

#### Killin News

#### **Editorial Policy Statement**

The Killin News is a free community newspaper produced and distributed every two months by volunteers to households and businesses in Killin and district. The aim of those involved is to produce an informative, accurate and entertaining journal for those who live, work and visit in this area. Letters and articles published in the newspaper do not necessarily reflect the views of the Production Committee and they reserve the right to shorten, edit or not publish any item. Contributions will be attributed to the author. Vested interests will be declared where applicable. Articles should be between 200 and 300 words, photos in high quality and the content should be original work relevant to Killin and environs. All personal emails are acknowledged by a reply. If you do not receive a reply please contact us by phone or drop the article in the office letterbox.



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McLennan, the family at Rubble Cottage,
and some committee members

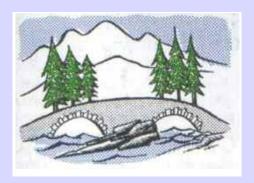
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Front Cover Killin Highland Games Photo Ron Alner



#### **DEADLINES**

Issue 196
Advertising 8th Nov
Copy 15th Nov
Flyers 27th Nov
Publication we 6th Dec

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## Ladies Lunch 2024

This year's Ladies Lunch theme was "Ladies Day at the Races" with a race night style fundraiser, which was manned by guys from the local emergency services.

In total over £5000 was raised for Cancer Research UK, Killin Committee.







Karen Lafferty - winner of "best hat"



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#### Killin Mountain Rescue Team

#### **Callout Summary**

Summer finally made an appearance but in a somewhat haphazard fashion. This had a similar effect on our callouts with an as expected, busy spell of callouts on the days with the best weather.

On one day we had three callouts,

with two within minutes of each other. We thank Lomond Mountain Rescue team for coming to our aid on this occasion with them assisting on a stretcher recovery on Ben A'an. In total we had three callouts on Ben A'an with one of the other casualties being airlifted by Air Ambulance and another by Coastquard helicopter. Given the busy spell this was gratefully appreciated on our part as well as getting casualties to hospital as quickly as they needed.

We did also have a female who fell on the 'Bad Step' of the Tarmachan Ridge (to the West of Meall Garbh summit). Again, this call came in towards the end of a callout so it was fortunate that a Coastguard helicopter was able to assist in good time. Two members assisted with packaging and 'highlining' the winch of the casualty to the helicopter. For awareness, there is a diversionary path heading North which bypasses the Bad Step.

As the seasons change and the nights draw in, we suspect it won't be long until we are out in the dark assisting those who have not come equipped. Do please pack a head torch for any hill journeys now as the nights certainly get dark quickly.

## Welcome to our new trainee members

After our recent advertisement for



new team members, we have selected 5 successful people to join as Trainee members. We had superb interest with some strong candidates. We do hope those who were not successful this time, or on-the-fence of joining, will certainly apply next year.



Summer events and fundraising

As always for summer, we have been busy assisting at the Killin 10K, Canmore Trust Ceilidh in Callander, school visits including an Emergency Services day for the P7's of Killin Primary School and of course, manning a stand at the Killin Show. Fortunately, no first aid was required



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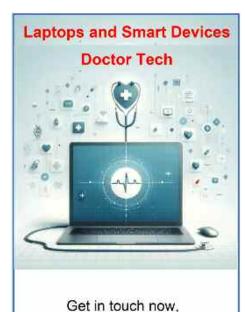


this year but it was great to meet and greet people. We raised over £200 which will go towards the purchase of new helmets for all team members. We would also like to thank Tay Fitness for their donation to the team and send a huge thank you to all the other people who are fundraising for the team. It can be difficult to keep track of all the people who are assisting us, but your efforts are gratefully appreciated. We have quite a few

large expenditures still due in the next year including new avalanche transceivers and harnesses as well as improvements to our Stores and Vehicles, so every little helps.

Stephen Rawlinson, Secretary Killin Mountain Rescue Team

secretary@killinmountainrescue.scot



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## Killin – A New Documentary Project

25 years ago, we captured the heart and soul of Killin in the Millennium Memories video – a year in the life of Killin at the turn of the century. You might have seen some of the 45 hours of captured media being posted to the Killin Past & Present Facebook group.

Now, a quarter of a century on, we'd like to capture the spirit of the village once again for a new chapter. Throughout 2025, we'll be filming a new documentary-style video project right here in Killin, capturing the essence of our village as it is today.

We'll be at all the major events, conducting in-depth sit-down interviews, gathering daily-life footage, and showcasing the stories and moments that make Killin such a unique and special place.

But we can't do it alone! We're looking for volunteers with a range of skills to help. If you're handy with a camera, great at organising, or just eager to get involved, we'd love to hear from you.

If you think you can help bring this exciting project to life, please get in touch - media@killin.uk

And if you see our cameras out and about be sure to give us a smile and a wave!

Cheers,

Killin Media Team

#### Callander SWT

Thursday 24 October 7.30pm
'Policing Wildlife Crime' by
Alan Stewart, Author and retired
Police Wildlife Crime Officer

Thursday 14 November 7.30pm 'Alpine Plants of Europe' by John Holland, SRUC & KEA

Both in St Andrew's Church Hall, Leny Road, Callander, FK17 8AL. Suggested donation £3

**Lesley Hawkins** 



Saturday 23rd November 11-3, McLaren Hall, Killin



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## New Year Fireworks and Festive Lights

Ron and Mike are organising a raffle to raise funds. The raffle will be held in mid-October.

Prizes can be donated to either Ron or Mike.

Tickets will be on sale at MacGregors shop, or directly from Ron or Mike.

Donations for the fireworks and street lights can be made online at www.justgiving.com/crowdfunding/ron-allner-3



#### **Glen Ogle Crash - RAF Memorial Service**

On 1st September 1994 an RAF XIII Squadron Tornado jet crashed in Glen Ogle near Killin.

Rev. (Wing Commander) Adrian Dyer RAF, family and friends, with the support of RAF service personnel and local people, held a 30th Remembrance Service at the memorial in Glen Ogle to remember the pilots:Flight Lieutenant Patrick (Rick) Harrison and

Flight Lieutenant Peter (Pete) Moseley,

who sadly lost their lives that day. GO WITH GOD





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Our regular pharmacist Laura has also undergone additional clinical training to become a Pharmacist Independent Prescriber, as has Melissa who you will see some Mondays. This means they are able to provide advice and treatment for a wider range of common clinical conditions. If you would like a consultation with a prescribing pharmacist, we kindly ask that you phone ahead to arrange an appointment time, as this helps us to optomise our workflow and minimise your waiting time.

#### DON'T WAIT TO STOP SMOKING

If you are looking for FREE support to help you quit smoking look no further. Did you know using a structured support programme like our 12 week NHS programme makes you 4 times more likely to quit? We understand how difficult it can be and are here to help so pop in or give us a phone

#### WINTER VACCINATIONS

Once again we will be offering flu and covid vaccinations starting from 21<sup>st</sup> October. Free NHS vaccinations can be provided for those eligible if you are unable to attend your scheduled appointment you will receive in the post, as well as for frontline workers such as NHS and care sector staff. We are also able to offer flu vaccination as a private service for those not NHS eligible. All vaccinations will be by appointment so please get in touch to book.

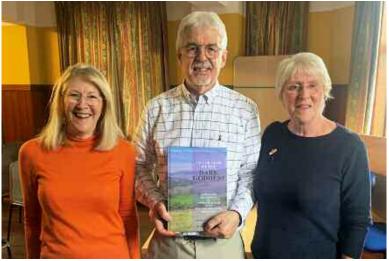
Davidsons Chemists, Myrtle Grove, Main Street, Killin Tel: 01567 829006 killin@wdavidson.co.uk

## **Book Launch 'In The Glen Of The Dark Goddess'**

A big 'Thank You' from the authors and ACFA to all who attended the launch of the above publication on the 25th August in the McLaren Hall, Killin.

Despite the very wet weather approximately 100 people, both local and visitors, attended to hear the outcome of research into the archaeology and history of upper Glen Lochay. This was a heartening response and evidenced the interest today in the lives and fortunes of ordinary people who lived in a small Scottish glen hundreds of years ago.

Janie Munro, president of ACFA, opened by welcoming everyone to the event and introduced the authors Margaret Gardiner, Libby King and Dugald MacInnes. Her welcome included a brief background to ACFA – Field Archaeology for All Arc – eolas do na h-uile, a registered Scottish Charity whose membership is open to anyone with an interest in Scottish archaeology. Janie



explained that no qualification is required for membership and that inhouse training was available. More information on ACFA can be found on their website acfabaseline.info

Dugald MacInnes followed up by explaining how the research and field walking in the glen had been carried out by members of ACFA over a period of 25 years. So much material had been gathered over this time that it was not possible to include all of it in the current

publication. As a result, two other publications are forthcoming, namely the Shielings of Glen Lochay and the Ancient Hunting Forest of Mam Lorne as working titles.

Book sales were brisk and over 40 copies sold with monies going to funding the further publications.

Currently, copies of 'In The Glen Of The Dark Goddess' can be found in Killin in the Post

Office, Old Mill visitor centre and the Library, or from the ACFA website at acfabaseline.info/category/our-books

Thank you once again to all who attended the launch and purchased copies.

Margaret Gardiner, Libby King, Dugald MacInnes - Authors

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#### **Local Planning Applications**

#### **National Park**

**21 Aug 2024**Proposal: Works for the restoration

of peatland

Location: Land At Auchlyne And Suie Estate Auchlyne Killin Applicant: Mrs Nicola Colquhoun

Application Type:

Decision: Prior approval not

required

29 Aug 2024

Proposal: External alterations including to window and door openings, replacement windows, removal of chimney, new roof ventilation; roof repairs; replacement of wall render and painted margins; and installation of solar PV panels to roof Location: Killin Parish Church Main

Street Killin Applicant: Mr Phil Simpson Application Type: Listed Building

Consent Decision: Current

**Perth & Kinross Council** 

12 Jul 2024

Proposal: Peatland restoration Location: Land At Boreland Estate Lochan An Lairige Glenlyon Applicant: Borland Estate Application Type: Prior Approval

Agriculture

Decision: Prior Approval Approved

Proposal: Peatland restoration Location: Land 2.5km North Of The Old School House Kiltyrie Killin Applicant: National Trust For Scotland

Application Type: Prior Approval

Agriculture

Decision: Awaiting decision

16 Aug 2024

Proposal: Change of land use, erection of 64 holiday cottages, 8 stilited accommodation units, 6 glamping pods, 3 staff accommodation units and associated operational development and Infrastructure.

Location: Lochtay Highland Lodges

Applicant: Largo Leisure Application Type: Screening Opinion

Decision: closed

Stirling Council

23 Aug 2024

Proposal: Erection of recreational hut and associated decking, and engineering operations for the upgrading of the existing access and track, the formation of parking spaces and the provision of private foul and surface water drainage facilities

Location: Land 90M North East Of Cuildochart Cottage Auchmore Killin Applicant: Cuildochart Forestry Ltd

Application Type: Full Decision: Awaiting decision

#### Killin Tractor Run 2024

Many thanks to Ron Allner for the photographs in the last issue.

This year we enjoyed a different run, round Glen Lochay up to the Breacloch Dam and down through Acharn forest. Many thanks to the Dowling family for allowing us to start and finish at Kinnell farm.

We raised the magnificent sum of £1020 which this year was sent to Ward 34, Ninewells Hospital, Dundee, where our dear friend and neighbour Stephen Martin of Glen Lyon has been receiving treatment.

Thanks to everyone who attended, donated raffle prizes, baked and helped provide a wonderful tea.

We look forward to seeing you all again next year.

Many thanks, The Macaskill family.

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## Killin Nursery

The children have settled well since returning from the summer holidays. Some children from the Heather room have successfully transitioned to the Thistle room.





As we transition towards amalgamation of the rooms in October, the children have been offered joint experiences daily to ease the transition process come October.

We celebrated emergency services day on Monday the 09-09-24. We would like to thank Killin Fire Station for letting us borrow some equipment for the children to explore. This inspired the children taking part in role play experiences where they saved SIOMA from a tree. The Heather room have been focussing on people who help us as part of our little feet programme.



We are continuing with our weekly visits to the Retirement Home and sharing our learning with them.



Rhyme times are still successfully running weekly in the library every Tuesday at 10.30am



From the 26th of September fortnightly, the nursery will be holding a Stay Play and Blether Away group.



The children have been focussing on building relationships and routines while keeping safe with the help of SIOMA the elephant and Safe Stella, one of our Wellbeing buddies.



# CRIANLARICH PRIMARY SCHOOL

#### **Art Club**

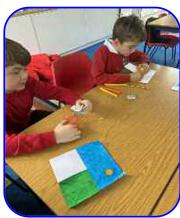
In art club we have been making 3D pictures based on our topic, 'The Trossachs'. We made them out of a folded piece of paper and created 3D models to put inside them.

## Crianlarich Primary School

#### **Eco Club**

We have been learning lots about trees! Sharon from Trust in the Park, came to join us and took us out into the woods. We worked with partners to recognise different trees while blindfolded! It has been great fun.





#### **Gaelic Music**

Class 2 had a visit from a group who are part of the Feis Fhoirt, in Stirling. They played us some songs, we did some rhythm activities and learnt Gaelic music phrases.





We are lucky to have both specialists this term. Class 1 have been working on fundamental skills in P.E. and Class 2 have been learning to play tennis. In music, Class 1 have been using a mixture of instruments to learn about different beats and Class 2 have been learning songs and using drumsticks to make different beats and tempos.



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SJP Approved 04/09/2024

## Killin Youth Project

Now that summer sessions are over, everyone is back to school and the weather is turning colder, we are settling into our new term time activity sessions. As always, we start our new block with a catch up and

them last year, hosting teas and coffees at the Christmas fayre, joining the Killin 2025 video team to document Killin throughout the year and working on plans for a community garden with Killin Sports

year unfolds.

As we are just at the beginning of our session block, we thought this would be a great update to share pictures from our summer sessions.

Youth group sessions are every Wednesday evening Juniors 5.45pm-7.15pm and seniors 7.30pm-9pm. Registration is essential, and all information can be found on our Facebook page.

As always it cannot be highlighted enough how thankful we are for our Youth Work Volunteers and the work they do and welcome 2 new volunteers to the project. If you are interested in volunteering, no matter how little time you can give, or if you would like to find out more about us and what we do, then contact:

carla@killincdt.co.uk Carla Finlay Project Manager Youth and Sport (KAT)



planning session. Killin Youth Project is person led and so our young people take charge of the design and planning of sessions and work together to plan upcoming activities. The creativity and imagination this year is outstanding, and we have a lot of amazing activities to look forward to. We also welcomed our new P6 group to the project and they are settling in brilliantly and enjoying coming to sessions and being part of the team.

The senior group this year is a large group and so our older seniors are taking on some community projects this year and are excited to get started. With our focus on connection within the community, this is going to be a brilliant year for them to build on projects undertaken last year and continue to do amazing things within the community. They are, of course, holding the annual Burns Supper, a big achievement for

and Recreation Hub. We are so proud of the wonderful young people they are, and I am sure they will pick up any other community projects as the



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#### Strathfillan

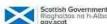


#### Strathfillan Community Garden

As mentioned in the previous edition of the Killin News, our CDO's were working on an application to the Central Scotland Green Network -Growing Food Together fund for improving the infrastructure in our Community Garden. The Trust are delighted to announce that our application was successful! Thanks to the Green Action Trust, we now have funding to complete several projects in the Community Garden over this winter. The funding will allow us to reinstate the permiter fence which runs along the A82 as you leave the village heading towards Killin. We will also be doubling the area of ground available for planting by installing 2 elevated raised beds and a further 6 ground level beds. Furthermore, we have secured funds to buy a large umbrella and a hot composter. Beyond the infrastructure upgrades, the funding award will allow us to design and implement several initiatives which we hope will help further grow our budding local food culture. Please head to our Facebook or Website page for more details and look out for upcoming opportunities to get involved! Alternatively, you can get in touch with sheona@strathfillancdt.org.uk. Finally, the Trust would like to say a big thank you to the Green Action Trust for giving us the opportunity to further develop this brilliant community asset.









#### **Strathfillan Community Rangers**

Our Community Ranger Gavin has had another busy (and very wet) summer patrolling and monitoring our beauty spots around the Strath. There have been numerous encounters with illegal gold panners, often citing dubious Facebook posts which insist that gold panning is protected under their rights to roam (it certainly isn't). It is often the case that these illegal gold panners are responsible for the most destructive panning, reinforcing the necessity of maintaining and enforcing the permit scheme. Loch Iubhair has been busy with the usual wild swimmers, paddle boarders, fishers, and campers. The bad weather has had a detrimental effect on the access paths, as visitors have flattened the foliage at the sides of the path as they try to gain safe access to the loch while staying out of the soft, muddy ground. Unfortunately, there has also been large amounts of rubbish being left again this summer and lots of evidence of firepits and felling of trees for firewood. Gavin has done an outstanding job of clearing and repairing all this damage. We dread to think how bad it would be without



On a more positive note, the Firepit Scheme has been making a noticeable effect, with many return campers bringing the same firepits which Gavin had issued them on previous visits. There has also been a noticeable increase in visitors who know and understand the Scottish Outdoor Access Code, demonstrating the impact Community Rangers like Gavin have on influencing visitor behaviour and environmental preservation. Unfortunately, the Trust's funding for our Community

#### Strathfillan Communi

Rangers will run out in October. We are working very hard to secure further funding to continue provision of this vital role across the offseason and, more importantly, next year's visitor season. Finally, we would like to say a massive thank you to Gavin for all his hard work, care and determination towards preserving our community and its beautiful natural environment. If you have any questions for Gavin, please contact him at

rangers@strathfillancdt.org.uk.

#### **Strathfillan Angling Association**

The Trust are delighted to announce that Colin McGeoch has been coopted back onto the board to look after the SAA. Colin has been overseeing the fishing (both officially and unofficially) in the Strath for many years now, so it is brilliant to have him back in an official capacity. Since the last edition of the Killin News, Ian McPherson has completed the bridge at Tigh na Struith. This excellent bit of work has opened up another area of the meadows where fishers can access the banks of the Fillan.



Ian has also laid boards down to ford other smaller ditches around the meadow. We would like to say a big thank you to Ian for improving the access routes to our most popular and newest fishing spots along the Fillan.

The new seasons permits and maps are available from Crianlarich Stores, the Rod & Reel, the Crianlarich Hotel and the Green Welly Stop. Fishing can also be booked online via the Fishpal website

www.Fishpal.com/Scotland/Tay/Strat hfillanAA/?dom=tay.

#### by the Way

#### ty Development Trust

Follow us on Facebook and share your photos of your catch and our lovely area.

www.facebook.com/Strathfillanfishing/. If you have any queries about fishing in the Strath, please contact sheona@strathfillancdt.org.uk.

## Strathfillan Community Woodlands

The Trust would like to say a massive thank you to all the JPMorgan volunteers who so kindly gave their time to help us tidy up the Tyndrum Shelterbelt. We managed to clean and re-coat the Gruffalo furniture, make some new woodland habitats, and clean up the litter and debris lying around the trail. The volunteers also helped clean out and re-decorate the woodland classroom, so we hope this will keep the sheep out (and their mess!) We'd also like to say thank you to Sharon, Kirsty and Fay from the Wild Strathfillan team who organised the day and were brilliant at keeping the team motivated and on-task! It was excellent to see a young family in the classroom after the volunteers had finished. We hope to see many more people enjoying the Gruffalo Trail! Keep an eye out on our Facebook and Website pages to find out about further community engagement opportunities in our woodlands or contact. (Picture taken by Kenneth Sutherland)



#### **DTAS Conference**

The Trust attended the Development Trusts Association Scotland Conference at the Glasgow Caledonian University on the 27<sup>th</sup> & 28<sup>th</sup> of August. The two days featured a range of workshops and talks which explored the many issues and opportunities facing the community led sector in Scotland. There was much knowledge and ideas to take away from our two days in Glasgow, which was also an excellent opportunity to meet and network with various development trusts both locally and from further afield. We

would like to say a big thank you to DTAS for providing bursary for tickets and expenses, and for delivering an excellent conference.



#### Wild Strathfillan Landscape Project

Sharon from the Wild Strathfillan team led the first guided woodland walk around the Tyndrum Community Woodland at the beginning of August. We were joined by a few members of the community who were keen to find out more about the trees and plants growing around the Woodland. Thanks to all who came along. We are aiming to hold regular community events in both the Crianlarich and Tyndrum Community Woodlands, so make sure to regularly check out our Facebook page for announcements and details of further events or get in touch directly with

sharon@trustinthepark.org or euan@strathfillancdt.org.uk.

Unfortunately, we didn't receive a great number of responses to the Skills Survey which was distributed with the previous edition of the Killin News. The purpose of the survey was to find out what skills we have in our communities and what skills and learning opportunities people living here want and need. Have you thought about training in the agricultural, heritage or landed sectors? Would you like to develop your understanding of your heritage, your community, or your environment? The Wild Strathfillan Project has resources to provide educational and vocational courses across all these sectors. These workshops and courses will be delivered within the community, using local educational centres and teachers. This initiative is aimed at all levels, from those looking to grow a minor interest to those looking for professional development. If this applies to you, then please fill out the Skills Survey and return to sharon@trustinthepark.org.



#### Membership

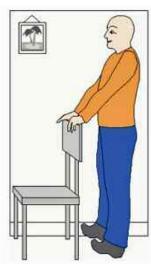
We are always on the lookout for new members to join the Trust. There are two levels of membership, Ordinary and Associate. It is free to join, and further information can be found on our website www.strathfillancdt.org.uk or by contacting us by email at office@strathfillancdt.org.uk.

## Keeping strong and balanced at home

So, as we see a bit of improvement in the weather, we will be out more and need to ensure our ankles are strong to help our balance. The 'toe raises' exercise will help ensure you lift your toes more easily when stepping over things and reduce your chance of tripping or falling backwards. It works the muscles at the top of the foot and challenges your balance and core strength to stay upright. Just ensure you have something solid to hold on to if you need to - it's harder than you think! Try to keep your body straight (no bums out backwards). Once you have mastered the toe raise, see if you can walk about for a few steps on your heels.

#### **Toe Raises**

- Stand tall holding your support
- Raise your toes taking your weight back into your heels without sticking your bottom out
- Hold for a second
- Lower your toes with control
- Repeat 10 times



Have a go and let us know how you get on – give us some feedback at dawn.skelton@laterlifetraining.co.uk or on the SCDT Facebook page.



#### Message from the Killin Parent Partnership

The new academic year began with our AGM in August, and office bearer reports were shared and roles confirmed for the coming year. It is invaluable for the KPP to hear the Headteacher report so we can understand the various focuses of the school for the academic year. We have inevitably lost some long standing and highly valued KPP members with the change in academic year and pupils leaving; we are hugely grateful for all they gave to the running of the KPP. We are delighted to welcome new members; Steph, Ryan, Jeremy, Chris & Tom to the KPP team!

The strong engagement from families and wider community at the grounds day in June was a real success and hopefully can be built upon. The KPP have agreed to fund two benches and bulbs for the front of school, so we look forward to seeing the front of school being enjoyed by pupils, staff and the community.

The usual Autumnal events will be held; the October pumpkin patch, book fayre in November, and support at the nativity. Various other events/activities were discussed at the AGM and we look forward to announcing more of these soon!

**Chairpersons: Fiona Syme & Kimberley Crooks** 



Look at Class 2's fierce Vikings!



Well done to the children who completed the Summer Reading Challenge at Killin Library. Thank you Kay for organising this and finding us brilliant books to read.





Our first visit to the Sports Pavilion was a great success! Thanks to Davy Fettes, and many members of the community, the astroturf is now in much better condition and safe for pupils to use for a range of activities.



Class One will be visiting one of the trees in the park every month this year and asking questions and carrying out scientific investigations as part of our 'Outdoor Learning' programme.

#### ary School





Class 2 and 3 went to plant native trees at Ben Lawers National Nature Reserve with the National Trust for Scotland. Thank you to the NTS team for this great opportunity.





Our new Primary Ones have settled well into the class and are enjoying all that school has to offer. They are already beginning to read words. We are very proud of them.



Primary 7 children from Killin and Crianlarich spent the day with the Emergency Services in Killin. They learned how to stay safe online, on the hills and in the home. Thank you to Killin Police, Killin Mountain Rescue and Killin Fire Station.



I am reading Penguin by Polly Dunbar. It is about a boy called Ben who is trying to get his penguin to speak. It's funny. **Cole, P2** 

Our class are reading 'The Titanic Detective Agency' by Lindsay Littleson. It's about a girl called Bertha who is on the Titanic and she thinks that one of the passengers is up to no good! She tries to investigate before disaster strikes! **Angus, P6** 



Class 3 are learning about the Titanic and have built amazing models out of junk!



Congratulations to our P5 pupils, who all completed the Bikeability Level 1.

## **Killin Community Council**

#### **Budgets**

After the coldest and wettest summer in most of our memories. what does the autumn and winter hold for us? Hopefully, it will be mild and dry with little frost, as the Scottish Government has insufficient money to maintain the roads in even the most benign conditions. First, we had a climate emergency, then a housing emergency, and now we have a financial emergency, all duly announced with the requisite crocodile tears and allegations of English perfidy. Perhaps our First Minister should have a hazard warning light affixed to his bunnet, and the term 'Scottish Government' should be preceded by a disclaimer of responsibility. This may seem a harsh critique, but Scotland now receives £2,400 per head of population every year from Westminster through the Barnett Formula. Yorkshire, with a similar population demographic receives nothing, but - as if by magic - does better. Well, we did vote for this parcel of serial incompetents, so we had better hope for a mild winter.

#### Library

Libraries are in the crosshairs. You may be aware that consultations are in progress as to the future of library services in the Stirling area. The consultation finishes on November



1st, and I advise everyone to contribute to it. It is an online consultation, but I am sure that our local librarian will be able to assist anyone unfamiliar with 'online consultations'. Rural libraries are often much more than just libraries. They are social and community hubs, sources of help and advice, after school clubs, places to hang out on winter days and sip coffee with friends, and. oh, and they also have books and stuff - I should have mentioned that earlier. Seriously though, our local library, thanks to our local librarian is an immensely valuable community service. We must do all we can to preserve it.

#### C60 Bus

The C60 bus continues to trundle backwards and forwards between Callander and Killin, but only in the early morning and late afternoon. The service is primarily designed for commuting and bringing children home from after school activities. There is a large gap in provision - 7 hours - in the middle of the day, which prevents the bus being used for shopping trips and appointments in Callander or Killin. This affects dental, medical and optician's appointments among others, and we are hoping that a slightly extended service might be feasible at some point, but finances are always the sticking point. Perversely, as the daylight hours shorten towards the end of the year, the C60 will become a night service, trundling backwards and forwards in the dark.

#### **Litter & Refuse**

Representatives from the Community Council recently met with Alan Rigby of Stirling Council's Waste Services to discuss litter and refuse issues throughout the village. Alan was very helpful and seems keen to ensure that we have a service that adequately addresses our needs as a tourist destination. We will continue to press for an upgrade in the toilet and waste facilities at the Station Car Park, but due to financial constraints this is likely to be a longer term project.

#### Parking

There have been shocking reports of people in uniforms wandering about the village interfering with parked cars. Their modus operandi is to fix notices to certain vehicles demanding money with menaces. So, beware. The parking warden, absent from these climes for many, many years has returned with a vengeance. In his sights at present are those parked on yellow lines and pavements. Most of the signs indicating parking restrictions in the village are illegible due to age and lack of maintenance, but it is quite possible that these will be replaced. and the ancient prohibitions will be enforced with a new zeal.

#### **Next Meeting**

The plans for battery parks and windfarms in our local area are proceeding slowly, but inexorably, and we continue to monitor these developments. At our next Community Council meeting on November 5th, representatives from SSE Renewables will present the updated plans for the Glentarken windfarm. As there is likely to be some sort of community benefit from this development, we hope that this meeting will be well attended. The meeting will take place in the Lesser McLaren Hall at 7.00pm. All welcome.

**Andy Aitken** 









#### 2024/25

#### Scottish Woman's Institute Killin

1st Thursday in the Month October - April

#### 7.30pm, Lesser McLaren Hall

3rd October Demonstration by Pierre, Strathearn Cheese Company, Comrie

7th November An introduction to Perfumery by Ben Reedy

> 5th December Christmas Evening, an evening of fun & games



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Ringing the changes, both good and not so good.

#### **Fassiefern**

We have some great news at Fassiefern – by the time you read this article we should have electricity in the building! Thanks to the tenacity and tremendous effort of Theresa, we have won our second case with the Energy Ombudsman in full and Scottish Power should have implemented everything by 27th September.

We say, 'should have', as we have little faith in Scottish Power after all the dealings with them over the last 18 months. The Ombudsman has found they deliberately misled us by providing the wrong information throughout. We're still waiting on an installation date for the new meter to go ahead. So watch this space. Until we have power the contractors cannot complete the snagging list, such as having the floor professionally cleaned and some minor decoration to finish. They will carry this out as soon as possible. Then we can move the Reuse Shop and buy furniture for the new business and learning centre before the grand opening. It feels like we are so very close, but

still so far away from opening.

#### **Reuse Shop**

And to some not so good news. Most of you will be aware that our Reuse Shop Manager Kirsty has left us as she has moved out of the area. We are all really sad to see Kirsty go, though we wish her well on her new journey. Thank you, Kirsty, for your knowledge, skills and everything you brought to this role. We will all miss

Kirsty had been running the shop, first as a volunteer back in 2021 when the shop was still at the Old Mill. She organised the move of the shop to its current home. This could have been disastrous, but with Kirsty's skills and knowledge went very smoothly. Since 2022 we were very lucky to employ Kirsty as our shop manager. She looked after our great volunteers, recruited a few more, trained, and brought out the best in them all. She ensured the shop didn't look cluttered, maintained fabulous window dressing and trained volunteers to do this too. Whoever comes in next will have huge shoes to fill and we're sure they will do an equally great job, but do it in their own unique way.

At the moment we do not have anyone to take up this new position,

but we're hoping by the time you read this, we will be in the process of recruiting someone. If we haven't filled the position, it will be advertised around the village and on Facebook. If it's something you might be interested in, please come and talk to Theresa at Fassiefern or email her on theresa@killincdt.co.uk We know there's someone out there who will be great at this job, we just haven't found you yet.

Until we find a new manager, Theresa is looking after the shop in addition to her normal work. This means she has limited time available, so is not as hands-on as Kirsty was and will be concentrating on doing all the background work. We're relying on our wonderful volunteers to open the shop with the help of Kerri who will be doing 1 day a week. This means there might be times when we have no cover for the shop. Please bear with us, we will try and keep our Facebook page updated with changes to opening times.

#### **Killin Youth Project**

Season's changes are happening with the Killin Youth Project as well. Jump over to Carla's update (page 11) to find out all about what our young people are planning after a funpacked summer session.

#### **Old Mill**

Things are also going well down at the Old Mill. Our artists and makers have been selling well and our heritage display has been bringing in the donations from visitors, which all go back into our community via all the KAT projects.

A big thank you to all in the growing community surrounding the Old Mill; it's great to have you all on board! (if you are not involved, but would like to be please email raina@killincdt.co.uk or just pop in when we are open and have a chat)

We have had a talk from authors

Moira McPartlin and Colin Baird on their new book "A Thing so Delicate: The Hidden Voices of Scotland's Mass Concrete Viaducts." It was well attended, informative and entertaining. I for one never thought concrete could be so interesting and culturally relevant!

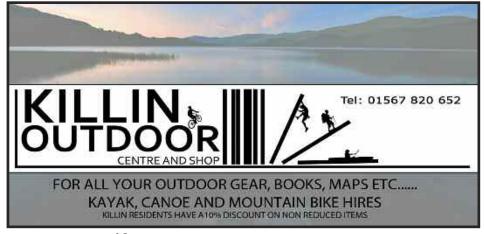
We also have a new exhibition in the Old Mill until November the 3rd: Dùthchas, which is a photographic exhibition by Tom Astbury to celebrate the 300th Anniversary of Duncan Ban MacIntyre. The work is part of Stirling Photography Festival and is centred on Glen Lochay, where Duncan Bàn lived and worked. If you haven't seen it already, please do come along! Looking ahead The Old Milll Christmas Market will run from Thursday 21st November- Thursday 19th December; Wednesday - Sunday with late-night shopping on Thursdays! Upstairs, we'll be focussing on the Healing Stones, with chances to visit, handle and use the stones; a 'wish tree' where you can get crafty decorating your wish, and a cosy space to sit and enjoy festive drinks from our coffee and cake providers, so come back and visit us again then!

#### **Contacts**

As always, when you want to find out about each of the KAT projects and everyone who contributes tirelessly to support our community, take a peek at our website www.killincdt.co.uk. Remember, each of these projects is initiated by your ideas detailed in your Community Place Plan.

And if you feel you can support your community by volunteering or joining us; please don't hesitate to get in touch with theresa@killincdt.co.uk We look forward to bringing you more updates over the coming weeks and thank you as always for your support and collaboration.

Bridget Saddler chair@killincdt.co.uk



# KDVCS

## Killin and District Volunteer Car Scheme Good News

We are delighted to be able to announce that the Killin and District Volunteer Car scheme have purchased a Wheelchair Accessible Vehicle for us to use to transport those people who find it difficult to get in and out of saloon cars or transfer from a



wheelchair into a car. We have also bought a new wheelchair which is crash tested and has a contoured seat and arms with padding for extra comfort.

The vehicle will not only be used for people using wheelchairs but will be used regularly by the three drivers who are insured to drive it. So far, the people who have travelled in it are happy that it is comfortable and find getting in and out of it quite easy.

We were hoping that we would have some logos on the vehicle by now but

this is still a work in progress. We are very grateful to the Co-op who are letting us park the vehicle in their car park when not in use. We would also like to thank all of the funders, villagers and wider community for donating to this and those who brought tickets during the fund-raising events which were held to raise funds for the vehicle. To book a journey call 07988280743

**Alicja Fraser** Killin Car Scheme

## Killin Community Bus New On-line Booking System

Making booking easier for you! Now online. Alternatively via Laura at the Chemist. Simply scan the code to book or find out more.



## Community Meals at Killin Church

Community meals at Killin Church starts Sunday 27th October and then on the last Sunday of the month

(Oct until Easter). 12-2pm. Free meal and activities for children. All welcome.

Volunteers also welcome. Contact Vicky Burns vickyburns83@gmail.com

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## Killin Highland Games 2024

"A Dreich Start but a Sunny Finish"

The Killin Highland Games faced a challenging beginning this year with persistent rain showers. However, as the day unfolded, the weather brightened, lifting the spirits of both competitors and spectators.

The event showcased a diverse international crowd, with visitors and athletes hailing from a wide range of countries. The Hill Race, generously sponsored by the REAL Food Cafe, attracted a strong field, culminating in victories for a French junior and Stephen Rawlinson in the adult category.

Games chair, Clare Rudd, expressed her gratitude to the sponsors and dedicated volunteers. Despite the initial inclement weather, the event drew a larger crowd than the previous year. She extended heartfelt thanks to all visitors, vendors, and sponsors for their participation.

A full list of winners can be found on the Killin Highland Games website www.killingames.co.uk



Jamie Macnab, Clare Rudd and Scott Kyle



**Doune Pipe Band** 





Stephen Rawlinson - winner of the hill race

## Killin Agricultural Show











Saturday 17th August 2024













#### **Tombreck Market Garden**



Things have been quite busy at Tombreck lately, with a good crowd of people attending the Open Gate farm tour, judging the veggies for the Killin Agricultural Show (some very impressive leeks for the time of year!), and all the usual seasonal changes moving into Autumn.

Winter salads are now mostly planted in the polytunnel, we've been bringing in the garlic, onions & shallots to dry, and root crops like carrot, beetroot and new(ish) charlotte potatoes are starting in earnest along with some very prolific kale.

The flax trial has done well, over a

metre in height, gone to seed and now only a few weeks till harvest. The bees have been buzzing around our dedicated flower bed, which has been putting on some stunning splashes of colour as well as providing edible flowers for our salad mix. Lovely to look at in the field, and pretty on a plate as well!

We're now supplying fresh veg to MacGregor's for their 'market day' on Fridays and Saturdays, and still have spare capacity for our veg boxes – starting from £10 for a weekly, fortnightly or one-off box delivered to a choice of local hubs, see: https://tombreckmarketgarden.co.uk



The Community Hub is open on Thursdays between 12.30-2.30pm in the Killin Pavilion, Main street, Killin, FK21 8TN.

Gail and her volunteers have a light lunch and a warm welcome for all every Thursday, an opportunity to catch up with friends old and new.

Citizen Advice advisors will also be on hand for any issues with housing, benefits, energy costs etc.

Pop in anytime between 12.30 and 2.30pm.

For more information contact Gail on 07951 013470 #workingtogether #cuppaandchat



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Senior Stableford Open Wednesday 11 September

#### Magic 2's

Peter Nettleton (Killin), Susan McRobbie (Killin)

#### Nearest the pin

Gents: Peter McFarlane (Dalziel Park) Ladies: Susan McRobbie (Killin) In TWO: Norah Keracher (Earlsferry

Thistle)

#### Ladies:

- 1. Susan McRobbie (Killin) 34
- 2. Sheila Aitken (Killin) 30 BIH
- 3. Kay Dowling (Killin) 30

#### **Gents:**

- 1. Peter Nettleton (Killin) 42 BIH
- 2. Roy Smith (Killin) 42
- 3. Paul Melia (Killin) 34

#### Overall Handicap:

Peter Nettleton (Killin) 42



#### Ladies and Gents Opens Saturday 3 August



**Kay Dowling** 

#### Magic 2's

Colin Woods, Heather Cleland, Ewan McGregor, Sheila Aitken, Jim Ronald, Caroline Henderson, Eric Murphy, Richard Downie, Arik MacKechnie

#### **Nearest the Pin**

Handicap 19 and under (8th & 17th ) : Tam Dewar (Killin) Handicap 20 and over (5th & 14th ) : Sheila Aitken (Killin) All in 2 (6th only) : Jim Ronald (Killin)

#### **Longest Drive**

Handicap 19 and under (9/18): Cameron Shaw (Pitlochry) Gents Handicap 20+ (7/16): Gary Wilson (Dalmally) Ladies Handicap 20+ (6/15): Sheila Aitken (Killin)

#### **Ladies Handicap**

- 1. Kay Dowling (Killin) 66
- 2. Milly Wade (Open Play) 67

#### **Ladies Scratch**

1. Caroline Henderson (Aberfeldy) 79 BIH



Paul Melia & Colin Woods

#### **Gents Handicap**

- 1. Paul Melia (Killin) 67
- 2. Anthony Venables (St Michaels) 69
- 3. Roy Smith (Killin ) 70 BIH

#### **Gents Scratch**

- 1. Colin Woods (Stirling) 74
- 2. Cameron Shaw (Pitlochry) 76
- 3. Will Nettleton 78

#### **Ladies Trophies**

Killin Cup (Best overall Handicap):
Kay Dowling (Killin) 66
Bridge of Lochay Salver (Best Local
Handicap): Kay Dowling (Killin) 66
Dochart Trophy (Best overall Scratch)
: Caroline Henderson (Aberfeldy) 79
BIH

#### **Gents Trophies**

The Melia Quaich (best overall handicap): Paul Melia (Killin) 67
The Davies Trophy (best overall scratch): Colin Woods 74
The Wee Claret Jug: (best local handicap): Paul Melia (Killin) 67



tel: 07818220826
email: Watsonjoinery@outlook.com

#### **War Memorial Clean Up**



Children from the primary school helping at the war memorial with some weeding and planting bulbs

#### Folk Fest 30th Anniversary





Join us in marking the 30th anniversary of the first Killin Traditional Music and Dance Festival with this commemorative t-shirt.

Featuring the traditional recognisable ident, this limited-edition t-shirt honours the legacy of the respected festival run that trail blazed the path for our modern Killin Music Fest.

The Killin Traditional Music and Dance Festival, also known as Killin Folk Festival, ran for nine festivals from 1995 until 2003.

Pre-orders are now open. £20 per t-shirt. Collect in Killin, or UK delivery available. Limited stock arrives September 2024.

Pre-order your t-shirt now: killinmusicfest.com/shop/clothing/

**Killin Music Fest** 

## Congratulations



Donald Third receiving congratulations from his manager Barry Fowler for 30 years service with Royal Mail serving Killin and surrounding area.



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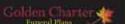
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#### Scottish Wildlife Trust talks are back!

The Pitlochry and Highland Perthshire branch of the Scottish Wildlife Trust (SWT) is delighted to announce that another autumn/winter season of talks is about to get underway.

The monthly talks - held in the evenings at The Tryst on Bonnethill Road in Pitlochry - are a chance to hear from experts in their field and also meet other people with a passion for the natural world.

You don't have to be a member of the SWT, but why not join or just keep in touch with what's on? You can sign up to hear about events and find out more about activities on the numerous reserves in our area and beyond. scottishwildlifetrust.org.uk/sign-up-to-our-mailing-list/

If you are already a member and also want to hear about talks and events direct from the SWT, do remember to sign up to the mailing list and click the 'Events and information from my local group' option.

The first talk in our new season will be from Laura Plant, who will be revealing how cutting-edge science is helping to track nature restoration.

Laura, who lives in Aberfeldy, works for UK-based technology company NatureMetrics. The business is at the forefront of developing techniques such as environmental DNA (eDNA), a system which uses fragments of DNA left behind by animals in the environment to track restoration progress and put nature into numbers!

Laura is a very enthusiastic speaker, and her talk will shed light on how eDNA is enabling new levels of biodiversity monitoring in multiple environments, from lochs and seas, to woodlands and peat bogs.

Date: Monday 21st October 2024

Time: 7.30pm - 8.30pm

Place: The Tryst, Church of Scotland, 13 Bonnethill Road, Pitlochry, PH16 5BS.

Suggested donation: £3 for non-members, £2 for members (you can donate in person on the day).

Also, save the date for the November talk which will be from Susie McNoughton on Saving Scotland's Red Squirrels - Monday 18th November, same time, same place.

Questions? Reach our chairman, Mark Aquilina on 07796 561844 or markandrosie@btinternet.com.

See you there!









07547 767 102

(Call or WhatsApp)

## Killin Medical Practice

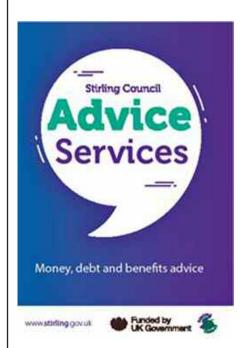
All vaccinations are now carried out by Forth Valley NHS Immunisation Team. If you get a letter asking you to attend the practice for a vaccine, it should read The Nurses Station.

If you have any vaccine queries or need to change an appointment please call 0800 130 3120 or email fv.vaccinationenquiries@nhs.scot

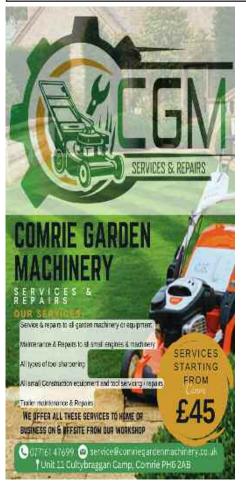
Reminder: Welfare Rights/Advice Services attend the practice every other Tuesday to give advice and assistance to any of our patients. You can call the practice to make an appointment. This is a pilot scheme that we are very lucky to have so if any of you are looking for help and advice please use this service.

The practice is open from 8am if you feel you need an urgent appointment, the earlier we know the better service

we can provide.







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#### **Trossachs Radio**

Trossachs Radio CIC announces the launch of its new studios and retail operation in Callander.

The management of Trossachs Radio are pleased to announce the opening of its new online broadcasting facility in Callander. The new studios and retail outlet at Unit 2, 4 Main Street, Callander, FK17 8BB, will launch at 10.00 a.m. on Saturday 14th September 2024. The station is to be opened by Dina Andrews who has presented her "Pink Cowgirl Radio Show" weekly on the station since the outset. Dina is an award-winning country singer and songwriter and represents Scotland for the International Singers and Songwriters Association (ISSA).

Trossachs Radio has been broadcasting online since 2022 at www.trossachsradio.com, via its own Trossachs Radio app and from Amazon Smart Speakers. There are also multiple apps streaming the station output, including Deezer, MyTuner and Radio Garden.

The station launched in May 2022 following the end of COVID restrictions in Scotland. The owner Edward Cullum reflected on the

situation that there was no radio station providing essential local information and news exclusively for Loch Lomond and the Trossachs National Park area. Also, local radio stations exist on the periphery on the park, but none aimed to serve those who live and work here or visit the entire Trossachs area.

Trossachs Radio is a Community Interest Company run as a not-for-profit organisation that intends to support and involve the local Community and provide local businesses with a new advertising option. The station's primary objective is to inform and entertain with a daytime music format for "grown-ups," although there will be an element of children's programming too. Specialist shows include politics, country, folk, jazz, and eighties.

Trossachs Radio also intends to open a retail store from 14th September called "Scobbies (Scobys) Records" selling vinyl records and accessories. The shop will also sell Trossachs Radio merchandise. This operation is to help fund the station, manned solely by volunteers.



The new venture plans to reach out to people looking for an opportunity to gain experience in media studies and broadcasting. The management want the station to nurture the local talent to create Scotland's radio presenters and journalists of the future.

Och aye it's guid!

**Edward Cullum** 



#### FORTH VALLEY SDS CHARITY

I wanted to raise awareness of SDS Forth Valley ILA (SDSFV). This is a charity that provides a free independent service for people across the Forth Valley with regards to social care provision. They provide this guidance and support to Individuals, carers, Families and Children. They are an independent charity funded by Scottish Government, Falkirk, Stirling, and Clackmannanshire Councils.

Where people are requiring support to maintain independent living in their own homes there is a range of four options available. After an assessment is carried out, if the eligibility criteria is met for statutory funded support, the relevant local authority, allocates a budget to support the assessed care needs. How that budget is utilised is a decision for the person and their family or carer. The choices are defined by these four options:-1. This is money paid to you through a direct payment. You make the arrangements for the support yourself by employing a Personal Assistant or engaging the support of your chosen care provider. SDSFV

can guide you through the process of becoming an employer or engaging a care provider.

2. (Commonly known as an Individual Service Fund). You can choose your preferred care provider and the Local authority or chosen provider will hold the budget for you.

3. You pass all the decision making on to your local authority and they make the arrangements for you.

4. You decide on a combination of the above options. This allows you the flexibility of controlling the elements you want to decide and leaving the rest to the Local Authority.

SDSFV offer support and guidance from beginning to end of the process including preparation for and during assessments and reviews, understanding the 4 options of Self-Directed Support, the responsibilities of becoming an employer and understanding the principles and duties of Self-Directed Support.

Predominately, the charity receives referrals from the Health and Social Care partnership for people who have gone through a community care assessment process and have been assessed as having eligible support needs. However, you do not need to wait to be referred to benefit from SDSFV.

Their role is to guide people through the options available for the delivery of their assessed support, ensuring people have the information they need to make informed choices. They offer timely support that can alleviate the anxiety of having to take in a lot of information at what can be a very stressful time.

SDSFV also provide guidance, information & support for carers and families. The Carers Act 2016 gives you the right to receive help and SDSFV have a specific presentation that explains what is available.

They can be contacted on: 01324 35 45 29

Martin Earl Stirling Councillor, Trossachs & Teith Ward



#### **Bin Timetable**

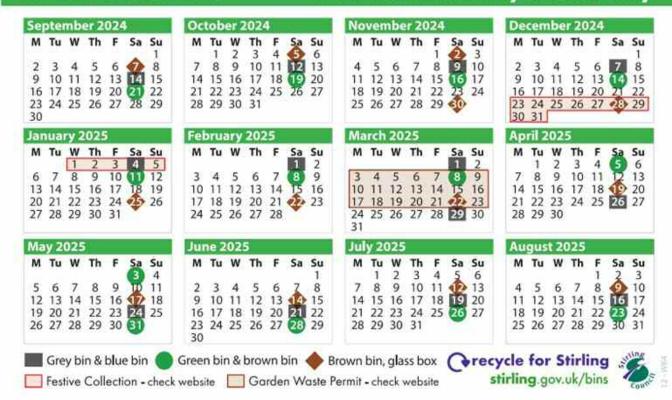
As Stirling Council have not sent out paper copies of the timetable to all households, we are printing it here so you can tear out and and pin up

2024-25

Your calendar is also available online at www.stirling.gov.uk/bins

**SEP 2024 - AUGUST 2025** 

Your collection day is Saturday





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www.capercaillierestaurant.co.uk



Our August AGM and Enrolment at the McLaren Leisure Centre was very well attended and this heralds the start of our new session 2024/25. Our Group Leaders have been busy re-establishing their groups and we have some new groups too.

Have a look at our website www.candwpu3a.org

There is something for everyone from Art for Fun and Astronomy to Travellers' Tales. We offer a monthly talks programme.

Before Christmas we have:

Date	Speaker	Subject
Wednesday 16th Oct.	Gillian Forster	<b>Green Routes -A Gardening Project</b>
Wednesday 6th Nov.	Dr Olga Watkins	Skin for Life

All talks are at 10.30am at the McLaren Leisure Centre.

No longer in full time work? u3a gives you the opportunity to learn, make friends and develop new interests in your local area.

Come and join us!

Contact: secretary@candwpu3a.org



On Monday 26th August, our friends from the community hub, which runs every Thursday in the Pavilion between 12:30 & 2:30 pm, took the community bus to Oban for the day.

After a lovely lunch in a seafront restaurant, everyone had some free time to do a bit of shopping and see the sights of Oban.

Thanks to everyone who came along and all who helped make it a great day out.









# RGELECTRICAL

New Scottish legislation for Fire and Smoke alarms – Are you covered?

All homes in Scotland are required to meet the new legislation by February 2022.

Scottish legislation has changed. Introduced in February 2019, the change applies to all households in Scotland and must be met by February 2022. The new Scottish legislation states that an interlinked Fire and Smoke alarm system must be fitted in a property and that there should be adequate Carbon Monoxide protection.

We are certified AICO Expert Installers and can provide FREE advice and quotations to get your property up to the new required standard. Should you require further information or would like to find out more, please get in touch.

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#### 2nd Killin & District Scout Group Stirling & Trossachs

# Scouts 🔆

Starting back after the summer holidays we've been embracing the Summer Olympics for our theme this term. We are learning all about the Olympics, Paralympics and what it takes to train like an athlete. Our Beavers have planned their own Olympic games, each coming up with new games to run over our next few sessions. Some games also help us work towards our Teamwork badge learning the importance of working together. We even tried some of last week's games which were during the Paralympics, modified so we could appreciate what these wonderful athletes do. We've a busy weekend ahead with trips out to do Trampolining and also some cycling. You never know our Olympians of the future might be among our Beavers!

Beaver Scouts are aged 6&7, they meet 6-7pm in Killin on alternate Tuesdays. We have space so if you'd like your child to join us, please e-mail killinbeavers@yahoo.co.uk



Laura Bathgate Beaver Leader 07708216065



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Gourlay Events 07715489205 Gourlay.co@best-beef.co.uk













#### There's Change in The Air

Writing this on September 11th I am waiting for the mist to rise off Ben Lawers so that I can see if it snowed up there last night. It's due anytime. Autumn is upon us and where did the summer go? The excess of rain and the lack of warmth and sunshine has favoured the damp and cool loving species and been hard on the sun lovers, amongst whom you probably count yourself.

At Ardeonaig we have seen only one lonely pheasant poult, only six red admiral butterflies even when the buddleia was in flower and very few small bees. The sunflowers are straggly but meadowsweet is in a bid to take over the planet and the rowan berries are heavy.

On the hills near Loch Lomond it's a similar story. Though there has been found to be a general shortage of butterflies the Scottish Argus and Mountain Ringlet have done especially well. These two species are known to favour cool and damp conditions and are thought to be amongst the first insects to populate an emerging Scotland after the retreating ice age. Devil's bit scabious has flourished while other plants have struggled. The heather seems to be happy too if the deep purple hillsides around here are anything to go by.

On a more permanent level we seem to have fewer rabbits. They were introduced to Britain by the Romans as pets. (and probably a handy food source when the children weren't looking.) Warreners were later introduced to look after wild populations. The stalker who we lived with in Sutherland used to have a

standard reply when anyone complained about rabbit numbers – "Ye were gai pleased tae have em tae eat during the war!" and I'm sure that some of the more senior amongst you can remember folk still having their hutches when we were young.

It's not only some of the animals disappearing but the human population of the glens too. A beautiful new book, "In The Glen of The Dark Goddess" was launched recently in the village and charts the archaeological history of Upper Glen Lochay. In the introduction it states that the glen is at its lowest level of population now since prehistory. In 2022 the greater part of Glen Prosen in the Angus Glens was bought by the Scottish government through "Forestry and Land Scotland" for a staggering £17.6million of public money. The stalker, head keeper, four staff and a shepherd were all made redundant. Their ex-homes and many farm buildings stand empty and the nearest school has lost some pupils. The glen is effectively depopulated, and the heather moorland is unmanaged. The F.L.S. aim to reduce deer to two to zero per sq. kilometres. This will gradually reduce the deer over a wide area as others move in to the vacated ground leaving neighbouring estates struggling for numbers.

Nearer to home, certain areas such as North of Glasgow and West of Stirling are being rewarded for reaching and exceeding deer cull targets, focussing on red and urban roe, by up to a £70 bonus for each shot. This at a time when game dealers are struggling to process the number of carcases. One carcase recently shot by one of my sons had a stomach full to

bursting with fermenting rowan berries.

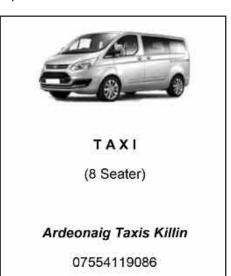
Our friendly neighbourhood squirrels have disappeared, but this will just be their temporary turn to the natural food now available in the nearby woods. Although a red squirrel has been seen in Bishopbriggs, Glasgow so maybe they have taken a city break. It is lovely to see a positive side to change and Glasgow does have the largest green area of any European city.

Another change to the glen and the village is the loss of two true countrymen. Charlie Sleigh had spent much of his time in Glen Lochay as a passionate and knowledgeable stalker, shooter and fisherman over many years. His spirit lives on as he has nurtured his passions in the younger generations who also love the glen. Village craic will never be quite the same now with the passing of Jock Stewart. A true countryman who understood and loved this area so well, the son of a gamekeeper. I remember buying my first ferrets from Jock's father at Grandfully. Big Boy, as the male was called, was a fearless rabbiter (in the days when we had banks full of bunnies.) One day he was underground for quite a while when a mink scurried out of the hole followed by a very startled looking Big Boy. I'm not sure who was the most surprised!

Did you know that Mr. Fox and his species are the most widely spread carnivore in the world? This due mainly due to a flexible diet. They can eat anything even berries (vegan foxes?)

**Tim Frost** 









The Loch Lomond and The Trossachs Countryside Trust invite you to join their weekly walking & mobility-confidence building activities!

Join our weekly Health Walks – every Wednesday @10:20am,

from the Sports and Pavilion Hub (occasionally the Capercaillie Restaurant, see schedule for details).

As **World Mental Health Day** approaches on the 10th of October, it is a good reminder of the benefits that walking can have to our overall wellbeing. Physical benefits include increased heart and cardiovascular fitness and keeping your muscles and bones strong. Walking, especially in nature, is shown to reduce stress and anxiety and improve mood. Meeting new people and being part of a community are some of the social benefits to walking in a group. From our own research, 74% of our participants we surveyed in 2023 stated they felt an increase in their mental wellbeing from attending one of our walks. Discover the benefits for yourself and check out our walk schedule for October and November.

Final Evening Walk on Monday 7th October @5:50pm – Thank you to everyone who has participated in these this year. The last walk for 2024 will be on Monday 7th October, meeting at the Sports Hub at a slightly earlier time 5:50pm for 6pm start. At the end we will enjoy refreshments in the Sports Hub with a look back and celebration of the year. Everyone welcome.



**Weekly Strength & Balance Session** – Wednesdays, 2-3pm, Killin & Ardeonaig Parish Church.

In between our health walks or just by themselves, join us for our weekly sessions held in the local parish church, an all accessible and safe environment for our members in the Killin community. Strength and balance exercises focus on building strength, improving balance and mobility, which may help build confidence - you only need to speak to our other participants to discover its benefits. We also like to end our sessions with tea and coffee, as the social element of our sessions is equally important. Our sessions are FREE with no need to book (although donations are greatly appreciated no matter how small).

#### Volunteering with Us - Walk Leader training!

Leading our walks are our volunteers who all receive training including Dementia Friendly Walk Leader training, which is optional. This provides our volunteers with the additional knowledge and skills to help support and deliver health walks that are safe, accessible and enjoyable for people living with dementia. We have plenty of volunteer training opportunities coming up including our very successful course with Samaritans – Listening Skills on Friday 22nd November in Callander. We are also pleased to advise we have another CPR training with T-SAR (Trossachs Search & Rescue) on Wednesday 6th November 12:30pm – 2:00pm, McLaren Hall.

Join us for these FREE training opportunities with Walk in the Park which are open to all our volunteers and participants plus members of the community. The aim of the session is to teach valuable lifesaving skills such as the recovery position, CPR and use of defibrillator. To book your place contact <a href="mailto:Fiona@trustinthepark.org">Fiona@trustinthepark.org</a> or call on 07843 842323

**Volunteer Away Day** - A Big Thank you to our wonderful volunteers!

Keeping on a high note, we have a final mention of our wonderful volunteers and to congratulate Sue and Willie, two of our new local volunteers who have recently completed their Walk Leader training and will now help support the local Killin Health Walks.

Finally, as a thank you to recognise all our volunteers who give their support to our 300+ participants, many of our volunteers enjoyed their annual away day in August with an enjoyable cruise with Cruise Loch Lomond from Tarbet to Inversnaid, where we enjoyed a short leisurely walk taking in the peacefulness and beauty of this quiet area of the National Park. We then returned to dry land, to enjoy lunch and an evaluation day.

To find out more about our project 'Walk in the Park' please visit our website at www.trustinthepark.org



#### Wild Strathfillan -Connecting people and nature

Sharon Cawston, Education and Engagement Officer for the Loch Lomond and The Trossachs Countryside Trusts' (Trust in the Park) flagship Nature Restoration initiative



Wild Strathfillan, shares the benefits of getting involved as a volunteer.

Wild Strathfillan is a nature restoration initiative spanning the villages of Tyndrum, Crianlarich and Killin. Working with a wide range of partners, Wild Strathfillan is delivering work to support habitats and celebrate communities across 50,000 hectares of Loch Lomond and The Trossachs National Park.

#### Become a volunteer and make a difference!

Over the coming year, there are many ways to get involved. Whether you're interested in hands-on conservation or keen to be involved in monitoring and surveying, there are opportunities for you to learn, develop your skills, and make an impact. Volunteering with us not only offers the joy of being outdoors, improving health and well-being, but also allows you to contribute directly to community projects and the restoration of our precious natural environment.

#### Some of our volunteer opportunities

- Collecting seeds to support our native plant nurseries
- Planting trees and sowing seeds
- Fencing and other practical skills
- Pruning and maintaining paths and woodlands
- Surveying for bats, birds, butterflies, moths and more
- Managing non-native species

You'll receive all the training you need and the chance to develop these skills both independently and alongside a community of like-minded people.

Also, over winter there will be opportunities to



participate in other aspects of Wild Strathfillan which relate to preserving the cultural and historical heritage of the area. More news on that coming soon.

#### How to join us

If any of these opportunities appeal to you then please do get in touch. You can register as a volunteer for Wild Strathfillan by scanning the QR code, or contact sharon@trustinthepark.org if you have any questions.







Wild Strathfillan is supported by the

Scottish Government's Nature Restoration Fund, managed by Nature Scot.



The Wild Strathfillan project has been made possible thanks to National Lottery players.

#### Killin Gravel - the new kid on the block

Jim Riach, Active Travel Officer for the Loch Lomond and The Trossachs Countryside Trust (Trust in the Park) shares why Killin and the surrounding area is fast becoming a destination for gravel riding.

If you've never heard of Gravel riding before, then you'll not know that is a new form of cycling that is growing and becoming hugely popular across the world. The 'gravel' discipline tends to describe riding a drop-bar bike on unpaved roads and trails, fitting somewhere between road cycling and mountain biking. Gravel riding can encompass all types of terrain, from actual gravel to wooded singletrack and everything in between. Most resilient bikes can be used for gravel riding.

Killin is a mecca for gravel riding with hundreds of kilometres of great trails right on your doorstep, the car free trails are suitable for all the family and a great way to get outdoors in autumn into winter. The gravel trails also link into the National Cycle Network 7 which connects the Loch Lomond and Trossachs National Park with the Cairngorms National Park.

Acharn Forest on the south west side of Killin is a mixed conifer plantation facing north towards Tarmachan ridge and Ben Lawers or west towards Ben More and Stob Binnean. Here you will find six way-marked trails of varying length, mostly on good quality forest track. The trails start from the War Memorial, just on the edge of the town, where you will find an interpretation board at

the trail head outlining the various routes. The routes were developed by the local community working with the Loch Lomond and Trossachs Countryside Trust and the National Park.



#### Connecting cycling and wheeling with nature!

Of course, cycling also has so many health benefits particularly if you are connecting with nature so Gravel riding can also be a great family as well as an individual activity.



Book your FREE ebike trial – for a whole week!

Jim along with other members of the team tried out the route for themselves using two of the Countryside Trusts' Ebikes which are available for loan from the Killin Sports and Recreation Hub and available to Killin

residents to 'come and try'. Why not try out some of the tracks for yourself and arrange your FREE ebike trial this weekend. Please contact the hub or download the QR code to complete the form!

## We always love to hear about your wheeling adventures.

So, if you are out and about on Killin Gravel, make sure you tag us in on your social media posts @TrustinthePark #cycleinthepark #activetravel along with any photos capturing your wheeling experience.

This article is brought to you with thanks to Paths for All's Smarter Choices Places open fund to support public, third and community sector organisations to encourage people to change their behaviours, to drive less and to walk or cycle as part of their everyday short journeys.

## **Obituary**

John "Jock" Stewart 21/11/1939 - 28/7/2024

John "Jock" Stewart was born in Aberfeldy, to Mary and Ronald Stewart, with a family history of gamekeeping on the Grandtully Castle Estate. John attended school in Aberfeldy but left at 15 to become a plumber, following his father's advice to learn a trade.

He worked for AJ Menzies and A C Fraser before moving to Killin, where he became a retained fireman and joined the Killin Mountain Rescue team

He married Ellen in 1966, and they had a daughter, Catriona, in 1972. John later trained as an ambulance man but had to give up being a fireman. He continued his passion for mountain rescue until early retirement due to a heart condition. He enjoyed the outdoors, particularly cycling, fishing, and teaching his granddaughter Iona to ride her bike whilst taking her to his favourite places.



John faced several health challenges, including cancer in 2012 and its recurrence in 2023. He spent two days in Strathcarron Hospice but

fulfilled his wish to die at home on July 28, 2024, surrounded by family and receiving excellent care.

The family extends their heartfelt gratitude to the healthcare professionals in the village — including GPs, nurses, paramedics, and pharmacy staff. They are also deeply appreciative of the cards, beautiful flowers, kind messages, and visits from family and friends following John's death, as well as the generosity of those who attended the funeral and helped raise £1,500 for Strathcarron Hospice.

Ellen Stewart
Iain and Catriona Blades





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#### **Hogmanay Fireworks Display**

We all look forward to Hogmanay, a highlight in those cold, dark winter months when we enjoy festivities, concerts, the Lantern Parade, the dance, the Santa Run.

Having enjoyed Killin's Hogmanay Fireworks with family, friends, neighbours since it began, the display has become bigger, with increased frequency of very loud fireworks lasting 14 to 15 minutes.

Organising events is commendable and appreciated by all, but is our Hogmanay fireworks display no longer quite 'in keeping' with the character of our village, rural setting, natural environment, our USP's?

The Head of the Loch and the SSSI https://sitelink.nature.scot/site/1059#overview

See also info: **Wintering bird species at The Head of the Loch and our SSSI** Ref: Forth Naturalist and Historian Journal, 2023.

Fireworks are set off close to the SSSI. The expanse of Loch Tay, hills, weather conditions can also amplify these extremely loud sounds.

Protecting our Natural Heritage includes litter-picks, but many fireworks contain lead, copper, aluminium, cadmium, titanium, strontium, and perchlorates which are annually released into the environment as fireworks explode and fall as debris - a particular concern in water habitats. Invisible toxins in trace amounts, some mutagenic, some cumulative working up the food chain.

'Loud and high-pitched fireworks have a negative impact on animal health and welfare by causing stress or fear responses across a range of species, including wildlife' Ref. BVA

Nesting and roosting birds, waterfowl, night hunters, experience shock, disorientation, changes in behaviour and metabolic rate, and injury. Panicked birds can fly 15 km, up to 500m, and fewer birds return to rest.

https://www.birdguides.com/articles/ornithology/geese-take-five-hours-to-recover-from-fireworks-terror/

RSPB: 'fireworks close to nesting and roosting birds causes disturbance and urge organisers to avoid launching rockets near to sensitive wildlife areas including roosting sites for wild birds.'

'There is overwhelming research to show long-term impact of the sound of fireworks on wildlife' Ref: Associate Professor Bill Bateman, Curtin School of Molecular and Life Sciences 2023 summary: the long-term impact of the short-term bang of fireworks for wildlife':

"Popular fireworks should be replaced with cleaner drone and laser light shows to avoid the 'highly damaging' impact on wildlife, domestic pets and the broader environment, new research has found."

"Fireworks create short-term noise and light disturbances that cause distress in domestic animals that may be managed before or after a firework event, but the impacts to wildlife can be on a much larger scale,"

"Fireworks also produce significant pulses of highly pollutant materials that also contribute significantly to the chemical pollution of soil, water, and air, which has implications for human as well as animal health."

"The future of firework displays may be in the use of safer and greener alternatives such as drones, eco-friendly fireworks or visible-wavelength lasers for light shows.

"There is growing evidence that these community events can be managed in a sustainable way and it's clear that outdated firework displays need to be replaced by cleaner options that are not harmful to wildlife and the environment."

#### Refs

https://www.researchgate.net/publication/337033058\_Effects\_of\_Fireworks\_on\_Birds\_-A\_critical\_Overview

https://www.forbes.com/sites/grrlscientist/2017/12/30/how-do-fireworks-harm-wild-birds/?sh=79a8fefb118c

https://www.animal-ethics.org/how-fireworks-harm-nonhuman-animals/

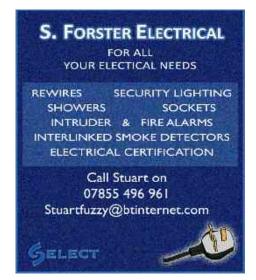
https://www.fireworksdirect.co.uk/images/jorge-galileo-low-noise-firework-p432-1972\_image.jpg

https://benitolink.com/fireworks-can-have-devastating-effects-on-wildlife/

https://www.nature.scot/doc/disturbance-distances-selected-scottish-bird-species-naturescot-quidance#Summary

https://www.bbc.co.uk/news/uk-scotland-tayside-central-37774049

**Rosie Third** 







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e-mail:

editorial@killinnews.co.uk adverts@killinnews.co.uk

Address: Main Street, Killin **FK21 8UW** Office Phone: 01567 820014

#### Killin 10k - Local Success



Runners from the local Lochtayside running club claimed the team prize in the recent Killin 10k race.



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Killin

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#### Your copy of Killin News

Just a reminder that copies of

News are delivered free to most households but anyone outside normal delivery routes who does not receive a copy can pick one up from the Library.

#### Would you like to join the KILLIN NEWS Mailing List or send copies to your friends?

If so please please send your details to us. (See above) Annual cost: UK £25: Outside UK £35 Please make cheques payable to Killin News

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Heartland Vets

Iain Watson joiner

Infinity Blu Dental

Jasmine Beauty Jason Campbell

#### What's On In Killin And District

#### **Regular Activities**

#### Monday

- Adult Badminton, 7-9pm, McLaren Hall
- Junior Badminton, 6pm, Crianlarich Hall
- Bridge, 7.15-9pm, Killin Hotel, contact Marion 829027
- Indoor Bowls, 7.30pm, Lesser Hall (winter months only)

#### **Tuesday**

- Bee Creative, 10am-12pm, Community Rooms
- U3A Art, 2-4pm, currently being held in Lochearnhead Hall
- Beavers, 6-7pm, Lesser Hall (every other Tuesday)
- Tuesday Club, 2-4pm, Community Rooms
- Pilates 5.45pm and 6.45pm, Community Rooms, booking required on 07866 018629
- Aikido 7-9 Adults/Children from 13 years.
- Aikido 6-6.30 aged 5 to 7 6.30 aged 8 to 12.
- Tombreck Market Garden volunteer day. 9.15 -1pm

#### **Wednesday**

- Walk in the Park, 10.20, refer to schedule for locations
- Strength & Balance, 2-3pm, Killin & Ardeoniq Church Hall
- Highland Hustle, 6.30-7.15pm, McLaren Hall
- Youth Club, P6/7 5.45-7.15pm S1-3 7.30-9.00pm [Sign-Ups: alasdair@cyp.org.uk]
- Multi-Sports Session -Wednesdays (Fortnightly), P5-7 5-6pm, S1-3 6-7pm [sign-ups: mckennac@activestirling.org.uk]
- Killin Comm Choir, 7.30pm-9pm, Killin Church

#### **Thursday**

- Running Club, 6pm, Acharn Forest carpark
- Killin Community Hub,12.30-2.30
   Sports Pavilion
- CAB drop-in session 12.30 2.30, Killin Sports Pavilion

# Which bin? Saturdays 5 Oct 12 Oct 19 Oct 26 Oct 2 Nov 9 Nov 16 Nov 23 Nov Red = no bin collection Grey = grey bin + blue bin Brown = brown bin+monthly glass box Green = brown bin + green bin

- Golf Club Junior Coaching Session, 6.30-8 pm. 8-16 years. May to September
- SWI, 7.30pm (1st Thursday of month, Community Rooms)

#### <u>Friday</u>

- Pilates, 9am, 10am and 11am Community Rooms. Booking essential on 07866 018629
- Yoga, 10.15 11.30 McLean Hall, Fearnan.

#### Saturday

 Football in the Park, 12-17 years, 12-2pm

#### **Sunday**

- Football in the Park, 8-11 years, Check for times with Andy.
- Killin Gun Club, 3<sup>rd</sup> Sun of month March-December. Contact Stuart Ogston 07999 510014 Henry Paterson 01567 820354

#### **Church Services**

- Killin & Ardeonaig Parish Church
- 1st Sunday of the month 10:00am Sunday worship including Sunday School
- 2nd Sunday of the month 10:00 Sunday worship including communion
- 3rd Sunday of the month 10:00am Cafe Church including Sunday School
- 4th Sunday of the month 10:00am Sunday worship
- 5th Sunday of the month 10:00am Sunday worship
- Episcopal Church
- See www.strathearn-episcopalchurches.co.uk for details
- Roman Catholic Church
- Sunday Mass in Callander at 11:30am

## **Recycling Centres**

#### Callander

**Booking Reference Required** 

Monday-Friday: 5pm-7.30pm
Saturday: 10am-1.30pm
Sunday: Closed
Aberfeldy
Tuesday and Thurday
9am-6-45pm
Saturday and Sunday
10am-4-45pm

Crieff Broich Road, North Forr All Year Thursday-Monday 9am-

4pm Closed Tues & Wed

#### **Coming Soon!**

#### October

- 3 SWI cheese demo, p17
- 4 SWT Callander, p5
- 16 u3a, p30
- 21 SWT Pitlochry, p25

#### **November**

- 5 KCC meeting, p16
- 6 u3a, p30
- 6 WitP leader training, p34
- 7 SWI intro to perfumery, p17
- 14 SWT Callander, p5
- 18 SWT Pitlochry, p25
- 22 WitP leader training, p34
- 23 Christmas Fair, p5
- 30, Family Ceilidh, p17

#### December

- 5 SWI Christmas evening, p17
- 14 Hogmanay Lantern making workshop

#### **Killin Library**

Books, DVDs, dog waste bags and hearing aid batteries.

**Monday** 10-1pm 2-5pm

Tuesday 10-1pm 3-7pm

Wednesday 2-5pm

Thursday Closed

**Friday** 10-1pm 3-7pm

Saturday Closed

## **Mobile Libraries**

Please see the council websites for any updates. Crianlarich/Tyndrum Fortnightly Fridays

Oct 11th, Oct 25th, 8th Nov, 22th Nov, 7th Dec.

Crianlarich School 10:45-11:30 Glenfalloch Rd 11:40-12:00 Willow Square 12:05-12:25 Tyndrum

Green Welly 13:40-14:10 Mansefield 14:15-14:45

Perth and Kinross Three week stops, Tuesday 8 Oct, 29th Oct, 19th Nov, 3rd Dec

Tombreck 16.10-16.30











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