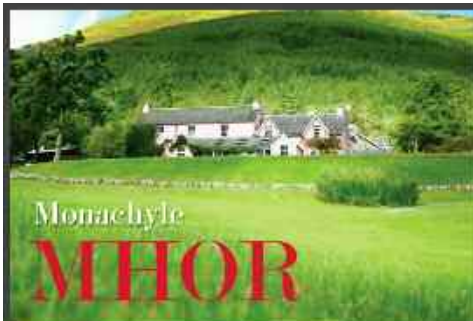
school, Mary began her B&B at Northumbria on Glenfalloch Road, welcoming many visitors to the beautiful home she and Walter had created. They spent many happy times there together with their niece

Karen and latterly grandchildren Siobhan and Andrew. Mary loved and treasured her friends and family dearly and will be forever remembered as a kind, generous and loving woman. She was so happy that she got to meet her Great-grandchildren Fletcher and Lowen and was always keen to provide stories and biscuits.

Mary sadly passed away on 8th July 2023 at Falls of Dochart Retirement Home after a diagnosis of liver cancer in April 2023. Although she only spent a short 5 weeks in the home, the care she received was incredible and she could not have been made more welcome by the amazing staff team there. This brought great comfort to her family at a difficult time for which they will be ever grateful.

Mary's funeral was held on 25th July in Killin Parish Church. Thank you to Kevin, Ross and all at Anderson's Funeral Directors for all their help and support. Duncan, Siobhan and Andrew would like to thank everyone for their thoughts and kindness over the past few months.

**Siobhan Anderson**



Award winning hotel and restaurant. Chic rooms, open fires, stunning location. Open all day, walkers welcome.

Monachyle Mhor, Balquhidder, FK19 8PQ  
01877 384 622 | monachyle@mhor.net

Book our new Apipod – Scan QR code for more details

[www.mhor.net](http://www.mhor.net)



**MHOR Bread**

Artisan bakery and shop. Award winning breads and pies. Open 7 days 8am - 5pm

8 Main Street, Callander, FK17 8BB  
01877 339 518 | bread@mhor.net



From kindling to cashmere. Open Thursday to Monday 10am - 5pm. Introducing Sarah Wright Curtain Making and Upholstery – right next door 07383 737 977

01877 384 691 | instore@mhor.net



Thank Folk It's Thursday. Live session music every Thursday at Mhor 84 Motel. Food served until 9pm.

Mhor 84 Motel, Kingshouse, Balquhidder, FK19 8NY



Outdoor dining, great food, live music. Situated just off cycle route 7. Food served from 8am - 9pm. Open 7 days 8am til late.

01877 384 646 | motel@mhor.net

# Killin & Crianlarich Nurseries

The children have settled well after the summer period. Some children have transitioned from the Heather room to the Thistle room with support from keyworker Erin, who transitioned with the children to join the Thistle room.



We have welcomed some new families to nursery over the past few months and we are enjoying getting to know these families as they settle into their nursery journey with us.

Rhyme Time continues to be a success. We meet every Tuesday at 10:30am in the local library. On the 29<sup>th</sup> of August, for the first time ever, we met in the Falls of Dochart Retirement home for rhyme time. We

will meet again in the home on Tuesday the 26<sup>th</sup> of September, and until then we will see you in the library. The children are continuing to build friendships with the

residents of the Retirement home, where we are sharing our learning through a range of activities and by writing letters to our buddies.

Everyone at Killin and Crianlarich nursery would like to thank our parent helpers who kindly cut the grass in

our play area at the Pavilion. The children have been accessing this play space to build dens, explore water play and engage in physical activity. The children have been learning about how to communicate with their hands using Makaton. They are learning signs to support their daily experiences.

The children are continuing to work hard to gain our green flag. We



harvested our fruit and vegetables enjoying them fresh at snack times, and in some home baking or soup. The children explored the life cycle of a butterfly through a real-life experience of looking after caterpillars; observing them daily as they grew to butterflies. Together we created our nursery scarecrow for the Killin show to symbolise this learning journey.

As always, we value our parents' and family contributions to their children's learning and nursery experience and together we endeavour to create the best possible outcomes for our children.





## VINYL RECORDS WANTED!

Selling or down sizing your vinyl record collection or simply having a clear out? If so then please consider Trossachs Vinyl to buy your collection. I am a recently established and locally based business in Callander buying and selling new and pre-loved vinyl records. All genres considered. Please contact Richard.

☎ 07936573456 ✉ [TrossachsVinyl@gmail.com](mailto:TrossachsVinyl@gmail.com)  [Trossachs-Vinyl](#)  [trossachs\\_vinyl](#)

## Simon Evamy

Quality Kitchens and Interiors



Kitchens

Joinery

Cabinet Making

Everything you need to renovate the inside of your home

[www.simonevamy.com](http://www.simonevamy.com)

[info@simonevamy.com](mailto:info@simonevamy.com)

mob: 07919 847 225



Myrtle Grove  
Main Street  
Killin  
FK21 8UX

A wide range of gifts for all, including:

- Greeting Cards and Wrapping
- Jewellery
- Bags and Purses
- Candles
- Glassware

Tel: 01567 820212  
[info@escapeinkillin.co.uk](mailto:info@escapeinkillin.co.uk)  
[escapeinkillin.co.uk](http://escapeinkillin.co.uk)






# Breadalbane Heritage Society


Last month saw the regular programme of autumn and winter talks taking over from the summer programme of excursions, with topics ranging from the work of the Tayside Raptor Study Group and the history of the Black Watch to plans for the exciting new Scottish Crannog Centre, at present under construction on Loch Tay.

The talk this month will be held on Friday 20th October at 7.30pm in the Breadalbane Community Campus in Aberfeldy, when local businessman Donald Riddell, who has spent more than fifty years living and working in and around Glen Lyon, will give a talk on the mysteries, folklore and archaeology of the glen. Doors are open at 7.00 pm onwards for those who would like to meet beforehand and look at the various displays. Refreshments are available.


During January and February talks are held on Zoom, otherwise at the Breadalbane Community Campus. The BHS's website features a video of local scenes of interest, and provides up-to-date information about talks and activities, events and publications. Ongoing Society projects include the maintenance of the Killiehassie private burial ground in Strathtay, and the recent publication, in association with the Aberfeldy Museum Group, of an illustrated leaflet, The Aberfeldy and Weem Heritage Trail, with a trail map and information on the many places of interest in the area. QR codes with information at each of these sites are currently being installed. The BHS also provides a free service of assistance with family history research. Recordings of all the recent talks are available on the website.



**BREADALBANE HERITAGE SOCIETY**  
Founded 1962



**'The Mysteries, Folklore and History of Glen Lyon'**  
**Friday 20<sup>th</sup> October 2023 at 7.30 p.m.**  
An illustrated talk by Donald Riddell



Having lived and worked in and around Glenlyon for over 50 years, Donald has a deep passion for its nature and history. Around every turn is a story, myth or legend in this the longest Glen in Scotland.  
Come and join Donald on a virtual safari to explore its secrets.

**Breadalbane Community Campus: Doors open 7.00 p.m.**  
**Admission: No charge for Society Members; Visitors - £4.00**  
**For any enquiries contact Ian at [bhsaberfeldy@gmail.com](mailto:bhsaberfeldy@gmail.com)**  
Breadalbane Heritage Society: Scottish Charitable Incorporated Organisation SC049382



# PortNellan

*Where Memories Are Made*

## SELF CATERING LODGES & COTTAGES

Portnellan, Glen Dochart, Crianlarich, FK20 8QS

[www.portnellan.com](http://www.portnellan.com)  
Tel: 07968 345241/07920 558373  
Email: [portnellan@gmail.com](mailto:portnellan@gmail.com)



Like and follow us on Social Media for news and special offers.

 @portnellan  portnellanscotland



# Killin Youth Project

What a summer of fun we have had! The summer programme was a huge success with over 34 young people joining us for various activities. Thankfully we were extremely lucky with the weather on our session days. We would like to thank everyone involved who made it possible and to Stirling Council for the awarded Summer Holidays Food and Childcare Fund.



After the busy summer sessions, and a small break, our regular youth group sessions started back on the 6th September with a

discussion around session plans, some dodgeball and a teenie tiny water fight. Youth group sessions are now weekly and we have lots planned for this block. We have Games Night, Sardines, Arts and Crafts and an Origami session planned for our junior group and Games Night, Sardines, Media Matters and Bin Bag Fashion planned



for our senior group. We are inviting young people to lead sessions and to show and share their talents or interests. This block will see Fred lead Origami 101 and Noa



lead Bin Bag Fashion. This is a brilliant way for young people to share their interest, introduce others to



something new and is a great confidence builder.

Also in this block we are very lucky to have Ryan Rocks from Creative Stirling joining our senior group to give an introduction talk for the Media Matters course they run. This



is a 16 hour course and gives young people the opportunity to learn skills in planning, production, podcasting and sound engineering. This is a great opportunity for young people to learn new skills. If you know a young person, who is not already attending youth group, who would be interested in joining the course then please get in touch.

We are also planning the return of the very popular Halloween costume making day so keep an eye out for more details on that. A great place to

find out what's going on is over on Killin Youth Project Facebook page, where details of upcoming sessions, registration details and timings of sessions can be found.

Last but not least, we are very happy to welcome a new member to the team, the role of Sessional Youth Worker has now been filled. This is brilliant news for the project as we can ensure that sessions are well staffed and we have fresh ideas and are able to provide consistency.



As always it cannot be highlighted enough how thankful we are for our Youth Work Volunteers and the work they do. We always welcome anyone who is interested in volunteering no matter how little time you can give or if you would like to find out more about the project contact:

[carla@killincdt.co.uk](mailto:carla@killincdt.co.uk)

**Carla Finlay**

**Project Manager Youth and Sport (KAT)**





## Embracing the Season: A Festive Journey Ahead at McLaren Leisure!

As the leaves change colour and a crisp breeze fills the air, we find ourselves entering the vibrant months of October and November. 2023 has been a remarkable journey so far, and we're thrilled to share the exciting moments and upcoming events that are set to fill our calendar.

### Celebrating a Milestone and Embracing Success



Reflecting on our 25th birthday celebrations that took place through the summer, we're still overwhelmed by the warmth and enthusiasm displayed by our community. A heartfelt thank you to all who joined us in marking this significant milestone. Your presence and support were invaluable as we looked back at our journey and ahead to an even brighter future. We also extend hearty congratulations to the participants and winners of our thrilling RigFIT Games, the ultimate fitness competition. Your determination and sportsmanship made the event unforgettable. Each competitor gave their all, and we applaud your dedication to health and fitness. Our birthday bash was also a day to remember, filled with fun, games, sports and so much more. We are thrilled to announce the lucky winners of the birthday prize draw: Congratulations to the McEwan family who secured a one-month, all-inclusive pass to McLaren Leisure. We

hope you enjoyed a month of wellness and fun!

### Gearing Up for the Season's Delights

As Autumn approaches we're excited to bring a collection of activities your way. First up, get ready for spine-tingling excitement with our Halloween activities, from themed classes to Spooky swimming lessons, we're brewing up a cauldron of fun for everyone.

For the October break, our kids' camp promises a whirlwind of games, sports and friendships. Parents, rest assured your little ones are in for an unforgettable holiday experience right here at McLaren Leisure. Sessions are available to book online today. Step into the future of work at our new open office! Embrace collaboration and boost productivity in our modern, vibrant environment. Enjoy seamless access to our onsite café, energising fitness classes and fully equipped gym – all during your breaks! Elevate your work experience and wellbeing.

Mark your calendars for our Annual General Meeting (AGM), where we open our doors to the community and our esteemed members. This is a chance to voice your thoughts and actively contribute to the shaping of our community facility. More detail is available on our website. Shape McLaren Leisure's Future with Us: We're thrilled to mark 25 years of serving our community at McLaren Leisure, offering top-notch sports and leisure facilities to both our local schools and the wider public. As we celebrate our legacy, we're excited about the next 25 years and are on the lookout for new trustee directors to join us on this journey. If you'd like to learn more about this opportunity, reach out to [trish@mclarenleisure.co.uk](mailto:trish@mclarenleisure.co.uk).



### Get ready for a game-changing experience at McLaren Leisure

Introducing our brand NEW MultiBall system - the FIRST of its kind in Scotland and Our Exciting 25th Birthday Celebration Addition. Players can easily access their favourite games or training modules with a simple touch of the wall. MultiBall offers a great variety of activities, from fun games to professional training routines for many sports. Available to book soon!

### A Warm Welcome and a Sneak Peek

We're thrilled to announce the arrival of the Cinema Club at McLaren Leisure! Grab your popcorn and find your favourite seat as they prepare to host a series of captivating films with our cinema-style seating and large screen. Look out for upcoming screening dates that promise to take you on unforgettable journeys from the comfort of your leisure centre. And don't forget, as the chill of winter descends, we're preparing a series of exciting winter events that will warm your hearts and add a touch of magic to the season. As this year draws to a close, McLaren Leisure remains dedicated to creating cherished memories for our community. We thank you for your unwavering support and enthusiasm. Remember to stay connected through our website and social media channels for the latest updates on events, classes, and more. Let's embrace the seasonal joys and embark on this festive journey together!

**Rachel McLean**  
Marketing Manager  
McLaren Leisure  
[www.mclarenleisure.co.uk](http://www.mclarenleisure.co.uk)  
01877 330000

**John Morris Safety Ltd**

John Morris  
D220SH C10GSH N11P3SM M166LN MREHIS  
Chartered Health and Safety Practitioner

**QHCR**  
Registered Consultant

REHIS Health & Safety Certificate - 1 day £80 per person  
REHIS Food Hygiene Certificate - 1 day £80 per person  
First Aid at Work Certificate - 3 day £230 per person  
Emergency First Aid at Work Certificate - 1 day £80 per person  
Emergency First Aid at Work (+F) Certificate - 1 day £90 per person

Source of Competent Safety Advice, Fire Safety Training,  
First Aid Training, Manual Handling Training,  
Risk Assessments, Safety Inspections or Audits.

**"Helping you to meet your legal requirements"**

If you would like more information, please contact:  
Craignavie Farmhouse, KILLIN, Perthshire, FK21 8SJ  
Tel: 01567 820787 Mobile: 07866 514033 e-mail: [john@johnmorrisafety.co.uk](mailto:john@johnmorrisafety.co.uk)

**PFK Callander LTD**

140 Main Street, Callander, FK17 8BG

**LASSA**  
Specialists

**MOTs, Servicing, Repairs**  
**Diagnostics & ECU Remapping**

Open: Monday – Thursday 08:00 to 17:30.  
Friday – 08:00 to 16:00; Saturday 08:00 to 12:00

**01877 331 569 or 07901 651 361**

[pfkcallander@btconnect.com](mailto:pfkcallander@btconnect.com)

the  
*Courie*  
Inn

Michael, Lynn and all the team at the Courie Inn would like to send their support to the Killin News group!

Opening Hours  
MONDAY & TUESDAY: CLOSED  
WEDNESDAY - SUNDAY: Open from 3pm. Evening Meal Service from 5pm

To reserve a table to dine please email [hoto@thecourieinn.com](mailto:hoto@thecourieinn.com) or telephone us during our opening hours on 01567 831 000

[f](https://www.facebook.com/thecourieinn) [i](https://www.instagram.com/thecourieinn)



## New Year Fireworks and Festive Lights

We hope everyone was able to enjoy the warm sunny weather we have just had at the beginning of the month. A truly welcome respite from the poor July and August we have had this year.

As announced in our last article the sponsored cycle ride went ahead on the 9th. However, due to forestry work above Killin, we were not able to cycle the Rob Roy Way as planned. We therefore opted for the Killin to Strathyre and back route. The weather kept fine and although only 8 of us took part with Ron in support, every one of us enjoyed the ride.

Michael and Lyn from the Courie Inn played host to us and provided very welcome refreshments on our return, so many thanks to them. Coupled with the 'Just Giving' page we have raised some £1,500 as I write.

Almost £900 of this was raised by the 8 cyclists.

Special mention must go to the riders for badgering friends and family to contribute such a sum.



They were Sheona MacAskill, Patrick Thorp, Christian Welsh, Rhona Foubister, Anneke and Keith Mayo, Leanne Coyle and little Aoife (who rode behind mother singing sea shanties!!) as well as yours truly.


Thanks must also go to all the contributors on the just giving page. Please keep it up.

Following on from our last article in August the Killin calendars are for sale around the village. Supplies are limited so please don't lose out on these special calendars. We will also be running the reported raffle later in September with some lovely prizes. The draw will be held in early October with tickets being available at venues around the village.

Enough from us for now as planning


for the fireworks and festive lights goes ahead at a pace, with a final plea for your continued financial support to make this year's end another bright and festive occasion.

**Mike Beresford and Ron Allner**



# BAIRD OPTOMETRISTS

OPTICIANS & CONTACT LENS PRACTITIONERS



*Silhouette*

book online : visit [www.eyetest.online](http://www.eyetest.online)

53a High Street, **DUNBLANE** 01786 821397

49 Main Street, **CALLANDER** 01877 330084

[www.bairdoptometrists.com](http://www.bairdoptometrists.com)

SUIE | HUNTING | LODGE

# thank you

to everyone who came to  
our cafe trial during  
september,  
we will be back next year...

[www.suiehuntinglodge.com](http://www.suiehuntinglodge.com)  
luib, glen dochart, fk20 8qt  
01567 820417





## Strathfillan Community

### Bike Skills Park

Due to some unforeseen circumstances, we are having to put the opening of the bike trails on hold. Once these circumstances have been resolved we will aim to get the trails open for public use. Apologies for any inconvenience.

### Wild Strathfillan Community Heritage Project

The Countryside Trust aim to submit an application to the Heritage Lottery Fund by the end of September, which will also fund our proposed Community Oral History and Archive Project. If you are interested in getting involved in the Strathfillan Community Heritage Project then please get in touch by emailing Kelly at the details below.

### Strathfillan Community Woodlands

Linos has been working hard in our woodlands, helping organise camera trap surveys and bioacoustics surveys, to help us get a better idea of what flora and fauna inhabit our woodlands. She has been maintaining the woods to a high standard and with the Seasonal Rangers, helping keep our paths in tip-top shape. She has also been working close with the Wild Strathfillan Landscape Project to see how it could support the management of our woodlands. Very sadly, however, we will be saying 'goodbye' to Linos, who has decided to focus on her printing and artwork (which is wonderful and can be purchased locally). We will be

extremely sad to see her go as her enthusiasm and knowledge has been fantastic for our woodlands – she has very left very big boots to fill! We would like to wish her the best of luck for the future.

### Strathfillan Community Garden

The community garden continues to provide produce for those who look after their allocated raised beds. The school has harvested a huge crop of potatoes and onions. The dahlias this year were just fabulous, thanks to the fabulously rich manure and compost. Thanks to Lara West for painting the fence for us and for all those who keep it looking tidy.



As part of ongoing developments with the Community Garden, the Trust will shortly be submitting a Community Asset Transfer (CAT) application to Stirling Council. If successful it will mean that the Trust can purchase the site off the Council, which will give us an opportunity to undertake further developments and improvements. Thank you to everyone who took part in the Community Vote on whether to



go ahead with the CAT and for your 100% support. We will keep you informed as to how



things are progressing, and fingers crossed for a successful outcome. Keep an eye on the SCDT Facebook page, <https://www.facebook.com/groups/2495715407394997/> as we hope to have a few gatherings there when the weather is nice, to chat all things plants and have a blether.

### Strathfillan Seasonal Rangers

Another year, another season. Our Seasonal Rangers funding, and therefore posts, are coming to a close at the end of September. We would like to thank Gavin and Diane very much for their hard work and dedication. They have done a sterling job in keeping our community litter and waste free, helping and advising visitors, and helping improve behaviours through reinforcement of the Scottish Outdoor Access Code – especially in relation to fires and gold panning. We hope that this funding will be available next year and that we manage to secure it again, as having Seasonal Rangers has made a big difference to our community. This project is supported by NatureScot through the Better Places Fund.

**Crianlarich Store**  
  
**Londis**    
 www.crianlarichstore.co.uk  
 shop@crianlarichstore.co.uk  
 Tel: 01838 300245  
 **LondisCrianlarichStore**

**MOBILE  
 HAIRDRESSER**  
  
 Find me on Facebook  
 tel: 07585 227645

**CHARLES GRANT**  
 Painters and Decorators  
 Tiling, Artexing, Graining,  
 Ragrolling, Sponging, Stripping,  
 Paper Hanging, Cornicing,  
 Fire Proofing  
 Telephone: (01567) 820 342  
 Email: charliegrant@gmail.com  
 Beechcroft, Main Street  
 Killin, Perthshire FK21 8UT





### Saplings

We had another successful Saplings Session this summer, with activities ranging from canoeing to cycling. Children from Dalmally and Crianlarich Primary Schools had a great time, and each session was either full or only a space or two left. Working with the Glenorchy and Innishail Action Plan Development Officer has been a great success and we hope to repeat it next year. Photo below: Saplings visit to Ben Cruachan Hydro Scheme – the



Hollow Mountain!  
**Getting in touch**

You can contact the Trust directly by

emailing Kelly at [kelly@strathfillancdt.org.uk](mailto:kelly@strathfillancdt.org.uk) or phoning 07707044484. Kelly is now in the Trust Office in Crianlarich Village Hall every Thursday, 9am to 5pm, if you want to drop by. Her working hours are Wednesday and Thursday, 9am to 5pm. For updates on projects and activities you can check out our Facebook Page [Strathfillan Community | Facebook](#) And for more information on our projects and what we do, have a look at our website: <https://www.strathfillancdt.org.uk/home>.

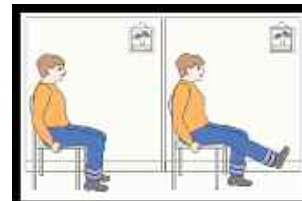
### Keeping strong and balanced at home

The focus on home exercise this month is strength. This exercise will strengthen the muscles around the knee, helping with arthritis and keeping the joint well protected. You can do this one while you are watching TV or while having breakfast. Ideally do a brief one minute march on the spot to warm

up the muscles first. Try not to hold your breath while you lift the leg.

### Front knee strengthener

• Sit back in the chair with your back supported and your feet under your knees.



• Lift the ankle slowly and straighten (but do not lock out) your knee.

• Raise the whole leg another inch or so so you really feel the weight of the leg and hold for a slow count of 3.

• Lower the foot slowly while bending the knee again.

• Repeat up to 10 times on one leg then change legs. If you have ankle weights, start with 5 times each leg and progress to more over time.

Have a go and let us know how you get on – give us some feedback at [dawn@strathfillancdt.org.uk](mailto:dawn@strathfillancdt.org.uk) or on the SCDT Facebook page.



ARTISAN  
CAFE & DELI

OPEN 10AM TO 4PM

THURSDAY TO MONDAY

HOME MADE CAKES & SCOTTISH SOURCED SAVOURIES

Contact us at:

ARTISAN CAFE & DELI

TYNDRUM · FK20 8RU

TEL: 01838 400391

[HELLO@ARTISANCAFEANDDELI.CO.UK](mailto:HELLO@ARTISANCAFEANDDELI.CO.UK)

EVENT SPACE FOR HIRE & OUTSIDE CATERING AVAILABLE





Our new Primary 1s



Meet our new Pupil Council. Our new Pupil Council will be meeting with Mr Waugh regularly to share their classmates ideas about how to improve our school.



P7 children from Crianlarich and Killin attended a 'Services Day' at McLaren Hall which involved a day of workshops led by Killin Police, Killin Fire and Rescue, Killin Mountain Rescue and Killin Ambulance. The children learned about staying safe online, being water safe, how to be prepared when out and about on the hills and how to perform CPR. We'd like to say a huge thank you to PC Iain and PC Iona for organising the event and to all our local heroes for teaching us some important life saving skills.



We loved playing 'hunt the golf ball' too. Thank you so much for a fun morning. Annie, P7

Class 2 and 3 had a thoroughly great morning with Peter and Tim at the Killin Golf Club. We got to try out chipping, putting, target practice and foot golf.







Our Eco Club were out and about picking up litter to keep Killin beautiful. We found lots of litter including a pair of socks, CDs, cans, plastics bottles, vapes and even a shoe! We will be back out soon to make sure our environment is kept clean. Maddison, P7



Meet our new House Captains. We wish them all the best in their new roles and know they will be great representatives for Killin Primary



We'd like to say a big thank you to Dougie, Bob, Jan and Pete for showing us how to play bowls. We really enjoyed our morning. Freddie, P7



We had the pleasure of having Chris Duke visit the school to tell us about his amazing book, 'Lucy's Blue Day'. The book is about a girl called Lucy who's hair changes colour depending on how she is feeling. It taught us that it's okay to feel happy, sad, jealous, excited and angry. We'd all give his book 10 out of 10 for it's important message. By Isla, P7



Class One have discussed why they need a healthy snack and made great suggestions of yummy snacks to take home. Every healthy snack in Health Fortnight earned a bead for the reward jar.



# Strowan Woodland Cemetery



An area rich in biodiversity, naturally beautiful, and centrally located within the historically significant Strathearn. Just three miles west of Crieff, this award-winning burial ground enables you to secure the eternal spot of tranquillity you deserve.



**01764 656567**

**[www.Ecoburial.me](http://www.Ecoburial.me)**

Sìth do d' anam, is Clach air do Chàirn



Gaulds Funeral Services Ltd

# Gaulds Funeral Directors



**Proudly serving our community & providing exceptional funeral care since 1984**

Pitlochry's only funeral parlour – 34 Atholl Road – (01796) 474001  
Long established premises in Aberfeldy – 20 Bank Street – (01887) 820436  
Honoured custodians of Strowan Woodland Cemetery – (01764) 656567

£100 OFF Our Funeral Plans – QUOTE: Call Gaulds



**[www.Gaulds.com](http://www.Gaulds.com)**

*"Our Family Looking After Your Family"*



Gaulds Funeral Services Ltd



# Killin Community Council

It has been a fairly eventful few months. In the early summer, Stirling Council announced the withdrawal of 0-2 years nursery provision.

Around the same time, the renovation of Taymouth Castle and associated developments hit the news, both local and national.

## Nursery Provision

In response to the former, at our meeting on 5<sup>th</sup> September, after Antonia Dowling was elected as a co-opted member of the Killin Community Council, it was agreed that she would lodge a Participation Request to attend relevant meetings at Stirling Council relating to early years nursery provision.

## Taymouth Castle & Kenmore Developments

In response to the latter, representatives from the Community Council have now attended several meetings in Kenmore to discuss the implications of ongoing developments in the area.

There are now six local Community Councils actively engaging with the developer, Discovery Land Company, to monitor developments and assess the possible environmental, economic and social impacts these developments might have. These are: Killin CC, Kenmore CC, Glen Lyon and Loch Tay CC, Dull and Weem CC, Aberfeldy CC and Mid Athol CC. These CCs will meet on a quarterly basis to discuss mutual concerns. They will also meet separately, and again on a quarterly basis, with DLC to address issues arising from the developments around Taymouth Castle and associated projects.

Simultaneously, the Loch Tay Association has been resurrected after a period of several years dormancy. The LTA will also monitor

and advise on environmental impacts and draw up a Code of Conduct for Loch Tay users. The Killin Community Council has joined as a corporate member, as has the Killin and Breadalbane Angling Club, along with several other local businesses and individuals.

The LTA is seeking input from all concerned groups, such as paddle boarders, kayakers, wild swimmers, anglers and riparian rights owners, etc. DLC has also joined and has stated its intention to sign up to the resulting Code.

The various developments at the other end of Loch Tay are likely to go on for years to come.

As well as the Taymouth Castle development, DLC has also secured the Glen Lyon Estate for recreational and associated use, and the Scottish Crannog Centre is being redeveloped at Dalerb with a museum and Iron Age village.

This is a much bigger and more ambitious venture than its ill-fated predecessor on the opposite shore and will be a major tourist attraction. All these developments, and the scale and expense of them, will have very significant economic and social ramifications within the wider region. They will bring increased employment and with it, greater demand for housing, educational provision, medical and other services.

We will not be unaffected here in Killin. There will be challenges and opportunities. The Community Council will actively engage with other organisations and agencies to promote the interests of our local community and protect the social and natural environment of Loch Tay.

## Roads & Transport

Closer to home, members of the Community Council had a walk through the village with an officer

from Stirling Council's Roads Department. They identified a range of issues. These included overgrown hedges and bushes encroaching on the pavements, faded signs and road markings, and the need for further roadmarkings including yellow lines. Following a discussion at the recent CC meeting, the recommendation remains that the village speed limit should be set at 30mph, but extended to the golf course entrance. There is a threat to the C60 bus service to Callander, as Kingshouse travel are having difficulty recruiting drivers. Stirling Council are looking into re-tendering this service. Following many requests over the years, the South Loch Tay road has been prioritised for snow clearing and gritting, but only during daylight hours. This though should come as a relief to our residents between here and Ardeonaig, who suffered the threat of being cut off every time we had heavy snow.

## Peatland Restoration

And finally, The National Trust have announced a 'Peatland Restoration' project on the high shoulder below the Tarmachan Ridge. I think this is an excellent idea. With the price of heating oil and electricity at an all time high, we should indeed consider heating our homes with fresh cut peat. Anyone for a peat-smoke BBQ?

## Next Meeting

Our next Community Council meeting will be held in the Lesser McLaren Hall on Tuesday 7<sup>th</sup> November at 7.00pm. Members of the public are always welcome to attend. Our email address for correspondence and matters arising is [communitycouncilkillin@gmail.com](mailto:communitycouncilkillin@gmail.com)

**Andy Aitken**

**S. FORSTER ELECTRICAL**  
FOR ALL YOUR ELECTRICAL NEEDS


REWIRES      SECURITY LIGHTING  
SHOWERS      SOCKETS  
INTRUDER & FIRE ALARMS  
INTERLINKED SMOKE DETECTORS  
ELECTRICAL CERTIFICATION

Call Stuart on  
07855 496 961  
[Stuartfuzzy@btinternet.com](mailto:Stuartfuzzy@btinternet.com)

  
**WATSON**  
- JOINERY -  
**Your Local Skilled Joiner**  
**Contact Iain**  
for All Your Joinery Needs  
tel: 07818220826  
email: [Watsonjoinery@outlook.com](mailto:Watsonjoinery@outlook.com)

**DALL LODGE**

  
**COUNTRY HOUSE**

We would like to express our gratitude towards the Killin News-team and their great work!  
Monica & Roman

If you would like to support your local crafter, please check Facebook for the opening times of "The Nook".  
Our local honey can be bought from our new honesty stall.



The nights are fair drawing in already, but what a glorious summer we've had and the sun is still doing its bit, helping the hills to put on magnificent displays for our beautiful village, complementing the foaming Falls after outbursts of rain.

Over the summer, trusty volunteers have been working hard with fabulous progress being made with all your wonderful ideas to make the best of our community.

**Re-Use Shop**

With autumn just around the corner, your remarkable Re-Use shop is now introducing some woollens and jackets into the shop.

They're also open for donations of adult knitwear, jackets and coats, walking boots, waterproofs, bric-a-brac, toys, adult fiction books, pictures, and unwanted gifts.

They offer a collection service to Killin and the surrounding

areas. Call the shop for more details on 07470 798 357.

Thanks to everyone who came to see Kirsty and crew at the Highland games, the tombola was a great success.

If you don't already volunteer, we're always willing to take on more helpers. Just now there's an opportunity to support the community fridge, just an hour or two a week.

We'd also welcome more shop volunteers, preferably Mon 2-4, Tues, 12-4, Thurs 2-4, Sat 2-4; this is an excellent way to meet new people and catch up on local news; simply contact [Kirsty@Killincdt.co.uk](mailto:Kirsty@Killincdt.co.uk)

**Youth Project**

The Youth Project has had a stupendous summer. Head over to Carla's update for all the detail on outings, sessions, games' nights and so much more. And with Halloween not too far away, they'll be reaching into the back of the wardrobes and drawers to make up some scary costumes again. Find out about all the activities on the Killin Youth Project Facebook page.

We've recently welcomed a new colleague, taking up the position of Sessional Youth Worker, this means more ideas, more games, more excitement and even more fun

If you'd like to know more, how to join in, or want to support the Youth Project, contact

[Carla@Killincdt.co.uk](mailto:Carla@Killincdt.co.uk)

**The Old Mill**

The Maker's Market here is doing amazingly well, with huge thanks to all the local makers who've joined us! From here in Killin we have Kerri Jewett, with her popular glass and fabric pictures and Elizabeth Murphy with her local paintings, detailed drawings, and her super-cute hedgehog and toadstool ornaments!

We also have Gillian McHendry with her much admired decoupage items, Ann Gilbert with her deliciously scented candles and of course, Cheryl Esson, who is also a Market Curator for us, with her unique jewellery which is hammered on the stones of the Dochart.

Other makers come from a little further afield like

**COMMUNITY FRIDGE**

Since we opened in March 2022 we have collected over 8,000kg of food:

That is equivalent to two African elephants

or four giraffes

or 80,000 hamsters or 250,000 pygmy shrews

We collect every morning from the Co-op and it takes about half an hour to transport the food, weigh it, check the fridge temperature, clean the fridge and shelves and display the food. We recycle the bags and compost any food that is unsuitable for eating.

We are always looking for more volunteers. If you can help, pop in and chat to someone at the Reuse Shop.

**ERIC McALLISTER**  
**Carpet Fitter**  
 "Tredaire"  
 tel: 01567 820359  
 mob: 07971 677291

**SPECIALIST ON ALL FLOOR COVERINGS**  
**SAMPLES DELIVERED TO YOUR HOME**

**Supplier of Carpets & Vinyls**

**Jasmine Beauty**  
 6 Cross Street,  
 Callander  
 01877331417

Opening Hours:  
 Monday: 10am-5pm  
 Tuesday: 10am-5pm  
 Wednesday: 9.30am-6pm  
 Thursday: 10am-8pm  
 Friday: 9.30am-6pm  
 Saturday: 10am-5pm

Website: [www.jasminebeauty-callander.co.uk](http://www.jasminebeauty-callander.co.uk)  
 Book online: [jasmine-beauty.appointedd.com](http://jasmine-beauty.appointedd.com)  
 Email: [marianne@jasminebeauty.net](mailto:marianne@jasminebeauty.net)

**JASON CAMPBELL**

**Plumbing & Heating**

**Tel 07772973082**



# Ardeonaig Trust

Aberfeldy and Stirling. If you haven't popped in to see what they do yet, then you really should! We are now open most Sundays, so you can catch us then too. Come and see the wheel turning, read our displays on St Fillan and be sure to visit the Story-spinning Project, local social history and folklore, before our new heritage project for 2024 opens upstairs.

With all these delights, you'll be able to fill the stockings and get your Christmas gifts, all at the Old Mill!

We're just working out the best times to be open for you, so look out for posters and on social media for announcements.

If you're a budding craftsperson and interested in becoming one of our Makers, selling your creations at the Old Mill, please contact [paul@creativestirling.org](mailto:paul@creativestirling.org) We offer a fair deal, which allows our Makers to pocket most of the sale price of their items, whilst keeping the Old Mill open and running.

You might've heard we're developing a community garden and raised bed 'allotments' just outside Killin on Craignavie Road. If you are interested in joining the group of volunteers helping to take this forward, please contact [raina@killincdt.co.uk](mailto:raina@killincdt.co.uk)

## Breadalbane Park

We're always looking for grants to help buy more equipment for Breadalbane Park, and this is made easier when we can demonstrate we have your support through local fundraising. If you're able and would like to donate, please visit our fundraising page: <https://www.givengain.com/cc/breadalbane-park--play-park-development/> There's almost enough to buy the next bit of equipment for the banking in the park, so keep your eyes peeled for something new soon.

## Contact

To learn more about all the projects and everyone who tirelessly and freely gives their own time to support KAT, visit our new website at [killincdt.co.uk](http://killincdt.co.uk) and if you feel you can support the community by volunteering or joining us; please don't hesitate to

get in touch with [theresa@killincdt.co.uk](mailto:theresa@killincdt.co.uk)

From all at KAT, thank you for your unwavering support. Each of these projects has been initiated by you, and KAT and all our volunteers strive to bring these to life for you. Together we are making the best of our beautiful village, working with you.

Bridget Saddler  
[chair@killincdt.co.uk](mailto:chair@killincdt.co.uk)



**Recykillin Tool Library - Our numbers**

95 people have signed up and 56 are fully paid-up active members. Membership is for one year and costs £5 or £10.

We have completed over 500 loans.

We bought 50 tools and had over 170 items donated.

We currently offer 160 items to borrow. Some donated tools were recycled, and some were sold by the Reuse Shop.

We have PAT tested over 300 small electrical items for the Reuse Shop to sell. Our volunteers take any failed electricals to the Recycling Centre in Callander once a month.

Donations of £150 from Earnside Energy (Energen Biogas) through Stirling Council's Community Benefits scheme, £100 from the Lochaber Environmental Group and £150 from Transition Stirling have been received. A total of £400 for new tools – get spending KAT!

Find us at [www.recykillin.myturn.com](http://www.recykillin.myturn.com)

Follow us on 



Thomson • Decorators

---

07920 281 594

[Thomson.decorators16@gmail.com](mailto:Thomson.decorators16@gmail.com)


Ardeonaig  
Killin

**The Studio Killin**  
Main Street Killin  
Now open Friday, Saturday and Sunday

**Original Paintings  
Quality Prints  
Cards**


We also have a small stock of household goods ie. Brushes, plastic buckets, bowls, pegs, washing lines, firelighters, plastic containers and much more.

Call Sheila on 07553071997 or 01567 820335 use us or lose us



Cooper Cottages

[enquiries@coopercottages.com](mailto:enquiries@coopercottages.com)  
[@coopercottages](https://www.coopercottages.com)  
07879 853 139





# Highland Games



Clan chief and wife



Piping



Tossing the caber

The 27th Killin Highland Games were held in Breadalbane Park, Killin on 2nd August, against the spectacular backdrop of the Tarmachan Ridge.

This years' games hosted the Clan MacNab homecoming and visitors attended from all over the world, including Australia, Canada, United States and an extended family of MacNabs also visited from France.

A warm welcome was given to the Clan and visitors by Clan Chief, Jamie Macnab, who was attended by his wife and future Macnab heir, Daisy Macnab. Many clan members expressed their delight at being in their ancient homeland.

There was strong competition in all the events - dancing, piping, heavyweigh and hill running.

There was also a very good selection of stalls showing crafts and food, with support from many local businesses. Games Chairman, Charlie Grant, said, "the whole day went well and I'm pleased that everyone seemed to enjoy themselves. We hope to see even more visitors next year".

[www.killingames.co.uk](http://www.killingames.co.uk)

Facebook @killin\_Highland\_Games,

X@killingames



Band on bridge



Highland dancing



Hill race winners



# Agricultural Show



Tractor winner

This year the annual Killin Agricultural Show was held in Breadalbane Park, Killin on Saturday 19th August.



Good balance



Terrier racing



Champion of champions



Bale rolling



Start them early



Pipe band on a break



 **TAYMOUTH MARINA**  
LOCHSIDE SPA RESORT



WHERE #WILDWELLNESS BEGINS...

Taymouth Marina is an indulgent Loch side Spa Resort on the banks of Loch Tay in Kenmore, Highland Perthshire.

Whether you are looking for relaxation or exhilaration we have you covered!

From our stylish, bespoke self-catering accommodation to our unique, award winning 'wild wellness' Hotbox Spa. Exploring the Loch from our water-sports centre or enjoying a Scottish culinary experience at The Ferryman's Inn with indoor and outdoor seating... there truly is something for everyone.

Our resort is a peaceful base from which to relax and re-energise within a dramatic landscape where we are certain your senses shall be ignited.

We are open 365 days a year and look forward to offering you a warm welcome!



[www.taymouthmarina.com](http://www.taymouthmarina.com)

Readers discount 10%  
Quote KN1

Tel:01887830216





**Loch Lomond and The Trossachs Countryside Trust**

As the nights draw in, the Countryside Trust have some great suggestions for outdoor activities during the shorter Autumn days to keep you connected with nature and with each other!

But before then, we take an opportunity to quickly introduce their newest member to the Countryside Trust Team, Grace Curtis, now into her first month as the new 'Walk in the Park' Health Walk Coordinator. Along with Fiona, Grace will be a regular face at the Killin Group each week so please say hello and introduce yourself next time you join them for a walk.



**Things to do in October!**

Get 'In Step with Nature' for Mushroom Season! With the arrival of autumn, you'll begin to see the fruiting bodies of fungi popping up along the edges of the paths.

Did you know there are over 12 thousand different types of mushrooms growing in Scotland? How many species can you spot? Each type of mushroom has its own niche, interacting with different elements of its surroundings. Notice where each mushroom is growing - is it on fallen branches, helping to break down deadwood into new soil? Is it growing near a particular type of tree? Perhaps the mushroom and the tree are interacting and exchanging



nutrients or information below ground? The group would love to see photos of your discoveries shared with us. Get in touch to join their WhatsApp group or share them on Facebook @trustinthepark.

**Walk in the Park**

Although their evening walks have finished for the year, the group will continue to enjoy some lovely walks in October, suitable for all abilities and those living with Dementia and their carers. Free, fun and friendly, it's the perfect way to break up your week, enjoy some gentle exercise and connect with nature.

Every Wednesday, departing at 10:20 am:

**04 October** - Meet at the Capercaillie - Route Craignavie Road

**11 October** - Meet at McLaren Hall Car Park - Route Tyndrum (car share)

**18 October** - Meet at the Capercaillie - Route River Dochart & Old Railway to Memorial

**25 October** - Meet at McLaren Hall Car Park - Route - Golf Club Walk (car share)

**Strength & Balance**

In between, or in building up to the Walk in the Park health walks, keep your muscles and joints flexible and develop mobility confidence with weekly strength and balance sessions.

A recent survey of participants said they experienced more strength and an increased confidence to take the stairs with 88 percent also experiencing an improvement in their social wellbeing.

Free to attend, these sessions use a chair support if you prefer, and are under the guidance of their fully trained demonstrators. Join them at the Killin & Ardeonaig Parish Church every Wednesday from 2.00pm - 3.00pm.

**In next month's issue..**

If the photos haven't already given it away, the Countryside Trust have some very exciting news to share (more about that soon), plus their Walk in the Park schedules to the end of the year, and more 'In Step with Nature' challenges for you to discover.

To find out more about all their

**Marshall Roofing Callander**  
 Free surveys & quotes.  
 All newly replaced roofs guaranteed.  
 - Slate roofs - Tiled roofs - Flat roofs -  
 - All lead works -  
 - Maintenance & Repairs  
 roofing contractor  
**07583 488876**  
 neillmarshall1234@icloud.com



activities visit them at or drop an email to: [Fiona@trustinthepark.org](mailto:Fiona@trustinthepark.org) and/or [Grace@trustinthepark.org](mailto:Grace@trustinthepark.org).



Join online



NATIONAL  
TRUST *for*  
SCOTLAND

BEN LAWERS

NATIONAL NATURE RESERVE



Join us  
**TODAY**

Experience and enjoy all the things that  
make Scotland special and together we'll  
protect them for generations to come.

*Become a member, for the love of Scotland*

[nts.org.uk](https://nts.org.uk)

For the *love*  
of Scotland



NATIONAL  
TRUST *for*  
SCOTLAND

The National Trust for Scotland is a Scottish charity, SC007410





NATIONAL TRUST for SCOTLAND

# Beavers at Ben Lawers NNR



**In late July a member of our ranger team came across several cut down trees and branches in one of our enclosures, and with closer examination saw the tell-tale markings of Beaver. This is the first time Beavers have been recorded on the reserve and was a wonderful surprise for the team!**

Further investigation has shown that the beavers have now built a dam on the burn. This impressive structure has slowed the water in the stream considerably and has created an interesting new wetland area above it. Beavers are considered a keystone species due to their ability to shape freshwater habitats which benefits many other animal and plant species. They do this through the building of dams, the digging of canals, and the creation of dead wood.



Many readers will be well aware of the beavers found around Loch Tay and the rivers Dochart and Lochay. It seems as though some particularly adventurous beavers have managed to make it up into the Ben Lawers NNR which may be the highest altitude beaver colony in the UK at 460m.

The colonization by beavers would not have been possible without the pioneering work at NTS Ben Lawers team in the creation of montane woodland. The beavers are feeding on trees that were planted on Ben Lawers NNR within one of our enclosures and without this there would have been no food source for the beavers. The Beavers are feeding on a range of different species including Birch, Aspen and Willow.

Its still early days for this population and the number of Beavers in this population is still to be determined. We will continue to monitor the population and record any changes to the surrounding habitat.



For more info on Ben Lawers go to [www.nts.org.uk/visit/places/ben-lawers](http://www.nts.org.uk/visit/places/ben-lawers)



# Local Planning Applications

## National Park

**11 Jul 2023**

Proposal: Demolition and replacement of ancillary building  
Location: Wester Lix Steading Killin  
Applicant: Mrs Kimberley McIntyre  
Application Type: Householder  
Planning Permission  
Decision: Current

**08 Aug 2023**

Proposal: Replacement windows, insertion of roof lights, and formation of rear balcony from new opening  
Location: Littlecroft Main Street Killin  
Applicant: Mr S Dow  
Application Type: Householder  
Planning Permission  
Decision: Current

**08 Aug 2023**

Proposal: Lawfulness of proposed development of 6no. Tesla electric vehicle (EV) charging upstands, supporting equipment cabinets and substation infrastructure.  
Location: The Green Welly Stop Tyndrum Crianlarich  
Applicant: Tesla Motors Ltd  
Application Type:  
Decision: Current

**13 Sep 2023**

Proposal: Strengthening works to existing railway bridge

Location: Priests Garden Railway Bridge Kirkton Farm Crianlarich  
Applicant: Fraser MacKenzie  
Application Type: Prior Notification  
Decision: Approve

## Perth & Kinross Council

**01 Sep 2023**

Proposal: Erection of a holiday accommodation unit, construction of vehicular access, track with passing places, and associated works  
Location: Land 250 Metres South Of Morenish Cottage Killin  
Applicant: Mrs A Farquharson  
Application Type: planning permission local  
Decision: Refuse the application

**05 Jul 2023**

Proposal: Erection of a shed  
Location: The Farmhouse Tombreck Lawers Aberfeldy  
Applicant: Tombreck Market Garden  
Application Type: Prior Notification Agricultural  
Decision: Awaiting decision

**08 Sep 2023**

Proposal: Renewal of permission 20/00985/IPL (erection of farm shop and formation of ancillary parking (in principle))  
Location: Land 60 Metres East Of Tay Cottage Killin

Applicant: Arc Architects Ltd  
Application Type: planning permission in principle local  
Decision: Refuse the application

## Stirling Council

**14 Jul 2023**

Proposal: Single storey extension to side and rear of dwellinghouse  
Location: Tigh Na Beithe 4 Pier Road Killin  
Applicant: Mrs Sheila Campbell  
Application Type: Proposed Certificate of Lawfulness  
Decision: Approve with Reasons



**TAXI**

(8 Seater)

**Ardeonaig Taxis Killin**

07554119086

**callander**  
**PHYSIOTHERAPY**

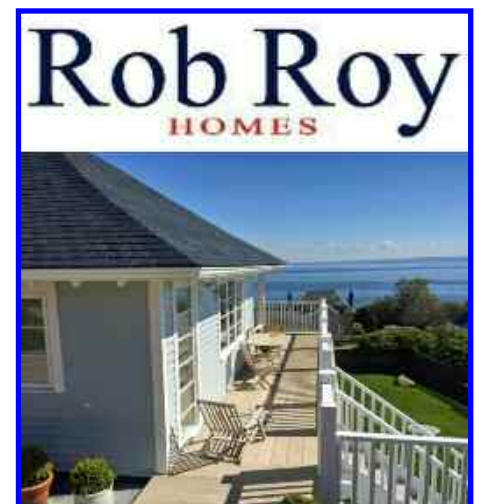
Experienced Physiotherapists HPCP registered.  
Massage Therapist

**EFFECTIVE TREATMENT TO GET YOU BACK ON TRACK.**

3 Station Road, Callander

**FOR APPOINTMENTS/ENQUIRIES**

01877 339 989 (24/7 reception service) callander.physiotherapy@gmail.com  
www.callanderphysiotherapy.co.uk



**Rob Roy**  
**HOMES**

Specialists in the design manufacture and supply of timber frame homes and buildings

Rob Roy Homes  
Comrie  
Perthshire  
PH6 2LB

Tel: (01764) 670424

E mail: mail@robroyhomes.co.uk  
Website: www.robroyhomes.co.uk

**ALLY BAIRD LTD.**  
Building and Roofing Services

**ROOFING • EXTENSIONS**  
**MAINTENANCE • RENOVATIONS**

No job too small, free estimates and all work is fully guaranteed

**M 07833 312346 T 01877 330389**  
**E ally.baird@btinternet.com W www.allybaird.co.uk**

Registered Office: 25 Lagrannoch Crescent, Callander FK17 8DS, Scotland



# Tombreck Market Garden

What a bizarre Summer it was! Hot dry June, miserably wet July, cool August and the unexpected warm spell in September. Preferable to the 40 degree temperatures and natural disasters in southern Europe, but still a challenge for growing. The veg didn't know whether they were coming or going – time to go to seed for the Autumn, or back to leaf growth for a second Summer? At Tombreck, despite our best efforts, this resulted in a lot of split carrots, bolted spinach, unripe squash and stubbornly green tomatoes.



However the good thing about a market garden is that you hedge your bets between multiple crops, so there's usually something that does well in compensation. In our case the

cucumbers, fennel, new potatoes and lettuces have been especially productive, and there are some very healthy-looking cabbages, kale, parsnips and leeks lined up for the Autumn and Winter months. Sadly, the Killin Neighbourhood hub has now closed, but you can order veg boxes from our new website: [tombreckmarketgarden.co.uk](http://tombreckmarketgarden.co.uk) which has various subscription options for delivery to four local drop-off points, and we continue to supply the same outlets in Killin, Aberfeldy, Pitlochry and Tombreck Farm itself.

## Callander and West Perthshire u3a



Our August AGM and Enrolment at the McLaren Leisure Centre was well attended and this heralds the start of our new session 2023/24. Our Group Leaders have been busy re-establishing their groups and we have some new groups too. Have a look at our website [candwpu3a.org](http://candwpu3a.org) to find out more. There is something for everyone from Ancient History to Wine Tasting.

Our first social event, a Quiz Evening, will take place at Callander Youth Project on 8<sup>th</sup> September and we hope there will be other social events to follow during the u3a year.

We offer a monthly talks programme and are looking forward to welcoming our speakers, who will be covering a range of subjects.

Before Christmas we have:

### Date/ Venue

**All talks are at 10.30am**

Wednesday 27th Sept.  
on Zoom

### Speaker

Hildegard Berwick

### Subject

The Scottish Artist - Bet Low

Wednesday 18th Oct.  
McLaren Leisure Centre

Nick Cooke

Scottish Pilgrim Routes

Wednesday 8th Nov.  
McLaren Leisure Centre

Anthony Weld Forester Lord Kames and the Draining of the Carse

Come and join us if you are no longer in full time work and would like to make the most of life. u3a is all about learning for pleasure and for fun and gives you the opportunity to meet new people. Membership of Callander and West Perthshire u3a entitles you to join as many of our interest groups as you want and membership is only £10 for the year.

We welcome new members at any time.

### Morag Felgate

#### Massage Therapy & Pilates

Relaxing & Remedial Massage & Mat Pilates Classes in Killin

- Relief from muscular aches & pains including low back pain
- Relaxation & well-being including for menopause, anxiety & depression

**Massage - £40/hour,  
Pilates classes £8**

Phone or message to book  
or for more info.

**07866 018629**

or on Facebook

**@moragfelgatemassgaetherapy**

### GRAHAM GRANT DECORATING Killin



07876 772 609

[graham@ggrantdecorating.com](mailto:graham@ggrantdecorating.com)

Internal and External  
Painting and Decorating  
Taping & Filling  
Tiling

## Grooming Marvellous

Dog grooming  
Dog walking  
Dog Behaviour  
Equine Dentistry



HND in Animal Care and Management  
Fully insured  
Qualified Dog Groomer

Over 20 years professional experience with  
large and small animals  
Lindsay Willison  
mob 07570 131230



# Killin Medical Practice

The year is moving quickly and already we have been made aware that local people are being called for their winter vaccinations. We continue to encourage people to attend their vaccines, although wish to apologise for the confusion that the letters stated the venue was Killin Medical Practice when in fact it was the Killin Nurses station. We hope that the vaccines are running smoothly, however we need to advise that Killin Medical Practice are unfortunately unable to assist with the re-scheduling of appointments. We can only advise that you contact the NHS Forth Valley Immunisation Team on 0800 130 3120. As we move into winter, we expect to see the common winter viruses reappear. The most common upper respiratory infection are ear infections which commonly last 8 days, sore throats that can last 7 days, sinusitis up to 21 days, the common cold 14 days and the more common viral cough or covid lasting 21 days. We strongly encourage self-management in these limiting viruses. Drinking plenty of fluids, resting and understanding that a fever is a sign the body is fighting infection and usually gets better on its own. If you are seeking an urgent on the day appointment, we must emphasise the importance of calling early. Our unscheduled appointments

are primarily between 11am - 12pm. If you feel your problem is new and requires an urgent assessment, please call the practice between the hours of 8am and 9am. We then have the availability to see you if it is assessed as necessary. We may ask you to attend on the day for a face-to-face appointment with a clinician. We may assess that the situation can wait for a routine appointment on another day. We encourage review if you are more poorly than you expect to be, having new symptoms of shortness of breath, difficulty swallowing, or coughing up green or blood-stained mucus. Children are, of course, slightly different and we would happily discuss this with any parent. There is an excellent website for parents, which I use frequently, that provides a lot of excellent quality, NHS based advice [www.what0-18.nhs.uk](http://www.what0-18.nhs.uk)

Quite often parents call due to fever in children so I have chosen to share this information from the above website - *"Fever is extremely common in children and usually suggests that your child has an infection. It's really important that you measure your child's temperature accurately - you should use a digital thermometer (under the armpit (axillary) for children 5 years and younger, and in the mouth for children over 5 years of age). The other option is to use an in the ear thermometer (tympanic), although these should not be used in babies below a month of age."*

If we have a doctor unwell and unable to work, we do our utmost to accommodate their patients. Recently we have had to shuffle some booked patients to another GP and maybe to a different time. We would ask for your understanding during these times and apologise for any inconvenience caused.

I would strongly encourage all patients if they are buying

thermometers or blood pressure machines to consider purchasing from a pharmacy to ensure the product is of a reliable and high standard. Mentioning blood pressure monitors, Killin Medical Practice have been issued 25 new blood pressure monitors from the health board to support a new online and text messaging service to facilitate home monitoring. We will now ask you to sign in and out your machines so we can keep a better track of our monitors. If you have a SureSign Automatic Blood Pressure and Pulse Monitor that you have previously been loaned from Killin Medical Practice, and are no longer using, we would be most grateful if that could be returned. Thank you.

Our Long Term Condition Reviews are running very smoothly, at this current time, and we are sending out written invitations on a monthly basis. If you feel you have been missed or unsure when you are due a review, please do not hesitate to contact the administrative team who will happily help you.

Kirsty Robertson has sadly left the administration team, she has moved to work in Callander. We wish her all the best in her new role. Sheila Campbell has successfully joined our team and we look forward to her meeting all the patients. Please remember that new staff may not know who you are, so checking in at reception is vital for the admin team as when we "check you in" it notifies the doctor or nurse that you are here, we so would appreciate it if everyone could let the reception staff know when you arrive.

Finally, I wish to thank the Patient Participation Group for their recognition of the work Killin Medical Practice has provided over the years in the form of our Immunisation Clinics. We are very sorry that we are no longer being given the opportunity to provide this in our community.

**Ann Massey**

## Laptop & Smart Devices Doctor



Get in touch now,  
with Diana,  
your local Tech Doctor

**07547767102**

**dgm.infosec@gmail.com**

## What's on Offer at Killin Library



**DVD's  
Now all 7 day loan**



**Free Internet Access**

**COLOUR PHOTOCOPIER, PRINTING AND SCANNING AVAILABLE**

**Opening Hours:**

Mon. : 10 - 1 & 2 - 5 ; Tue. & Fri: 10 - 1 & 3 - 7; Wed: 2 - 5

**Tel: 01567 820 571**

**E.Mail : [killinlibrary@stirling.gov.uk](mailto:killinlibrary@stirling.gov.uk)**



## Patient Participation Group

Those who are eligible will have received appointments for flu and covid jags.

NHS.gov have taken this service from local surgeries with Killin residents going to the nurse's clinic where two practitioners from Stirling will now administer all vaccinations. This seems a shame as previous organisation went well.

When a patient rings in for an appointment they are asked questions so that they can be triaged to the most suitable practitioner who may be doctor, nurse or paramedic if available. Ongoing conditions will already be assigned to the appropriate person, but new conditions can be best treated if the patient gives as much detail as possible.

The group heard an interesting and surprising account of the hidden prevalence of Haemochromatosis.

The next meeting is on Wednesday October 18th at 12-30 in the surgery and open to all.

## Reverse the Cuts - Campaign Update

**Reverse the Cuts is a group of parents and concerned residents who are campaigning to reverse the decision taken by Stirling Council to axe the 0-2 year old provision at Killin Nursery.**

I was sad to see the Pelly family move out of Killin in September. The budget cuts planned for Killin Nursery meant they had no choice but to sell up and move somewhere else. The nearest alternative childcare for this age group is a private nursery in Aberfeldy, 20 miles away, that costs £10/hour. Can we even call this an alternative when you factor in petrol and travel time? On the plus side, their son Hamish is settling well into his new nursery in Dingwall and everyone is excited about the baby due in December. We wish Georgie and David all the very best in their new home. However, it is a sad reality that these cuts are having such a disproportionate impact on our rural area. We just lost two parents who might have volunteered for the Parent Partnership Committee or Mountain Rescue, a working family who spent

their money in our shops and cafes. This issue chips away at our whole community: if we allow this to happen, how long before our primary school is threatened with closure? How many young couples with skills we need will move elsewhere to have a baby? How many volunteers will we lose out on? Our attention turns now to a meeting with Councillor Chris

Kane, Stirling Council Leader on 1<sup>st</sup> November. The petition we submitted to Councillor Kane did its job, so thank you to everyone who signed and shared it.

We need to keep up the pressure though so please do keep writing and

emailing. We hope we will be able to find a viable solution, but Councillor Kane does not sound hopeful. We need to change his mind about that and make him think that £50,000 is not worth the hassle he is getting from all these village folk and their pitchforks! All those other services we run on the back of volunteers and a shoestring budget are also under threat by this cut.

Thanks for your support.



## Davidsons Chemists - We're here to help!

Your local pharmacy, Davidsons Chemists, is committed to caring for you and our community

### WINTER VACCINES

We are able to provide NHS covid and flu vaccination, for free, if you are eligible and have not yet had your vaccine(s). In addition we can offer a private flu vaccination service for those not eligible under NHS but wishing to protect yourself. Please pop in or give us a phone to arrange an appointment.

### NHS PHARMACY FIRST SCOTLAND

If you have a minor illness, your pharmacy is the first place you should go for advice and treatment. The pharmacy team will give you advice on how to manage your symptoms and, if necessary, supply you with NHS treatment or arrange onwards referral to another healthcare professional. Any treatment prescribed can be delivered to your local collection point just like your prescriptions.

Our regular pharmacist Laura has also undergone additional clinical training to become a Pharmacist Independent Prescriber, as has Melissa our Relief Pharmacist Manager who you'll often see on a Monday and many of you are getting to know. This means they are able to provide advice and treatment for a wider range of common clinical conditions. If you would like a consultation with a pharmacist we kindly ask that you phone ahead to arrange an appointment time, as this helps us to optimise our workflow and minimise your waiting time.

### COLLECTING PRESCRIPTIONS

Remember we offer a text messaging service to let you know when your prescription is ready for collection; just ask if you'd like to get registered.

Unfortunately due to pharmacy laws we are unable to hand out prescriptions whilst there is no pharmacist on the premises. To avoid you having to make a repeat trip we'd advise avoiding between 12.30-1.30 as the pharmacist may pop out during this time.



Davidsons Chemists, Myrtle Grove, Main Street, Killin Tel: 01567 829006 [killin@wdavidson.co.uk](mailto:killin@wdavidson.co.uk)



# feeds & stoves

Professional Chimney Sweeping



*It's time for your post winter chimney service*

Professional Chimney Sweeping which can be done in any weather with no mess... Part of ICS & HETAS. Stove Sales, installation, maintenance and parts also available

Mon-Sat 10am-5pm | 21 Main Street, Callander FK17 8DU | 01877 330 643 • 07795 966 514  
www.feedsandstoves.co.uk | Dawn@feedsandstoves.co.uk

## Andrew Anderson & Sons Funeral Directors

Est. 1969

*"Stand Sure we will look after you & your family"*

We are proud to offer a 24 hour caring and professional service to the local community.



Golden Charter  
Funeral Plans



### CALLANDER

Funeral Home, Glenartney Road, Callander, FK17 8EB,  
Tel: 01877 330398

### BALFRON

64B Buchanan Street, Balfron, Glasgow, G63 0TW,  
Tel: 01360 441023

### STIRLING

90 Drip Road, Stirling FK8 1RN,  
Tel: 01786 237480

Email: info@andersonfunerals.co.uk • www.andersonfunerals.co.uk

# TOMBRECK FARM SHOP

In our shop we sell what we grow on the farm, plus

## ORGANIC VEGETABLES

from certified sources

- PORK**
- MUTTON & HOGGET**
- WILD VENISON**
- BACON & HAGGIS**
- HOME MADE SAUSAGES**

We grow organically without the use of chemicals  
All our animals are Free Range

Tombreck Farm is on the north shore of Loch Tay on the A827 Killin - Kenmore road.

Tombreck Farm, Lawers, Aberfeldy, Perthshire, PH15 2PB  
Phone 01567 820500, mobile 07725 320546  
sue.manning@tombreck.co.uk  
www.tombreck.co.uk

# HOME GROWN PRODUCE



MAINS OF TAYMOUTH  
COUNTRY ESTATE & GOLF COURSE  
A Local Watermark of History & Excellence



2 amazing self-catering locations

[www.taymouth.co.uk](http://www.taymouth.co.uk)  
01887 830226  
Pet friendly ~ sleeping 2-12  
hot tubs ~ saunas  
★★★★★

[www.ballochpark.co.uk](http://www.ballochpark.co.uk)  
01887 830733  
Pet friendly lodges sleeping 6  
hot tubs ~ peaceful location  
★★★★★

**Mains of Taymouth Golf Course**  
01887 830226  
9 holes ~ visitors welcome

*Private holiday home ownership available*  
*Real Freedom, Real Luxury, Real Scotland*





# Frost Report

## Harvest of Food and Truths

It's September and the turn of the year. Minus 2C last night in Altnaharra but a few late hatchings of sparrows and chaffinches are still pestering exhausted parents for food. Having had a good crop of sunflowers this year we are putting out the seedheads and, after some suspicion, the bluetits and nuthatches are pulling out the seeds. The squirrels are becoming less frequent visitors now that the wild crop of hazelnuts calls to them.

The sounds are changing too with the calls of oystercatchers and curlews gone, we are left with the robin's song and the scolding of wrens.

While the wild animals are enjoying their own harvest its almost time to celebrate ours. As farmers work long hours to get in the grain and produce and sell lambs and cattle, let's remember what a constantly worrying time that they have to continue the life that they love and the food which they provide.

In 'The Great Plant Based Con' by Jayn Buxton scientifically proven but previously hidden studies are brought to light. Her conclusion is 'the truth is often hidden by who can shout the loudest, which campaigns are best funded and what social influencers champion.'

The European Agricultural Commission is wanting to cut food production to gain carbon zero by 2050. This has taken a recent about turn of popularity since the war in Ukraine has increased the cost of food. It's one thing for leaders and the better off to be sitting down to their expensively grown and imported avocados but another for

the average and poorer off to afford basic food for their families. They would probably be kinder to the planet by not sending unnecessary emails creating carbon. The Dutch Farmers' Party recently won regional votes and may have enough votes to overthrow the Socialist/Green party. So you can believe as you will but think on what one ex Ardeonaig resident says - 'Why do we have the teeth to eat meat if we are not supposed to?'

A plan to breed sheep with a low carbon footprint leaves me imagining them nipping round the fields in wee slippers but, apparently, it is to do with DNA analysis! All the while not forgetting that sheep grazing helps to sequester carbon into the soil. Oh what a lot about carbon we are learning!

While anyone who spends even a short time in the countryside can see that a major pest is the spread of bracken, the government refused to authorise the use of Asulox. Then, of course, there is the old chestnut about trees. No, not chestnut trees, they are a valid part of the land as are most broadleaved. Its these pesky pines being planted everywhere. At last, the truth is coming out that the draining of peaty soil for planting, the emission of carbon from many plantations and the flushing of acidic drainage is nothing short of devastating. But then there are so many financial incentives to plant. If peatland isn't used, then it will be agricultural ground under siege for planting. We are not told how many of the trees being cut down for cycle tracks are natives. Nearly 500 trees in Edinburgh alone, bet most of those weren't conifers!

There is further threat to our moorlands with the government's plans to have discretionary powers to grant grouse shooting licences to estates.

But maybe help is at hand; Beaver man flies in to save the day? Or not! The Farm Advisory Service are going to help farmers use beavers to manage their land. I imagine that they want them to allow them to build dams etc not to become the factor. One place where beavers are being introduced is The Cairngorms. At the time of the last Killin News a plan was ongoing to reintroduce wildcats there. They are now there and doing well so far.

Its not only politicians who are no more intelligent in urban areas but foxes too. A recent study by Hull university using puzzles to gain treats has found that, while urban foxes were bolder to approach and touch the puzzles, they were no better at solving them than their country cousins.

The urban fox does seem to have mastered the trampoline as one garden in Nottinghamshire had 9 cubs playing on theirs. You can find it on youtube, go on, the children would love to see it.

But the foxes may have rivals for claims to fun as a sea otter in California is jumping onto surfboards.

Better than Mr Packham's idea which he told the BBC which was that it would be good to blow up the oil refineries. Now that's really helping the planet?

My regards to the 'lady on the plane' who always reads this on her way over from Italy.

**Tim Frost**

**mancave barbers** main street callander

WALK INS WELCOME

I don't have grey hair. I have wisdom highlights.

telephone 07568 068223

**KILLIN FIREWOOD**

SEASONED HARDWOOD AND SOFTWOOD AVAILABLE

CARRY BAGS FOR FIRE PITS  
BUILDERS BAGS  
TRAILER LOADS  
ALL AVAILABLE

FULLY MOBILE SERVICE  
FIREWOOD PROCESSING  
LOG SPLITTING  
WOOD CHIPPING

FREE LOCAL DELIVERY AVAILABLE  
07766202418, 07867754105, 07766398285

**Dryland**  
Garden services

Andy Drynan  
07784 726 609  
Killin, Perthshire

drylandgs@gmail.com



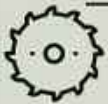
## Summer Reading Challenge



Some of the boys and girls who completed this year's Summer Reading Challenge. 34 children completed the challenge to read six books throughout the Summer break from school. Well done to all.

**Kay Riddell**

## Doune Woodyard & Hardware Shop



**CUTTING SERVICE &  
DELIVERIES AVAILABLE!**



**FENCING - DECKING - SHEET MATERIALS  
TIMBERS - CEMENT - POSTCRETE  
BUILDING SAND - SHARP SAND  
PAINTING PRODUCTS - SCREWS - NAILS**



**Email: [jane@dounewoodyard.co.uk](mailto:jane@dounewoodyard.co.uk)**

**Unit 1, Lochill Industrial Estate  
Doune FK166AD  
01786 841204**

## The Capercaillie

**Fully Licensed Bar & Restaurant**

Relax by our log fire and view our beautiful garden by the river Dochart.  
Excellent service and quality home made food

Breakfasts  
Lunches  
All Day Meals  
Home Baking  
Take Away Snacks, Meals and Pizzas

Private Parties Catered for

Draft beers, Tennants, Guinness,  
Birra Moretti+ Real Ales

For Bookings Telephone Myra on

**01567 820355**

[www.capercaillierestaurant.co.uk](http://www.capercaillierestaurant.co.uk)



# Killin Golf Club

Gents Open: Saturday 5 August

## Magic 2's

David Napier, Dickie Lewis, Kerr Butterworth, Andy Briggs, Graeme MacKechnie, Cameron Shaw, Tam Dewar, Daniel Knecht

## Longest Drive

Category 1 (9th only) :  
Cameron Shaw (Pitlochry)  
Category 2 (7th only) :  
Graham Herd (St. Fillans)

## Nearest the Pin

Category 1 (8th & 17th) :  
Graeme MacKechnie  
(Dalmally)  
Category 2 (5th & 14th) :  
Craig Whyte (Muthill)  
All in 2 (6th only) : Craig  
Whyte (Muthill)

## Handicap

1. Tam Dewar (Killin) 62  
2. Colin Woods (Stirling) 64  
3. Kerr Butterworth (St  
Fillans) 67



Tam Dewar and Cameron Shaw with their trophies

## Scratch

1. Cameron Shaw (Pitlochry) 69  
2. Graeme MacKechnie  
(Dalmally) 71  
3. David Napier (St Michaels)  
76

**The Melia Quaich** (best overall  
handicap) : Tam Dewar (Killin)  
62

**The Davies Trophy** (best  
overall scratch) : Cameron  
Shaw (Pitlochry) 69

**The Wee Claret Jug:** (best  
local handicap): Tam Dewar 63

## RG ELECTRICAL & CONTRACTING

New **Scottish legislation** for Fire and  
Smoke alarms – Are you covered?

All homes in Scotland are required to  
meet the new legislation by February  
2022.  
Scottish legislation has changed.  
Introduced in February 2019, the change  
applies to all households in Scotland and  
must be met by February 2022. The new  
Scottish legislation states that an  
interlinked Fire and Smoke alarm system  
must be fitted in a property and that  
there should be adequate Carbon  
Monoxide protection.  
We are certified AICO Expert Installers  
and can provide FREE advice and  
quotations to get your property up to  
the new required standard.  
Should you require further information  
or would like to find out more, please  
get in touch.

CALL 07766202418



## Window Cleaning

### KILLIN

07824 642344

### Simon Raw

Licensed  
Commercial &  
Residential  
Window  
Cleaner

[simon.raw11@gmail.com](mailto:simon.raw11@gmail.com)

## Bridge End Mill



Large selection of gifts for all  
occasions  
Something for everyone at reasonable  
prices  
Pop in for a browse

Open 10am- 5.30pm 7 days a week

Falls of Dochart, Killin  
Tel : 01567 820508  
[www.thepresentshop.co.uk](http://www.thepresentshop.co.uk)

# Grant's Laundry

EST. 1987

MAIN STREET, KILLIN, PERTSHIRE, FK21 8UW

PLEASE PHONE FOR OPENING HOURS

TEL: 01567 820235

SERVICES TO HOTELS, GUEST HOUSES, ETC

PROPRIETRIX: PAMELA FARQUHARSON





# R & C LUKE

**Coal Merchants and Haulage Contractors**

12-14 Slamannan Road, FALKIRK, FK1 5LG

Tel: 01324 625624

Brian: 07780 736 778/Ronnie: 07748 453 440



*Suppliers of coal and smokeless fuels for open fires and stoves on a regular basis or bulk deliveries*



@MacGregorsShop  
www.macgregors.org.uk  
mail@macgregors.org.uk



Tel: 01567 820362

# MacGregor's Community Hub, Killin

**Paper shop - Post office - Fishing tackle and permits**  
**Community noticeboard - Information and advice**  
**Stationery, books and maps - Snacks and confectionery**  
**Toys, games and greetings cards**  
**Bulk food and cleaning product refills**  
**Local food, wholefoods and fruit and veg**



# DECKING SOLUTIONS



**Timber & Composite Decking**  
**Bespoke timber fencing**  
**Rubber flat roof installation**  
**uPVC roofline (fascia & gutters)**  
**Roofing & construction**



**Ian Mc Pherson**

**01838 300 269**

**07887 757 290**

[iymcpherson@yahoo.com](mailto:iymcpherson@yahoo.com)



**Rural Stirling**  
Housing Association

## Do you need an affordable home ?

Rural Stirling Housing Association aims to support local communities by providing quality homes at affordable rents for families, couples and single people in housing need.

We currently have over 680 rented houses and flats. Around 40 of these become available for rent each year. At present we have properties in the following communities:

Aberfoyle	Doone	Killin	Strathrye
Balfron	Drymen	Kinlochard	Stronachlachar
Buchlyvie	Gargunnoch	Kippen	Tyndrum
Callander	Gartmore	Lochearnhead	
Deanston	Killearn	Strathblane	

Further new build developments are being planned for Killearn, Balmaha, Croftamie, Strathblane and Drymen. Please let us know if you want to live in a village that is not listed above. Information on local housing need and demand helps us plan for the future. For further information about us and a downloadable application pack please visit our website [www.rsha.org.uk](http://www.rsha.org.uk).

**Rural Stirling Housing Association**  
Stirling Road, Doone FK16 6AA

**01786 841101**

[enquiries@rsha.org.uk](mailto:enquiries@rsha.org.uk)

[www.rsha.org.uk](http://www.rsha.org.uk)

**Building affordable homes: growing rural communities**

Registered as a Scottish Charity No SC037849  
Property Factor No. PF00033D & Letting Agent Registration Number: LARN1907004



## Killin Wildlife Garden Competition 2023



Tim Fison presenting Jan and Paul Paxton of Leirsinn Mhor with their prize of £50 for winning the inaugural Killin Wildlife Garden competition.

A total of five gardens entered this year's inaugural Killin Wildlife Garden Competition, organised by Environmental Action Killin. The panel of judges decided the garden that was the most wildlife friendly was Jan and Paul Paxton's garden at Leirsinn Mhor and the runners-up were David and Mayumi Paterson at Dochart House.

EAK would like to thank all the competitors for entering the competition and for allowing the judging panel to see the great work that they are all doing for wildlife in their gardens. It was great to see Spotted Flycatchers in two of the gardens as well as Blackcap, Chiffchaff and Goldcrest, along with a wide range of pollinator plants, berry bushes, trees, bug hotels, hedgehog houses, bird feeders and bird boxes. It is hoped to make the Killin Wildlife Garden Competition an annual event to encourage more gardening for nature.



Gareth Kett presenting David and Mayumi Paterson of Dochart House with a copy of the RSPB Handbook of Garden Wildlife for being runners-up.



**HEARTLAND**  
*Veterinary Services Ltd*

Clinics are held in the bowling green pavilion in Killin on the following dates between 9.30 & 11.30am

Wed 13 th Sep	Join our pet Care Health Plan. This has been set up to enable you to spread the cost of routine preventative health care treatments.
Wed 27 th Sep	
Wed 11 th Oct	
Wed 25 th Oct	
Wed 8 th Nov	
Wed 22 nd Nov	

You can now pay invoice's and order repeat prescription's through our website. Repeat prescriptions, food or any other veterinary requirements can be collected on these days, providing they are ordered in advance.

Call: **01887 820 771**  
for an appointment

email: [aberfeldy@heartlandvets.co.uk](mailto:aberfeldy@heartlandvets.co.uk)  
Find us at [www.heartlandvets.co.uk](http://www.heartlandvets.co.uk)  
& on Facebook



**KILLIN OUTDOOR**  
CENTRE AND SHOP

Tel: 01567 820 652

FOR ALL YOUR OUTDOOR GEAR, BOOKS, MAPS ETC.....  
KAYAK, CANOE AND MOUNTAIN BIKE HIRES  
KILLIN RESIDENTS HAVE A 10% DISCOUNT ON NON REDUCED ITEMS

# THE FABRIC STUDIO

Specialists in Design & Make Up of Curtains  
Blinds, Upholstery & all Soft Furnishings  
Huge Range of Modern & Traditional Fabrics  
Complete Curtain Service, including Free Measuring & Quotes  
Fabrics Brought to Your Home  
Friendly Staff, delighted to help & advise  
**Drummond St, Comrie 01764 670921**  
**Mon, Tue, Thur, Fri 9.30 - 5.00 Sat By Appointment**



**2nd Killin & District Scout Group  
Stirling & Trossachs**



Beavers are enjoying being back after our summer break. This term we've been tackling our health and fitness badge with lots of agility challenges and then finding out how our bodies respond to exercise.

There's some cooking for healthy eating coming up on our plan too! We're also really looking forward to our annual sleepover which is always a highlight! We'll be telling you all about it in the next issue! There's

spaces for new beavers to join us so please get in touch if your child is age 6 (or soon will be).

**Laura Bathgate**  
Beaver leader  
[killinbeavers@yahoo.co.uk](mailto:killinbeavers@yahoo.co.uk)



**Christmas Fayre**  
**Saturday 18<sup>th</sup>**  
**November**  
**11am – 3pm**  
**McLaren Hall**  
**2<sup>nd</sup> Killin &**  
**District Scout**  
**Group**



**Gourlay**  
*E v e n t s*

We are a family run business offering a fantastic range of services for weddings and events throughout Central Scotland.

The business has gained a great reputation for quality produce and sourcing all ingredients from local farms and surrounding areas.

Wedding catering, Marquee hire, Private parties, Corporate Events, Hog roasts, BBQs, Bars



Gourlay Events 07715489205  
[Gourlay.co@best-beef.co.uk](mailto:Gourlay.co@best-beef.co.uk)

**Do you live in the Stirling Council area and have a walking aid you no longer require?**



**Help us recycle, repair and re-use and return it to your local recycling centre at:**

**Lower Polmaise**  
**Callander**  
**Balfron**

**An alternate drop off point is also available at JLES, Unit 9 Westmains Industrial estate, Grangemouth FK2 7XU**

**SCAN THE QR CODE TO FIND OUT MORE**





## Killin Agricultural Show Floral Art Competition



Left: Winner of the "Fire and Ice" category by Margaret Galloway

Below: The winning entry of the Community Challenge, "A Coronation Picnic" by Ardeonaig WRI




Above: An arrangement depicting "The Coronation" by Jenny Huntley

**REVOLUTIONARY,  
FULL MOUTH IN A FEW HOURS.**



TO SCHEDULE, SCAN THE QR CODE



**LIFE CHANGING AND LONG-LASTING SAME DAY TEETH AND SMILE.**

With over 16 years' experience in Dental Implants, we can help you get rid of your denture or replace your teeth all in a Day! Using the new revolutionary implants system CHROME GuidedSMILE, we can provide you with Teeth-In-A-Day in a predictable, precise, and comfortable way.

Transform your life in **ONE DAY!**

For further information call us on **0333 305 0886**  
PERTSHIRE | STIRLINGSHIRE | FIFE | SCOTTISH BORDERS

**iblu**  
infinityblu  
dental care &  
implant clinic

[www.infinitybludentalimplants.co.uk](http://www.infinitybludentalimplants.co.uk)



**Ben Lawers Hotel**  
and Restaurant

★ ★ ★

**Home made Take Away  
Pizzas & Curries  
7 days a week**

**Real Ale & Food Served  
Real Fires and a Warm Welcome to All**

**Traditional Scottish Music Session  
every second Friday of the month  
Bring your own instrument and join in**

**DPLUS & HANNA  
30th September  
HANNA'S Christmas Party  
16th December**

**Live music on New Years Eve (tbc)**

**Please call or email:  
01567 820 436  
mail@benlawershotel.co.uk  
www.benlawershotel.co.uk**





## Mobile Banking Vans - Killin

**Royal Bank of Scotland** operate weekly on a Tuesday between 10.55 and 11.15 at the Coach Stop.

**Bank of Scotland** operate every two weeks on a Wednesday between 10.45 and 12.45 at the McLaren Hall, 9th Aug, 23rd Aug, 6th Sept, 20th Sept, 4th Oct.

## To advertise in the Killin News Advertising Rates from £12 Contact Tel: 01567 820298

Adverts are accepted in good faith and we cannot be held responsible for the goods and services advertised

Web sites: [www.killin.info](http://www.killin.info) and [www.killinnews.co.uk](http://www.killinnews.co.uk)

e-mail:  
[editorial@killinnews.co.uk](mailto:editorial@killinnews.co.uk)  
[adverts@killinnews.co.uk](mailto:adverts@killinnews.co.uk)

Address: Main Street, Killin  
FK21 8UW  
Office Phone : 01567 820014

## Your copy of Killin News

Just a reminder that copies of Killin News are delivered free to most households but anyone outside normal delivery routes who does not receive a copy can pick up one from the Library.

## Would you like to join the KILLIN NEWS Mailing List or send copies to your friends?

If so please please send your details to us.  
(See above)

Annual cost: UK £20:  
Outside UK £35

Please make cheques payable to Killin News

## Scarecrow Competition



There was a good display of Scarecrows for judge Glenda Mardon to view this year.

1st place went to Claire Rudd,  
2nd place to Jenny and Gerald Huntley  
3rd place to the Killin Nursery.



## Ads Index

Ally Baird	26	Jason Campbell	18
Anderson Funeral Directors	30	John Morris Safety	10
Ardeonaig Hotel	3	Killin Firewood	31
Ardeonaig Taxis	26	Killin Hotel	4
Artisan Cafe	13	Killin Library	28
Baird Optometrists	11	Killin Outdoor Shop	35
Ben Lawers Hotel	37	MacGregors	34
Bridge End Mill	33	Mains of Taymouth	30
Callander Physio	26	Mancave Barbers	31
Capercaillie	32	Margaret Hair Stylist	4
Charles Grant	12	Marshall Roofing	23
Cooper Cottages	19	Mhor collection	6
Courie Inn	10	Morag Felgate Massage	27
Crianlarich Store	12	NTS	24
Dall Lodge	17	NRB Mobile Hairdressing	12
Davidson's Chemist	29	PFK Callander	10
Decking Solutions	34	Portnellan	8
Diana Gourlay IT consultant	28	R & C Luke Coal	34
Doune Woodyard	32	RG Electrical	33
Dryland Gardening Services	31	Rob Roy Homes	26
Eric McAllister	18	Rural Stirling Housing	34
Escape	7	S.Forster Electrical	17
Fabric Studio	35	Simon Evamy Kitchens	7
Feeds & Stoves	30	Strowan Woodland Cemetery	16
Gaulds Funeral Directors	16	Studio Killin	19
Gourlay Events	36	Suie Hunting Lodge	11
Grants Laundry	33	Taymouth Marina	22
Graham Grant	27	Tombreck Farm Shop	30
Green Welly	40	Trossachs Vinyl	7
Grooming Marvellous	27	Thomson Decorators	19
Heartland Vets	35	Watson Joinery	17
Infinity Blu Dental	37	Window Cleaning	33
Jasmine Beauty	18		



# What's On In Killin And District

## Regular Activities

### Monday

- Adult Badminton, 7-9pm, McLaren Hall
- Junior Badminton, 6pm, Crianlarich Hall
- Bridge, 7.15-9pm, Killin Hotel, contact Marion 829027
- Indoor Bowls, 7.30pm, Lesser Hall (winter months only)

### Tuesday

- Bee Creative, 10am-12pm, Community Rooms
- U3A Art, 2-4pm, currently being held in Lochearnhead Hall
- Beavers, 6-7pm, Lesser Hall (every other Tuesday)
- Tuesday Club, 2-4pm, Community Rooms
- Pilates 5.45pm and 6.45pm, Community Rooms, booking required on 07866 018629
- CAB drop-in session 10am-4pm, The Pavillion, Main Street
- Aikido 7-9 Adults/Children from 13 years.
- Aikido 6-6.30 aged 5 to 7 - 6.30 aged 8 to 12.

### Wednesday

- Walk in the Park, 10.20
- Strength & Balance, 2-3pm, Community Rooms
- U3A French, 2.30-4pm, fortnightly, various locations
- Highland Hustle, 6.30-7.15pm, Lesser McLaren Hall
- Youth Club, P6/7 5.45-7.15pm S1-3 7.30-9.00pm [Sign-Ups: [alasdair@cyp.org.uk](mailto:alasdair@cyp.org.uk)]
- Multi-Sports Session - Wednesdays (Fortnightly), P5-7 5-6pm, S1-3 6-7pm [sign-ups: [mckennac@activestirling.org.uk](mailto:mckennac@activestirling.org.uk)]
- Killin Comm Choir, 7.30pm-9pm, Killin Church
- Aikido 7-8pm Body Art
- Aikido 8-9pm Weapons Adults and children from 13years

### Thursday

- Running Club, 6pm, Acharn Forest carpark

- Killin Community Hub, 12.30-2.30 Sports Pavilion
- SWI, 7.30pm (1st Thursday of month, Community Rooms)

### Friday

- Pilates, 9am, 10am and 11am Community Rooms. Booking essential on 07866 018629
- Yoga, 10.15 - 11.30 McLean Hall, Fearnan.

### Saturday

- Football in the Park, 12-17 years, 12-2pm

### Sunday

- Football in the Park, 8-11 years, Check for times with Andy.
- Killin Gun Club, 3<sup>rd</sup> Sun of month March-December. Contact Stuart Ogston 07999 510014 Henry Paterson 01567 820354

## Coming Soon !

### October

- 4th Walk in the Park, p23
- 11th Walk in the Park, p23
- 18th, Walk in the park, p23
- 18th Scouts Xmas Fayre, p36
- 18th C&WP U3A, p27
- 18th Patient Participation Group, p29
- 20th Breadalbane Heritage Society, p8
- 25th, Walk in the Park, p23

### November

- 8th C&WP U3A, p27

## Killin Library

Books, DVDs, dog waste bags and hearing aid batteries.

<b>Monday</b>	10-1pm 2-5pm
<b>Tuesday</b>	10-1pm 3-7pm
<b>Wednesday</b>	2-5pm
<b>Thursday</b>	Closed
<b>Friday</b>	10-1pm 3-7pm
<b>Saturday</b>	Closed

## Church Services

- **Killin & Ardeonaig Parish Church**
- **1st Sunday of the month**  
10:00am Sunday worship including Sunday School
- **2nd Sunday of the month**  
10:00 Sunday worship including communion
- **3rd Sunday of the month**  
10:00am Cafe Church including Sunday School
- **4th Sunday of the month**  
10:00am Sunday worship
- **5th Sunday of the month**  
10:00am Sunday worship
- **Episcopal Church**
- See [www.strathearn-episcopal-churches.co.uk](http://www.strathearn-episcopal-churches.co.uk) for details
- **Roman Catholic Church**
- Sunday Mass in Callander at 11:30am

## Recycling Centres

### Callander

Monday-Friday: 5pm-7.30pm  
Saturday: 10am-1.30pm  
Sunday: Closed

### Aberfeldy

Tuesday and Thursday  
9am-7pm  
Saturday and Sunday  
10am-5pm

### Crieff

Broich Road, North Forr  
All Year  
Monday-Friday 9am-7pm  
Saturday & Sunday  
9am-5pm

## Mobile Libraries

Please see the council websites for any updates.

### Crianlarich/Tyndrum Fortnightly Fridays

13th Oct, 27th Oct, 10th Nov,  
24th Nov, 8th Dec

### Crianlarich

School 10:45-11:30  
Glenfalloch Rd 11:40-12:00  
Willow Square 12:05-12:25

### Tyndrum

Green Welly 13:40-14:10  
Mansefield 14:15-14:45

### Glen Lochay/Ardeonaig Fortnightly Mondays

9th Oct, 23rd Oct, 6th Nov,  
20th Nov, 4th Dec

Glen Lochay 11.45-12.30  
Ardeonaig 14.00-14.45

### Perth and Kinross

Three week stops, Tuesday  
17th Oct, 7th Nov, 28th Nov,  
19th Dec

Tombreck 16.10-16.30

## Which bin? Saturdays

7 Oct 14 Oct

21 Oct 28 Oct

4 Nov 11 Nov

18 Nov 25 Nov

Red = no bin collection

Grey = grey bin + blue bin

Brown = brown bin + glass box

Green = brown bin + green bin



# THE GREEN WELLY STOP

AT TYNDRUM



more than you can imagine...

A family business in its third generation - established 1965

Home made food, great shopping, gifts and fantastic scenery - the perfect stop on the road north and west.



- Restaurant
- Snack Stop Café
- Goodies & Gifts
- TyndrumWhisky.com
- The Outdoor Store
- Filling Station
- Easy Parking
- Award winning toilets

**OPENING HOURS**  
Please refer to our website for our current hours  
[www.thegreenwellystop.co.uk](http://www.thegreenwellystop.co.uk)

visit our online shop for clothing, gifts & whisky- 5% DISCOUNT on first order (use code LOCAL2023).  
New customer online only. Offer Expires 31/12/2023  
[www.thegreenwellystop.co.uk](http://www.thegreenwellystop.co.uk)



The Green Welly Stop is on the A82 & A85 - the main road north & west, as well as halfway along the famous West Highland Way.

