

December / January 2025

Issue 196



#### Killin News

#### **Editorial Policy Statement**

The Killin News is a free community newspaper produced and distributed every two months by volunteers to households and businesses in Killin and district. The aim of those involved is to produce an informative, accurate and entertaining journal for those who live, work and visit in this area. Letters and articles published in the newspaper do not necessarily reflect the views of the Production Committee and they reserve the right to shorten, edit or not publish any item. Contributions will be attributed to the author. Vested interests will be declared where applicable. Articles should be between 200 and 300 words, photos in high quality and the content should be original work relevant to Killin and environs. All personal emails are acknowledged by a reply. If you do not receive a reply please contact us by phone or drop the article in the office letterbox.



Sylvana Ginella, Jo Goddard, Susan Howard, Paul Howard, Angus Inglis, Angus Kay, Anneke Mayo, Chris Rose, Pam Walsh

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Billy Noble, David Pritchard, Kay Riddell, Moira Robertson,
Lynne McPherson, Vesna Podrzaj, Gordon Webster, Kathleen
McLennan, the family at Rubble Cottage,
and some committee members

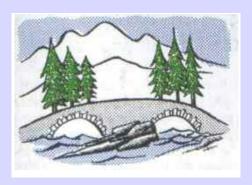
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pdf versions of the paper can be viewed on the Killin News website

Front Cover Aurora Borealis at Loch Tay Photo Ron Alner



#### **DEADLINES**

Issue 197
Advertising 10th Jan
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# Christmas Lights and Hogmanay Fireworks

After many years and lots of hard work, Mike and Ron have decided to hand over the Killin Christmas Lights and Hogmanay Fireworks.

We are sure you will agree they have worked tirelessly on both projects, indeed it was they who got the Christmas Lights off the ground a few years ago.

We all wish Mike and Fiona well in their next chapter; they shall be missed. We are hopeful that we can still have Ron on hand as an advisor and of course look forward to his beautiful calendars! (see below!!)

A small group have got together to organise and fund raise for both projects, so do look out for fundraisers throughout 2025. You may already have heard about the "bonus ball" (details below), anyone interested should email killinfireworks2025@hotmail.com for more information. We would like to thanks all those who have shown an interest so far.

As always, volunteers are always needed so please do drop us an email to the above address if you can help in any way.

Sean, Sara, Louise, Jayne & Carla Killin Christmas Lights and Hogmanay Fireworks Team To add to the new team's letter, I would like to thank Mike Beresford personally for all his hard work over the last few years.

Mike has been the main driving force behind the continuance of the Hogmanay Firework display, the acquisition of funding to purchase and install both the Christmas lights and the lights on the Bridge and much more. It has been a privilege to know and work with him and I will miss him, but I sincerely wish him and Fiona all the best in their new home.

I would also like to thank the new committee for taking on the organising of these events and I'm sure they will add a new vigour to them. In the future, I hope to still be involved in a minor way. Thank you also to Ricky, Ian and Archie for putting up the Christmas lights.

**Ron Allner** 

#### 2025 Killin Calendars



2025 calendars, in A3, A4 and slimline sizes are now available in Bridge End Mill, Escape, MacGregors, and from Ron. All proceeds go to the Christmas Lights and Hogmanay Fireworks

# Christmas Village Post

Killin Primary School are pleased to confirm that they will be running the Christmas 'Village' Post.

Last posting date is Wednesday 18th December (midday). A collection box is now available in the Post Office.

25p per card, or 5 cards for £1









#### **Killin Mountain Rescue Team**

#### **Callout Summary**

After the poor summer it has been a delight to have a dry and pleasant Autumn. This fair weather has meant only a limited number of callouts during this period. We have also been fortunate in not receiving any callouts for walkers being benighted. It may well be that the message of packing a head torch is making a difference. Personally, I have seen more head torch lights on the hill, likely from people enjoying the sunsets.

#### Winter preparation

We did have a brief appearance of winter conditions early in October which hopefully will have encouraged a lot of hillwalkers to 'Think Winter'.

With climate change our winters are

becoming more fickle, but the risks are just as great with often marginal snow conditions luring inexperienced summer walkers into winter conditions. Simple precautions such as stiffer, more grippier winter boots can make a massive difference. More important is the sharing of knowledge and experience through professional courses or joining a recognised walking club.





#### **Training**

It is essential that we train regularly to maintain our skill set

for rescues. We usually have a minimum of at least 3 training sessions a month with some being more specialised skills such as medical and technical training.

A number of members made the most of the Scottish Mountain Rescue Training conference in October at Glenmore

Lodge. This allows a sharing of knowledge and expertise from teams across Scotland, but also to cover a wider range of training including water rescue and search management.

In November, the team hosted the Annual Joint Training with the neighbouring Ochils and Lomond MRT teams. This was based at Glen Ample Estate and provided a superb location to run

search and rescue and a bit of team building. The joint training provides the opportunity to share knowledge and experience and thus aid collaborative deployments

in mountain rescues across Central Scotland. Many thanks to those who organised the event and the Estate for hosting us.

# PLEASE SUPPORT MY WINTER SPINE RACE IN AID OF KILLIN MOUNTAIN RESCUE



In January (2025), I'll be taking on the Montane Winter Spine Challenger North—a gruelling, 160-mile, non-stop race along the Pennine Way in bleak, mid-winter conditions. Completing it will likely take me 3-4 days, fully self-supported, meaning I'll carry everything I need, with any rest taken in a bivvy along the trail—all to raise funds for the Killin Mountain Rescue Team (Killin, Callander and District Search and Rescue Group).



The Killin Mountain Rescue Team is an essential volunteer service, always prepared to respond 24/7, 365 days a year to assist those in trouble across Scotland's rugged landscapes. Even the most prepared walkers and adventurers can unexpectedly find themselves in need of help, and this dedicated team is always ready to assist when the worst happens.

By supporting my race, you're not only cheering me on through this demanding challenge but also helping the team continue their vital work. Every donation, no matter the size, contributes to life-saving equipment, training, and resources, enabling these dedicated volunteers to respond swiftly and effectively when it matters most.





Thank you for your generosity and for supporting both me and the extraordinary work of the Killin Mountain Rescue Team

https://www.justgiving.com/page/johnlovegrove-kmrt

#### Fundraising campaigns and making a difference

As we look back over the year, we have once again had a superb fundraising effort from a number of individuals. Some highlights include Team Member, Connor Ramsay Clapham, raising £2000 from his solo cycle from Lands End to John O'Groats. This money has allowed us to purchase new helmets for all team members.

Another cycle related fundraising campaign was also completed by a person we assisted on Ben More this winter. Donald McInnes suffered life threatening injuries during a tumble on the hill, so we were delighted that he undertook a 50km cycle event in the Summer, so soon after such a major incident. He raised over £1800 which will assist towards the purchase of team issued waterproofs for our newest recruits. Looking ahead to the 13th January 2025, one of our newest Trainee Members, John Lovegrove, will be undertaking the monumentally gruelling Montane Winter Spine Challenge, totalling a non-stop distance of 160 miles along the northern section of the Pennine way. He is an experienced ultra-marathon runner but this will most certainly be his biggest challenge to date. See left for further details of John's upcoming adventure.

Once again, thank you to all members of our community who have continued to support ourselves this year.

Stephen Rawlinson, Secretary Killin Mountain Rescue Team secretary@killinmountainrescue.scot

#### Take a fresh look at Dùn Coillich!

If you haven't been up to Dùn Coillich for a while – and maybe you've never had chance to visit – now's the time to take a look around!

Thanks to a brand new website you can now see the transformation of the hillside outside Aberfeldy at the touch of a button www.duncoillich.org, and explore the walking, training and volunteering opportunities on offer.

Dùn Coillich – managed by the Highland Perthshire Community Land Trust – is home to a community-owned landscape regeneration and rural skills training project, and has become one of the jewels in the crown of Highland Perthshire.

Once a deer farm on the eastern shoulder of Schiehallion, the site by Glengoulandie has welcomed hundreds of volunteers, visitors and trainees since a community buy-out in 2002 – the first of its kind in the region.

Years of tree planting, habitat creation, path maintenance and natural regeneration – combined with a dedicated education and volunteering programme – has transformed the site into a haven for wildlife and visitors alike.

Our new website makes it even easier to get directions, access information about the many species which now call Dùn Coillich home, find out about walks and talks, and sign up for training courses and volunteering opportunities.

"Anyone who has had any involvement in Dùn Coillich and the Highland Perthshire Communities Land Trust over the years can be rightly proud of what we've achieved together," says Heather Hamilton, Project Officer. "This new website gives us a chance to share our history and look forward to our future – the before and after pictures in the timeline show just what's possible!"

Tempted to find out more? Visit https://www.duncoillich.org/explore/

#### **MacGregor's News**



We now sell take away filter coffee! Pop in and try one of our delicious light roasts.

We're working with local roasters to offer the tastiest coffee we can. This month's guest roaster is Unorthodox and they popped over from Kinross last week to show us how to make their coffee the best it can be. We're using V60 pour over and aeropress, and we're also offering fantastic tea and hot chocolate.

We've run the numbers and 12 hot drinks a day is all we need to sell, to protect the post office for the future. Your village needs you... to buy a coffee!



# Gourlay

Events

We are a family run business offering a fantastic range of services for weddings and events throughout Central Scotland. The business has gained a great reputation for quality produce and sourcing all ingredients from local farms and surrounding areas.

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Gourlay Events 07715489205 Gourlay.co@best-beef.co.uk

#### **Killin Hogmanay Lantern Making Workshop**

Our community lantern making workshop will take place on Saturday 14th December 2024 in the McLaren Hall.

This well-loved event will be from 10am-4pm (it takes 2-3 hours to construct a lantern).



Lanterns are made using willow (withies) and tissue, then decorated. Easy to follow worksheet and help provided. You can design your own lantern too!!

This activity involves glue for the tissue so it can get messy!!



Once decorated the lanterns are stored until Tuesday 31st December 2024 when we go through Killin on our "Lantern Walk" at 7pm. This event is made possible by kind donations from: 815 - Killin Masonic, Killin Fire Crew, Iona and Pete Waugh of Tayfitness. Buffet lunch provided for this FREE community event. please book places by texting Alma on 07777-605-248





#### Davidsons Chemists - Here to help this festive season!

Your local pharmacy, Davidsons Chemists, is committed to caring for you and our community

#### CHRISTMAS SHOPPING

Shop local this Christmas! Pop in to see our selection of gifts including toiletries, perfume, aftershave and stocking fillers. We also stock a range of Rimmell make up perfect if you need a co-ordinating nail polish or lippy.

#### EAR AND HEARING HEALTH

Davidsons are now providing the following service's; Ear examinations, ear wax removal and hearing tests. Are you having trouble hearing others, annoying ache in your ears, riniging in yours ears or itchy sore ears? It could just be wax, which we can easily remove in store by microsuction. Speak to a member of staff to get further information, prices or to book an appointment.

#### STOP SMOKING SERVICE

Is your new years resolution to stop smoking? We provide a free 12 week NHS stop smoking service. It's much easier to stop smoking when you get the right support and with professional help, you're 3 times as likely to quit for good.

Davidsons Chemists, Myrtle Grove, Main Street, Killin Tel: 01567 829006 killin@wdavidson.co.uk



#### FESTIVE OPENING HOURS

Mon 23rd 9-5.30 Tues 24th 9-5.30

Fri 27<sup>th</sup> 9-5.30

Sat 28<sup>th</sup> 9-12.30 Mon 30<sup>th</sup> 9-5.30

Tues 31st 9-5.30

Fri 3<sup>rd</sup> 9-5.30

Remember we can only provide a limited service between 12.30-1.30pm due to staff lunches

# Scottish Wildlife Trust

# SWT Pitlochry Backing badgers...

Although seldom seen by us due to its nocturnal habit, the badger is Scotland's fourth largest native mammal after red deer, roe deer and beaver.

Living primarily on a diet of earthworms, they are incredibly social animals, living in distinct groups of up to six adults in specific territories occupying a number of setts. Even though dedicated legislation

protects badgers and their setts, they still face multiple threats, ranging from road accidents to persecution, sett damage to habitat loss. Scottish Badgers, a charity dedicated to the study, conservation and protection of badgers in Scotland, aims to encourage tolerance and appreciation of badgers by offering practical information, advice and guidance to all.

You can get an insight into their work - and the threats faced by Scottish badgers - by coming along to the next talk hosted by the Pitlochry and Highland Perthshire branch of the Scottish Wildlife Trust on Monday 16th December.

Our speaker will be Joe Connelly,

formally
Strathclyde
Police Wildlife
Crime
Coordinator
and a
countryside
ranger. Joe is
now the
Species
Protection and
Information
Officer for
Scottish
Badgers,

working closely with Police Scotland to investigate crimes against badgers, as well as offering advice to anyone who needs it. It's set to be an interesting discussion.

Date: Monday 16th December 2024

Time: 7.30pm - 8.30pm

Place: The Tryst, Church of Scotland, Church Road, Pitlochry, PH16 5EB.

Suggested donation: £3 for nonmembers, £2 for members (you can donate in person on the day).

Save the date for January's talk which will be on bats! Monday 20th January, same time, same place.

#### Contact

markandrosie@btinternet.com for more information. Sign up to hear about events and find out more about activities on the numerous reserves in our area and beyond. https://scottishwildlifetrust.org.uk/si gn-up-to-our-mailing-list/

#### SWT Callander Future Events

12 December 7.30pm **'Where** are our Swifts, Swallows and Martins?' by Steve Willis, BTO

16 January 7.30pm 'Fantastic Beasties and where to find them' by Paul Fraser.

Both in St Andrew's Church Hall, Leny Road, FK17 8AL. Suggested donation £3 includes tea/coffee and biscuits





# R & C LUKE

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#### **Local Planning Applications**

#### **National Park**

02 Sep 2024

Proposal: formation of 285m of shared use active travel path for National Cycle Route 7 and the Rob Roy Way and

formation of new carpark Location: Glenoglehead Picnic Area

Lochearnhead

Applicant: The Forestry Partnership 2008

Application Type: Detailed Planning

Permission Decision: Current

18 Oct 2024

Proposal: Change of use from class 9 (houses) to class 7 (hotels and hostels) Location: Carna Cottage Crianlarich Applicant: Ms Rebecca Turner Application Type: Detailed Planning

Permission Decision: Current

19 Sep 2024

Proposal: Amendments to planning permission (2023/0361/DET) for erection

of dwellinghouse Location: Land Adjacent To Masonic Lodge Main Street Killin

Applicant: Miss S Hewitt

Application Type: Detailed Planning

Permission Decision: Current

21 Oct 2024

Proposal: Installation of replacement

door

Location: Barnacarie Main Street Killin

Applicant: Mr I Walker

Application Type: Householder Planning

Permission

Decision: Current

22 Oct 2024

Proposal: External refurbishment of 13, 14, & 15 Monemore Killin, Including reroofing, rerendering, replacement of other external finishes and including renewal of fascias, bargeboards and rainwater goods. The refurbishment also includes installation of solar panels and battery storage.

Location: 3, 14 And 15 Monemore Killin Applicant: Stirling Council Application Type: Detailed Planning

Permission Decision: Current

23 Oct 2024

Proposal: Installation of replacement

windows

Location: Barnacarie Main Street Killin

Applicant: Mr I Walker

Application Type: Prior Notification

Decision: Current

25 Oct 2024

Proposal: Erection of dwellinghouse Location: Land To West Of Ardchyle

House Killin

Applicant: Mr Billy McIntyre Application Type: Detailed Planning

Permission Decision: Current

30 Oct 2024

Proposal: Works for the restoration of

peatland

Location: Auchessan Estate North Of

Lochdochart House Applicant: Tasha Caven

Application Type: Prior Notification Decision: Prior approval not required 31 Oct 2024

Proposal: Renewal of planning permission (2014/0192/DET) for the change of use of car parking for siting of hot food snack bar

Location: McLaren Hall Car Park Main

Street Killin

Applicant: Mr Jeremy Hannah Application Type: Detailed Planning

Permission Decision: Current

01 Nov 2024

Proposal: External alterations including to window and door openings, replacement windows, removal of chimney, new roof ventilation; roof repairs; replacement of wall render and painted margins; and installation of solar PV panels to roof

Location: Killin Parish Church Main Street

Killin

Applicant: Mr Phil Simpson

Application Type: Listed Building Consent

Decision: Approve

**Perth & Kinross Council** 

11 Sep 2024

Proposal: Change of use of land to form extension to existing holiday park comprising siting of holiday/staff accommodation units, covered event space, classroom, landscaping and associated operational development Location: Lochtay Highland Lodges Killin Applicant: Largo Leisure Holidays

Application Type: Proposal of Application

Notice

Decision: PAN notice sufficient

**Stirling Council** 

Nothing to Report





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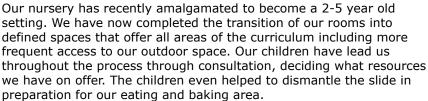


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# Killin Nursery





The children have been enjoying walks in the community to learn about the changing seasons. We have been exploring and collecting leaves, conkers and other natural resources to bring back to the nursery and use in the art area to make pictures.







The children at Killin Nursery are looking forward to hosting a Christmas market on Friday the 6<sup>th</sup> December in Killin Primary School hall from 1pm till 3pm. We are busy making crafts and will be practicing Christmas songs to sing for those who will visit us.



Finally, Killin nursery would like to say a big congratulations to our Acting Principal Pauline Harley in graduating from her PDA 9 in Childhood Practice. Well done Pauline this is a fantastic achievement.

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#### **War Memorial**

Class 2 went to the war memorial on the 11<sup>th</sup> of November where we were involved in the 2 minutes silence with other members of the community. A few of the children in Class 2 read poems they wrote, followed by Mr Waugh reading a short poem. The whole-school made clay poppies which we will put at the memorial.



# Crianlarich Primary School

#### **Story Teller**

Amanda Ediston came in and made nettle tea with Class 2. She also told us stories about the history of nettles and other plants. Amanda gave us some nettle tea bags and paper to take home. Class 1 made potions and listened to magical stories. It was a great day, enjoyed by all.





#### **Nativity**

Our nativity this year is called "The Fleece Force". We will be performing it on the 17<sup>th</sup> of December at 2pm in the Crianlarich Village Hall.

We would love for everyone to come and join us on our adventure through Bethlehem Town.



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# Killin Youth Project

Killin Youth Project have had a busy start to the year with lots of fun activities for young people to take part in. Making the most of the last of the lighter nights we took the opportunity to get out and about with some walks, hide and seek, dodgeball and made the most of the time we had outside.



With the winter drawing in and the best time of the year approaching we jumped straight into our festive activities, kicked off by the Halloween Costume Making Day. Falling this year just before Halloween, young people had the opportunity to make

With the MUGA pitch at the pavilion having had a new lease of life and the floodlights now in spectacular working order, our seniors have been making the most of it and the group are now able to be outside playing sports games or inside if they choose.

Our avid footballers have made the

most of this whilst the rest of us have set about preparing some Christmas crafts and getting prepared for the Christmas Fayre.

This year Youth
Group will be
providing
refreshments at
the Christmas
Fayre and will
have some of their
Christmas

decorations to sell. All proceeds will go to the annual Senior Citizens Burns Supper which will be hosted for a second year by Killin Youth Project, Killin Parent Partnership and Killin Primary School.

It was a fantastic event for the kids to be part of and they did an



some fantastic costumes to wear for Halloween, enjoyed some Halloween crafting and had lunch with friends. I hope everyone enjoyed showcasing their creations on the night and thank you to everyone who donated items we could use to remake and remodel.

After the October break youth group

sessions started back with pumpkin carving! And wow what an excellent horde of scary pumpkins we had! Well done everyone. Special thanks to the Co-op for our pumpkins. We also celebrated Day of the Dead with our junior group.





amazing job and this year its going to be bigger and better than ever. Look out for information coming in the new year.



If you would like to find out more about the project, or volunteering with us please contact:

carla@killincdt.co.uk Carla Finlay Project Manager Youth and Sport (KAT)



#### Strathfillan



#### Strathfillan Community Garden

In the last edition of the Killin News, the Trust were delighted to announce the success of our application for funding from the Green Action Trust to deliver several improvements to our Community Garden. We have since been busy implementing the project, with 4 out of the 7 outcomes on their way to being delivered. At the beginning of November, Sheona visited Crianlarich Primary School to issue each child with Bug Identification and Hunting Kits. These kits were purchased as part of the Growing Food Together Fund and were received with lots of enthusiasm. A big thank you to Ms Findlay and the staff at Crianlarich Primary for all their support, and for letting us work with the children on this project.



Our first delivery of the new raised beds has been received. We will soon be organising a community volunteer day to build and fill them, so keep your eyes open for posters and Facebook posts for the details. If you would like to take a bed, please get in touch with

sheona@strathfillancdt.org.uk to get your name on the list. The Trust would again like to say a big thank



you to the Green Action Trust for giving us the opportunity to further develop this brilliant community asset!





#### Strathfillan Community Rangers

We would again like to say a massive thank you to our Community Ranger Gavin for all his hard work, care and determination towards preserving our community and its beautiful natural environment! Gavin has now finished for the season and has had a well-deserved holiday. As mentioned last time, we currently do not have further funding in place to continue our Community Ranger programme. We are working very hard to remedy this situation. We would like to share some of the figures Gavin had recorded over the season from his Ranger Report. These numbers were recorded between April and October and are mostly for the area around Loch Iubhair, giving you an idea of just how impactful visitation to popular spots can be:

Spoken with 143 groups of campers, 591 people in total.

Dismantled 76 firepits.

Issued 31 fishing permits. Issued 21 firepits through our scheme to campers who brought their own wood.

Collected 63 bags of litter.

We know that most visitors enjoy our community and its beautiful natural environment with respect and care. However the numbers do illustrate just how important our Community Ranger service is to the environment of the Strath. Without monitoring and repairing the damage which

#### Strathfillan Communi

some visitation brings, these popular spots would very quickly lose their 'beauty'! We would be grateful if you could continue to let us know about any environmental issues you find around the Strath over the winter months. Please report anything to our woodland officer euan@strathfillancdt.org.uk or send a message to our Keep Strathfillan



#### Strathfillan Heritage

Tidy WhatsApp.

In October, the Trust (Dawn and Theresa) visited the Glenfinnan Station Museum to check out a scale model of the Crianlarich Railway Station and village. The model has been kept there for a number of vears and is unfortunately not on public display due to its size.



The Glenfinnan Station Museum would be delighted to donate this model to the Strathfillan community,





#### by the Way

#### ty Development Trust

if we could find somewhere appropriate to display it. We hope someday that this could be the centrepiece of a new community heritage display. A big thank you to the Glenfinnan Station Museum for arranging our visit!



#### **Strathfillan Angling Association**

Our 2024 fishing season on the Fillan has now come to an end. SCDT and SAA would like to thank all who bought a permit over the season, and we look forward to welcoming you all back next year! We are working on collecting catch records for the season and we will publish these on the SAA Facebook page. Check there regularly for updates on permits and access for next season. If you have any fishing related questions, please contact sheona@strathfillancdt.org.uk

#### **Bowls Club**

We now have a regular session of carpet bowls on Tuesday nights at the village hall from 7.30pm. It's £4 to join in for the evening and everyone is welcome! If you would like further details, please email dawn@strathfillancdt.org.uk, or just come along and have a try.

#### AGM

Our AGM was hosted on the 26th of November at The Tyndrum Inn. We had a lovely evening, with drinks and refreshments being kindly provided by the Tyndrum Inn. Our Chair, Dawn Skelton, provided an update on the activities and finances of the Trust over the past year, and detailed what is in store over the next year. We were also delighted to be joined by Sharon Cawston (Wild Strathfillan Project) and Tim Starck (Glen Falloch Estate), who talked us through some of the many nature restoration projects currently underway around the community. We had a screening of the trailer for the film 'Why Not Scotland', which further explored the

themes Sharon and Tim discussed throughout the evening. The film is a SCOTLAND: The Big Picture production and is available in full on YouTube.

We would like to say a huge thank you to Jennifer and Andrew Reilly for hosting the AGM and to all the staff at the Tyndrum Inn who helped prepare and serve the refreshments. Furthermore, thank you to all members of the community who attended on the evening. If you could not attend and would like to read a report of the evening, please contact office@strathfillancdt.org.uk

#### Membership

We are always on the lookout for new members to join the Trust, at any time of the year. There are two levels of membership, Ordinary and Associate, which allows anyone to become a member no matter where you live. It is free to join, and further information can be found on our website www.strathfillancdt.org.uk or by contacting us via email at office@strathfillancdt.org.uk

#### **Health and Wellbeing**

SCDT have worked with Trust in the Park and Paths for All to train up some volunteer strength and balance leaders to run sessions at the Crianlarich Hall. Classes are on a Thursday from 2-3pm until the 12<sup>th</sup> of December and will restart in January next year. Our sessions are FREE (although donations no matter how small kindly accepted) with no need to book! To find out more, or get in touch, please contact fiona@trustinthepark.org

As we approach winter, balance becomes more important. To improve balance, we need the brain to practice feeling wobbly, so it knows what it needs to do when you lose balance. This month's exercise is a heel-toe walk (we hope you won't be asked to practice this by a policeman!). Don't worry if you must hold on (lightly) but try to concentrate and practice until you can do this slowly without holding on (but near a support if you need it). If you have had a fall, then this website is a great place to find out more about how you can reduce your risk of another fall in the future https://www.fallsassistant.org.uk/

## Heel-Toe Walk

To improve, you need to feel a bit wobbly so that the brain works hard to get all the stabilising muscles and movements in place to keep you upright and it learns by constant practice. Walking slowly heel to toe reduces the base of support and you may need to walk near a solid support, such as along your hallway or kitchen counter, or put your hands out wider to help you stay steady while you do this, but it will help improve balance over time. Stand Tall

Put one foot in front of the other so that the toes of one foot are directly behind the heel of the other Shift the weight forward and bring the foot that's behind around to the front.

Keep it slow, keep the head up and looking forward and feel the weight shift.

Build to 10 steps forward in a straight line.



Take the feet back to hip width apart before turning around and slowly repeat the steps in the other direction.

Let us know how you get on – give us some feedback on the SCDT Facebook page –

https://www.facebook.com/groups/2 495715407394997

#### Killin Prim



#### Message from the Killin Parent Partnership

The KPP have had a busy autumn so far. The October pumpkin patch was held for Halloween kindly judged by Ruth and Janet from the Reuse shop!

For the first time, the KPP hosted hot drinks and wonderful home baking to weary runners at the end of the Glen Ogle 33 ultra-marathon on the  $2^{nd}$  November. It was lovely to have some of the local children and young people help parents serve and we raised nearly £300. The primary school children had also contributed a huge amount of delicious baking kindly helped by Ms Macaskill.

In mid-November the KPP also hosted the book fair and will be supporting at the nativity play Fleece Force in December. Finally, the KPP have just agreed to fund the first two levels of the reading books needed for class 1, to help with their *Read Write Phonic* scheme – we hope the children will really enjoy using these!

We are really pleased to have expanded the KPP recently, but we are still in need of new members so please come and chat with us anytime to find out more. More members mean we can do more events and raise more funds for our school!

**Chairpersons: Fiona Syme & Kimberley Crooks** 







I am reading 'The Boy Who Met a Whale' by Nizrana Farook. It's about a fisherboy and his sister who meets a shipwrecked person. I've liked this book because it is a great adventure story and the characters are great. I'd give it 6/10. **Blair, P4** 

I am reading 'Charlie and the Great Glass Elevator' by Roald Dahl. It's the follow on from 'Charlie and the Chocolate Factory'. It tells the adventures of Charlie, his Grampa Joe and Willy Wonka. I liked this book because it is more of a fantasy book. It has lots of made up words and unusual characters. I'd give it 10/10. **Thomas, P6** 

Class 1 enjoyed reading '101 Bums' by Sam Harper. It was all about different animal bottoms and it was very funny. Class 1 will give this 10/10. **Cole, P2** 



Class Two enjoyed their trip to the Glasgow Science Centre as part of their new Term 2 Solar System topic. They got to visit the planetarium, which is an interactive dome, where we blasted off into space and saw all the planets and visited the Moon.





Class One had a great visit to The Crannog Centre. We made autumn wreaths, flatbreads and jam and real mint tea. We enjoyed our day out.

## ary School



Primary One and Two made shields and helmets for our Romans topic.



Thank you to all the parents and friends who came to share Class 3's learning about the Titanic.





The whole school visited the Old Mill as part of our 65<sup>th</sup> year (Session 2024-2025) celebrations. The children listened to stories that have been collected from pupils who attended our school in 1960. We will be working with the Heritage Group, Amanda the storyteller and the Mill to discover more about life for children in the 60s.



Thank you to Iain, Chris and Anthony, who visited the school to remind pupils about bonfire and firework safety.



P5 Athletics





Our final 2 sessions of water sports were a great success. The P4/5s experienced kayaking and the P6/7s got to try paddle boarding!

Huge thanks to Chris, Tom, Stephen and all the Firbush staff for continuing to donate their time and expertise in support of the school.

## Killin Drama Club - Panto Plans and Progress

Since early September the members of Killin Drama Club have been busy rehearsing for the next Panto production, The Pied Piper, by Alan Frayn. The show is a little later this time with performances on 23<sup>rd</sup>, 24<sup>th</sup> and 25<sup>th</sup> January.

It's a fabulous script with tonguetwisters, running-gags, subtle innuendo and some very funny scenes which will appeal to all ages. Panto Tickets can be purchased from the bespoke ticket email address at kdcpiedpiper25@gmail.com

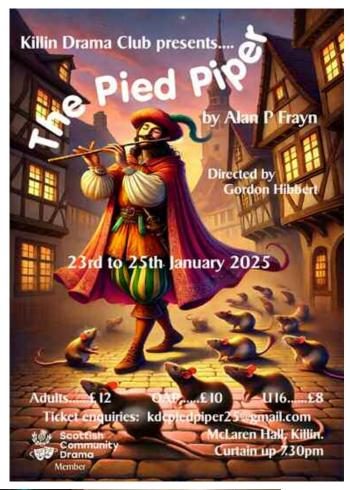
All seating is allocated at the time of purchase and **no booking fees** are involved. We ask all audience members to be seated by 7.15pm please.

Faced with ever increasing costs, the club recently invited patrons to become "Friends of Killin Drama Club", with priority booking privileges and the scheme was well supported and raised vital funds. Priority booking will have ended in late November, but donations to the club can still be made by contacting

killindramaclub@gmail.com as we have ambitious plans for springtime festival plays and rehearsals are very costly!

At last year's Panto we had sell-out

performances and we hope (and need) this show to be a record-breaker -Don't Delay -Book Today





Our Junior cast being taught one of their dance routines



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Well, the nights are fair drawing in these days, and we see the twinkling of seasonal lights along Main Street, accompanied by the warming aroma of fruit cakes and mince pies baking – it must be time to draw the curtains, hunker down, and settle in for some good telly!

#### Fassiefern

With lights and heat in mind, it's been a momentous occasion for us at Fassiefern. Scottish Power have not long left after installing that very important meter - hooray! Our journey with the electricity is nearly over. On Tuesday 12th November the electrician who's been involved with the refurbishment came over to connect us up, at last we can see! There are a few snagging issues that we need to deal with before all the moves can be started, but we're on our way and can't wait to invite you all in. Other news - the shop unit is ready to be leased now.

So, all you budding entrepreneurs, now's the time to brush off your business plans, refresh all those amazing, innovative ideas and come to see us. We can't wait to show you around and for you to bring your dreams of running your own shop to life. The rent is £500 per calendar month. You know you can do it; contact theresa@killincdt.co.uk or call her on 07789265823.

#### RecyKillin

And it's the season for good will and good news (it just keeps coming doesn't it) ... we have a new Project Manager for the RecyKillin.
RecyKillin incorporates the Reuse Shop, Tool Library and the Community Fridge. Rachel Horner is our successful candidate, and we

Andy Drynan
07784 726 609
Killin, Perthshire

can't wait to welcome her to KAT. Her first task will be to move the Reuse Shop into Fassiefern and get this up and running. As usual the Reuse Shop will be closed in January 2025 as it's our quiet month, so it makes sense to use this time to move the shop into Fassiefern. We will be taking in donations in your brand new, shiny shop from the beginning of January, keep an eye on Facebook to see what days we are able to do this.

#### **Killin Youth Project**

They have, as usual, had an exciting start to the academic year, and have loads and piles of fun activities planned in the coming months. Pop over to Carla's article to read more and look out for them all when you go to the Christmas Fayre.

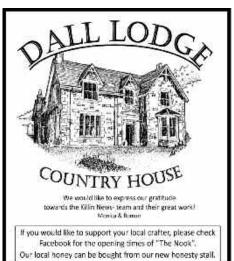
#### The Old Mill

Speaking of which, the Old Mill's Christmas Market is now underway. We have new makers, plus all our regulars' special Christmas stock from which you can choose unique gifts, pressies and stocking fillers for friends and family; or just find that something special for yourself that you simply MUST have.

We're open Wednesday - Sunday 10.30-4.30 and Thursday evening until 7.30 all the way until 19th December.

We're also celebrating the Healing Stones this Christmas, with a display upstairs. There are 20-minute slots which you can book, free of charge, to have your own personal, private moment with the stones. Ask in the shop or email kerrie@killincdt.co.uk to book.

The Annual Rebedding of the Stones will be on Christmas Eve at midday, as always free of charge, all



welcome, please come along, it's a very special occasion.

Over winter we will be working on developing the community heritage side of things further and will reopen our doors for the summer market 21st March 2025.

#### **Further Info**

As always, when you want to find out about each of the KAT projects and everyone who contributes tirelessly to support our community, take a peek at our website

#### www.killincdt.co.uk

Remember, each of these projects is initiated by your ideas detailed in your Community Place Plan.

And if you feel **you** can support your community by volunteering or joining us; please don't hesitate to get in touch with theresa@killincdt.co.uk

So, it just remains for me to offer you seasonal wishes and thank you for everything you've done to make Killin such a magical place to live. Don't forget to wrap up warm. We'll see you in the New Year!

**Bridget Saddler** 



# KIDVCS

# Killin and District Volunteer Car Scheme

We are excited to have the signage on the KDVCS Wheelchair Accessible Vehicle, and it has already attracted enquiries, including a request for a journey to the hospital.

Remember, our car scheme is not just for hospital trips; it also includes a wide range of services that promote and enhance wellbeing. If you are uncertain if your journey meets our criteria, don't hesitate to call us—we are here to assist you!

We were approached by a reporter from the Courier who is interested in writing an article about the car scheme. We are planning to organise a gathering for drivers and passengers who would like to share their experiences with her. We hope to hold this event at the beginning of December.

We had to say Goodbye to a couple of our volunteers recently. They have both left the village and gone to pastures new; they will be missed very much. This means that we are looking for new volunteers to join us to take on the following roles.

**Drivers**: Drivers are paid 45p a mile, which is the amount they can claim without affecting their tax. This covers wear and tear and the cost of fuel. Drivers use their cars and they are checked under the PVG disclosure scheme. The distance they drive is entirely up to them. Some individuals prefer to make local journeys, while others enjoy travelling long distances.

**Trustees**: Trustees are members of KDVCS, elected at our AGM. They meet every two months and are responsible for the organisation's operations and finances. If you feel that you would be interested in joining us, please

contact Don on 01567 820690

**Don Fraser** 

# **Community Meals at Killin Church**

Community meals at Killin Church starts Sunday 27th October and then on the last Sunday of the month (Oct until Easter). 12-2pm.

Free meal and activities for children. All welcome.

Volunteers also welcome.

Contact Vicky Burns vickyburns83@gmail.com







# Remembrance Sunday 2024









The Remembrance Service ceremony was held on Sunday 17 November. The service was conducted by Biker Chaplain Bryn Rees of the Royal British Legion Riders Branch.

Children from Killin Primary School took part in the service. The committee is very grateful for the £200 donation they received from the Killin Fire Service.





# Killin Firefighters Fundraising

We would like to thank the local communities and tourists alike, for their continued support of our charity fundraising. This year we have attended the Lochearnhead Highland Games, the Killin Highland Games, the Killin show, a car wash, and Movember raising over an amazing £3000.

£1140 from the car wash has been donated to the fire fighter's charity and as a crew we like to give back to our local communities, as without them none of this would be possible.

We have donated £200 each to the following groups :-

- Killin Youth Group who also run the Senior Citizens Burns supper
- The Killin Hogmanay Lanterns
- The war memorial committee to assist with the new memorial bench
- The Lochearnhead Lunch Club
- The McLaren Hall committee to put towards Christmas decorations.

We would all like to wish you all a Merry Christmas and a safe & happy New Year.

Thanks

#### Killin's Firefighters







**Youth Group** 

**Hogmanay Lanterns** 

**War Memorial Committee** 



Lochearnhead Lunch Club



**McLaren Hall Committee** 



Killin Firefighters

# Celebrations



Angela and Gregor are excited to share the arrival of their daughter, **Tyree Peggy MacKenzie**, born on 21st October 2024.

Welcome to the world little one!



The Community Hub is open on Thursdays between 12.30-2.30pm in the Killin Pavilion, Main street, Killin, FK21 8TN.

Gail and her volunteers have a light lunch and a warm welcome for all every Thursday, an opportunity to catch up with friends old and new.

Citizen Advice advisors will also be on hand for any issues with housing, benefits, energy costs etc.

Pop in anytime between 12.30 and 2.30pm.

For more information contact Gail on 07951 013470 #workingtogether #cuppaandchat





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SJP Approved 04/09/2024

#### Killin Golf Club - 2024 Prize Winners

#### Mixed

Dr Stevenson Lochay Trophy - Daniel Knecht & Julia Badza

- Peter Nettleton & Julia Badza

Competition Winners representing Killin Golf Club at further rounds

Ladies Coronation Foursomes R&A 9 Hole Competition Ladies Daily Mail Foursomes Gents Daily Mail Foursomes

- Kay Dowling & Susan McRobbie
- Douglas McRobbie & Kenny Aitken
- Sheila Aitken & Susan McRobbie
- Daniel Knecht & Gary Roberts Snr

Scottish Medal Finalists can go on to play in the Final

- Roy Smith, Jim Ronald, Paul Melia, Silvia Knecht, Kay Dowling, Lizzie Stevens

#### **Senior Gents**

Ivor Noble Quaich Senior Trophy Willie Allan Trophy

Alastair Robertson Eclectic

B.L StockRoy SmithB.L.Stock

- Allan McHenery 60

#### Ladies

Flag Competition May Wilson Trophy McKay Cup Captains Prize

Birdie Tree Par Tree

Eclectic (Scratch)
Eclectic (Handicap)
Chrissie France

Ladies Medal handicap 0-20 Ladies Medal handicap 21+

Senior Ladies Medal Ladies Champion - Kay Dowling

- Silvia Knecht & Jo Miller

- Sheila Aitken

- Silvia Knecht

- Kay Dowling 2

- Susan McRobbie 13

- Kay Dowling 70

- Susan McRobbie 44

- Silvia Knecht

- Kav Dowling

- Silvia Knecht

- Jo Miller

- Kay Dowling

#### Gents

Monthly Medal Winners

April - Jim Atkinson
May - Peter Nettleton
June - Jim Atkinson
July - Jim Ronald
August - Gary Roberts (Jnr)

Sept - Daniel Knecht

Captains Putter - Tam Dewar

Jack McLean (2 ball) - R.D. Lewis & Peter | Arrochar Trophy - R.D. Lewis

Arrochar Trophy
Flag Competition
Jack Noble Stableford
Fred France
Medal Play Off
Gents Outing Trophy
Dr Wilson
Club Champion
- R.D. Lewis
- R.D. Le

kinson
Nettleton
kinson
onald
Roberts (Jnr)
Knecht
- Tam Dewar
- R.D. Lewis & Peter Nettleton
- R.D. Lewis
- Jim Ronald
- R.D. Lewis
- Tam Dewar















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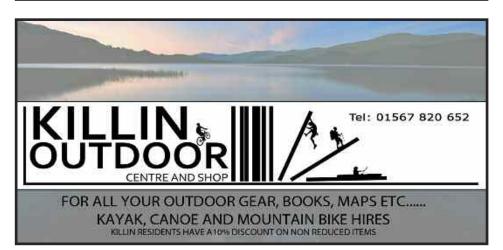


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All homes in Scotland are required to meet the new legislation by February 2022.

Scottish legislation has changed. Introduced in February 2019, the change applies to all households in Scotland and must be met by February 2022. The new Scottish legislation states that an interlinked Fire and Smoke alarm system must be fitted in a property and that there should be adequate Carbon Monoxide protection.

We are certified AICO Expert Installers and can provide FREE advice and quotations to get your property up to the new required standard. Should you require further information or would like to find out more, please get in touch.

CALL 07766202418



# **Killin Medical Practice**

Soon we will be changing our appointment and patient records database. The current system is no longer supported in Scotland.

The Health Board will supplying a new system to most Scottish practices during 2025/26. If all goes to plan, our system will be changing in the early part of 2025. We will try to make this as smooth as possible and will keep you updated on the progress.

A reminder that we are open from 8am Monday to Friday, especially for on the day urgent attention. It is best to phone before 10am so that we can then plan the day.

We have GP appointments every other Wednesday from 7.30 and nurse appointments until 18.20. These are for pre-bookable appointments only.

If you have had surgery or attended A&E and if you need stitches removed / post-operative wound care you can

call the District nurses and be seen in the treatment room at Killin Nurse's station. Their contact number is 01877 330150.

For all immunisation queries including travel vaccines you can call 0800 1303120 or visit the NHS Forth Valley Website at

www.nhsforthvalley.com/health-services/az-of-services/immunisation

Don't forget to order enough medication to keep you going over the holiday period.

Have a lovely Christmas and a Happy and Healthy 2025. We will be closed on 25th & 26th December 2024 and 1st &  $2^{nd}$  January 2025

Best wishes all the team at Killin Medical Practice.

# **Early Hospital Appointments**

If you are given an early nonsurgical appointment at Larbert and you live in postcodes FK18 to FK21:-

You should ring your given number as soon as possible to reschedule a more suitable time. This should be given with no risk to being 'put back in the queue'.

This is information from Larbert C.E.O.

Any problems please let PPG know about this. This also applies to hospital car users.



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- · Cuts and grazes
- Insect bites and stings
- Infected wounds
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#### More Information

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www.nhsforthvalley.com/miu





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# **Breadalbane Heritage Society**

The Breadalbane Heritage Society has made a flying start in its 2024-2025 season with popular monthly meetings and illustrated talks, and membership now stands at well over 100.

There will be no meeting in December, but next year we look forward to our monthly talks on such varied subjects as historic buildings managed by HES, rock art both in Britain and on the Continent, and springtime in Cluny Gardens. Please note that the talks in January and February will be by Zoom only.

To sign up for these, or any further information on the talks or future programme, please contact Ian Stewart at ian.stewart.bhs@gmail.com

The BHS's website https://breadalbane-heritage.org.uk/ features a video of local scenes of interest, and provides up-to-date information about talks and activities, events and publications.



Ongoing Society projects include the maintenance of the Killiehassie private burial ground in Strathtay, and the recent publication, in association with the Aberfeldy Museum Group, of an illustrated leaflet, *The Aberfeldy and Weem Heritage Trail*, with a trail map and information on the many places of interest in the area.

QR codes with information at each of these sites are currently being installed. The BHS also provides a free service of assistance with family history research. Recordings of all the recent talks are available on the website.

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#### Fiona Boath (Mitchell) Elected RSHA Chairperson September 2024

Rural Stirling Housing Association (RSHA) is proud to announce the appointment of our new Chairperson Fiona Boath, a long-standing resident of Killin and member of the local community.

Rural Stirling Housing Association first came into Fiona's life in 2004, when she was allocated a flat in the newly built development at Fingal Road, Killin: a village where she has lived all her life.

After attending a couple of the Association's AGMs, she decided to apply to become a Board Member. She felt the Association should be aware of just how important it was to have affordable homes in the rural areas, where young people have the opportunity to stay, live and work in the place they grew up – should they desire to do so.

In November 2006, Fiona was coopted onto the Board. At the time
she was the youngest person sitting
round the table, and a voice for the
tenants. (Although she admits she
took a while to find that voice.)
Fiona remained an RSHA tenant until
2009, when due to family
circumstances she moved to a Local
Authority house. Fiona decided that
even though she was no longer a
tenant of RSHA, she could still use
her tenant experience to be an
independent tenant voice on the
Board.

In late 2010, Fiona completed an SQA Governance of Scottish Housing Association Certificate; CIH Level 2 Housing Practice (3) Modules during 2019; and completed an ILM EVH Governing Body Leadership Programme in November 2021. In her time on the Board, Fiona has served with 4 chairpersons: Jim Milne, Owen McKee, Margaret Vass and Mark Griffiths and two CEOs Tony Teasdale and Donna Birrell, and has held the position of: Secretary; Convenor of the Governance Working

Rural Stirlin
Housing Associa

Building affordable ha
growing rural con

Group; Chair of Audit & Risk Committee; and Co-Vice Chair. Being a Board Member has certainly evolved since Fiona first sat round the Board table upstairs in the RSHA office, Stirling Road, Doune, prior to the office redevelopment.

During this time, as a parent to two young boys, she volunteered in preschool groups and scouting within the local community. Fiona's volunteering started long before becoming a parent. Before leaving McLaren High School she started as a young leader/ assistant Guider in the local Brownies pack, continuing until 2014.

Vibrant, sustainable local communities for young, old and everything in between is a huge reason as to why Fiona has

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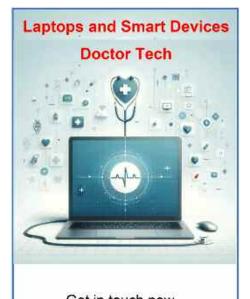
Over 20 years professional experience with large and small animals Lindsay Willison mob 07570 131230 continued serving on the RSHA Board of Management.

Fiona admits she is not a housing professional, a financial expert, in fact does not refer to herself as professional in any sense of the word... what she does say is ... she has 50 years lived experience of living in homes within the social housing sector: 24 of those years having tenancies in the private rented sector, Housing Association and Local Authority.

We are currently looking for new Members to join the Association. If you are interested, please email us at enquiries@rsha.org.uk, or call the office 01786 841101. Life Membership is open to everyone who supports our objectives, in accordance with our Membership Policy, and on payment of £1. As a Member of the Association, you can: Take part in our AGM.

Elect members of the Board. Stand for election to the Board. Receive regular newsletters and other information about the work of the Association.

If you are interested in becoming a Board Member, please contact our CEO donna@rsha.org.uk for further information.



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# War Memorial Clean-up





#### **Note of Thanks**

In September this year, the school children from Class 3 came to help us plant our new bulbs and have a general tidy up at the war memorial. The children were very diligent and admirable in the way they performed the weeding and planted the bulbs in trenches assisted by committee members. Hopefully in years to come they will be able to point out to people the flowers and be able to say I planted some of those. They should be very proud - well done Killin School.

Thank you to all who attended the Remembrance Service where we raised an incredible £135 in the collection tins. The Capercaillie Quiz in October raised £75 which paid for the bulbs and will go towards flowers for next year.

We also would like to offer huge thanks to the Killin Fire Station who presented the Committee with a fantastic donation of £200 to go towards our memorial bench. The new memorial bench is now under fabrication and will be a beautiful addition to the memorial.

The Killin War Memorial Committee

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# Learn, laugh,

As we approach the winter months some of us are making a trip to Minori and



trip to Minori and visiting Pompeii and its many attractions.

Meanwhile, our various groups are enjoying learning new things and engaging socially with fellow group members.

In October we had a very interesting talk given by Gillian Forster which was entitled 'A Gardening Project'which gave us an insight into the advancement of education and training for those

with additional support needs. She also spoke of sustainable development.

We have a talk once a month, the topic for November is 'Skin for Life' and Dr Olga Watkins will be our speaker at the McLaren Leisure Centre on Wednesday 6<sup>th</sup> November For all info on our talks and our various groups please visit our website

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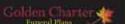
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# 2nd Killin & District Scout Group Stirling & Trossachs





It's been a busy and active term for our Beavers as we've worked towards our Olympics theme. We had a great trip to Jump N Joy for some trampolining, went a cycle up Acharn woods and have imagined lots of new Olympic sports. Since the nights have turned darker, we've been inside creating our own kit to wear for these sports, and next week we'll even be making medals!



We would like to say a massive thank you to Rachael Paul who has been a leader with us for over 3 years. Rachael moves on to a new job and is sad to leave Killin. She has been a fantastic help and will be greatly missed by Beavers and leaders alike. Thank you Rachael.

Beaver Scouts are aged 6&7, they meet 6-7pm in Killin on alternate Tuesdays. We have space so if you'd like your child to join us please e-mail killinbeavers@yahoo.co.uk

Laura Bathgate Beaver Leader 07708216065



#### Killin Community Bus New On-line Booking System

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for an appointment

#### **Obituary - Alistair Campbell**





Alistair died suddenly, age 63, at his home in Glen Mor Invergarry on the 15<sup>th</sup> of July. Alistair spent many happy years in Killin where he brought up his three daughters Sandra, Fiona and Tina. He had many friends in the village and will always be remembered for his immaculate fleet of lorries and his outstanding driving skills.

Alistair was a much-loved brother to Margaret, and Grandad to Caitlyn, Sandy, Alice, Annie, Amber and Lucy.

Sandra, Fiona and Tina would like to thank everyone for their kindness and support following their dad's accident.





#### **Comings and Goings**

In the last edition of Killin News I was wondering if the first snow would soon be on Lawers. Well, we have had several 'dustings' since then but nothing permanent so far by mid-November.

Quite a few more pheasants have appeared in and around the garden and the heavily berried rowans have been cleared by the huge flocks of redwings and fieldfares, which have come to overwinter from the North. How they manage to feed so rapidly and also chatter is a mystery, but they make an incessant murmur which totally mystifies the dog.

While the rooks and crows have been feasting on acorns, squirrels are still away enjoying the wild hazel nuts. Only one has yet returned to the feeders, hopefully 'scout squirrel' will soon bring back the usual gang. While one particular wren who keeps its eye on us through the conservatory and a particular robin with a penchant for helping with the gardening are residents, Ardeonaig had a surprise and exotic short-term visitor at the beginning of October, when an African cattle egret appeared in Dall Bay. They have been seen in Britain recently but I have only seen them as far North as Northumberland.

Of course, the sensible swallows, martins and swifts have long gone South but one poor swallow 'missed the boat' and, for several days, sat on our squirrel climbing rope looking at the other birds. It looked so bereft like The Ugly Duckling.

With Halloween, thoughts often turn to bats and their many spooky associations. A bat ecologist (would that be a batologist? Mr. Google says no it's a chiropterologist) claims that these are mostly untrue. Their echolocation is so good that they can detect a single midge, so they can easily avoid us and they will not get stuck in our hair. They are not blind but have excellent vision. They can eat around 3,000 midges per night so let's hear it for bats!

Another Halloween spooky is the wolf. In this case it would appear to be wise to be more wary. The protection of wolves by EU

conservation measures has led to an alarming explosion of numbers in countries such as Holland. Here pets as large as ponies have been killed and children must be protected in rural areas. This may (or maybe not) be of interest to British campaigners who claim that the release of around 94 packs of wolves would be beneficial to Scotland, which is eight times the number in the Netherlands. But then I suspect that this Mr. Gow is neither a hill farmer nor a crofter. He has turned his Devon farm into a rewilding project but had to cull introduced wild cattle as they proved too dangerous. Please note that Highland Scotland is a significant distance from Devon.

Not Halloween spooky but worrying just the same, is the amount of agricultural land being bought by largely foreign millionaires to use to extend their fortunes by selling carbon credits.

Carbon credits which are now being realised are not up to the job. Trees will take years to offset today's carbon footprint and then only if they are never cut down. In the meantime, the food which could have been produced on British soil is now imported. This of course causes you've got it - carbon footprints the size of the yeti's, as fashionable as carbon credits is opposition to African trophy hunting. This sounds an admirable idea, but Oxford University has carried out major studies, uncovering the truth that funds from this are absolutely vital for sustaining the lives of many areas in Africa, protecting the environment and fighting poaching. After visiting several East African countries, you can be in love with elephants but if you are an African villager and one destroys all your food in a few minutes it may feel different. Wonder if I offset my carbon footprint travelling there? I do know that it was rewarding to visit one of the schools, washrooms, toilet blocks and water supplies that our tour company supplies.

In addition, all shooting is well managed - just like our purge on red deer here, and nobody seems to worry about them.

If only these folk would find out before they preach. Someone who has 'walked the walk' we hope is Jim Fairlie, Minister for Agriculture and Connectivity, who has been both a shepherd and farmer in the Perth area. At a recent meeting he was invited for a day stalking to experience that work. So, we shall see whether he takes up the offer that Lorna Slater never did. Watch this space.

Mr Fox is on a sabbatical, but Bob the Beaver is very obviously in residence around here. Near Aberfeldy two large trees were almost felled overnight and local fishermen tied up one to prevent its falling across the river. On an island there, Bob and co are causing the banks to subside and wash away. A cycle track at Grandtully is also disappearing into the Tay for the same reason. Maybe the government will publicise their desire to reforest the country by a poster with a smiling toothy beaver saying 'please plant me some more trees.' As for the tree huggers - ye cannie hug a tree when it's fallin' on yer!

**Tim Frost** 





The Loch Lomond and The Trossachs Countryside Trust invite you to join their weekly walking & mobility-confidence building activities!

Join our weekly health walks every Wednesday at 10.20am, from the Sports & Pavilion Hub

(occasionally the Capercaillie Restaurant, see schedule for details).

#### Walk in the Park

Each year from the 1<sup>st</sup> to 7<sup>th</sup> November 'To absent friends' is a people's festival that runs across Scotland with a chance to remember, to tell stories, celebrate and reminisce about people we love and who have passed away. In a recent and moving health walk in November, our Walk in the Park group took a memorial walk to a special place at the head of the Loch to plant some trees in remembrance to absent friends.



Meeting Place Walking Route 11th December Pavilion Sports & Recreation Hub Loth Grouit/Old Railway Christmat Lunch 11th December The Killin Hotel 18th & 25th Dec Christmas & New Year Break into 1 Pier Road/Finlarig Castle 8th January River Dochart & old Railway to 15th January 100 22nd January PayBon Sports & Recreation Hub 29th January 100 Craignavie Road Golf Club 5th February 12th February Capercaille 10 m No need to book, just turn up. Walks are followed by optional refreshments in a local coffee shop/hotel For more information contact: fiona@trustinthepark.org Or visit wwww.trustinthepark/walk-in-the-park/ Walk in the Park welcomes people living with dementia, and their carers on our walks. Routes identified with this logo are suitable for most abilities. Please contact us for more details \* age impact imp

Whilst our last health walk of the year will be on Wednesday the 11<sup>th</sup> of December, we will be taking a break before returning on Wednesday the 8<sup>th</sup> of January. See walk schedule below.

#### **CPR** and defibrillator awareness training

Thank you to everyone who attended our recent session teaching valuable lifesaving skills, such as the recovery position, CPR, use of the defibrillator and dealing with severe bleeding and choking. We received some great feedback that the session was 'very well presented' and 'very useful'. A thank you to Nick and Ado from Trossachs Search and Rescue for delivering another great session for us.



#### **Weekly Strength & Balance Sessions**

In between our health walks or just by themselves, join us for our weekly sessions in a safe environment. Led by our volunteers, strength and balance exercises focus on building strength, improving balance and mobility, which may help build confidence. Stay for a cuppa and chat afterwards. Free but voluntary donation greatly appreciated.

# Wednesday's, 2-3pm, Killin & Ardeonaig Parish Church

We also like to end our sessions with tea and coffee, as the social element of our sessions is equally important. Our sessions are FREE with no need to book (although donations are greatly appreciated no matter how small).

# \*\* New \*\* Thursday's 2-3pm, Crianlarich Village Hall

New to our sessions in partnership with the Strathfillan Community Development Trust we are now running weekly sessions in Crianlarich.

The sessions will continue until Thursday 12<sup>th</sup> December before breaking for Christmas and returning in the New Year. For further information about any of our activities please drop an email to <a href="mailto:Fiona@trustinthepark.org">Fiona@trustinthepark.org</a> or call on 07843 842323

To find out more about our project 'Walk in the Park' please visit our website at www.trustinthepark.org



#### Gathering community views on the work and plans for Wild Strathfillan

**Outside the Box** is an independent charity that has been asked to find out the views of local people on the work and activities of Wild Strathfillan and the long-term difference it will make.

Wild Strathfillan is a new nature restoration initiative located in the north of Loch Lomond and the Trossachs National Park. It is led by Loch Lomond and The Trossachs Countryside Trust and involves community groups, land managers and businesses and local councils.

So that we can find out people's views, we are holding some activity sessions in December where you can take part in fun activities and also tell us what you know and feel about Wild Strathfillan. It is also OK to not know much about it.

#### The activities are

**Indoor Games** – 11am – 1pm, Thursday 5<sup>th</sup> December, Crianlarich Village Hall

**New Age Kurling** – 6.30pm – 8.30pm, Friday 6<sup>th</sup> December, McLaren Hall, Killin

**Outdoor Crafts,** 10am – 12pm, Saturday 7<sup>th</sup> December, Outdoor classroom, Shelterbelt, Tyndrum

We also have a short survey that takes less than 10 minutes to complete. You can use the QR code to access it or if it's easier we can email you the survey or phone you with the questions. Paper copies of the survey will also be available in the community.



For more information about the activity sessions or the survey please contact Christine. Her email is Christine@otbds.org and her phone number is **07936 330765.** For more information about **Outside the Box** https://otbds.org

# Connecting the Past and the Present: Stories of the Land

#### **About the Project**

For centuries, the people of Strathfillan have shared a deep connection with the land—a bond that endures to this day. Many locals have worked the land, owned it, or been integral to the community for decades. The *Strathfillan Community Development Trust*, in collaboration with *Wild Strathfillan*, is committed to preserving the rich history of these communities—especially through the memories of their eldest members. Our goal is to weave together the stories of how people and the land have been intertwined for generations and to illustrate how this relationship has evolved over time. This project will delve into the past, examine the present and envisage what the future may hold for this landscape and its people by capturing the hopes and dreams of today's residents.

#### **How You Can Get Involved**

We invite everyone, whether your family has been here for generations, or you've just recently joined the community, to participate. Here's how you can contribute:

- Share Your Photos and Documents: We're collecting photos and historical documents that showcase local life, from working the land and running businesses to school activities and community events.
- Tell Your Stories and Memories: Our wonderful volunteers are eager to record your personal stories, memories and experiences of life in the community. Volunteer Your Time: Whether you'd like to help out once or on a regular basis, we need more volunteers to assist with archiving, editing photos and organizing interviews. Full training will be provided.
- Offer Your Expertise: If you have skills in IT, archiving, or interviewing, we would love to hear from you.

This is a wonderful opportunity to connect with others, develop new skills and engage in a meaningful project throughout the winter months. By participating, you'll help strengthen our ties to the past, the land and our communities, while also shaping our vision for the future.

#### How to contact us:

If you're interested in contributing or learning more, please *get in touch with Sheona* (sheona@strathfillancdt.org.uk) or come along to a *drop-in session at the Crianlarich Village Hall any time from 3.30 – 5pm on Thursday 12<sup>th</sup> December*. Other evening and weekend drop-in sessions will be arranged in the future, so feel free to email if you'd like more details about these.

The Wild Strathfillan project has been made possible thanks to National Lottery players.







# Lochay Transformer Replacement Newsletter

December 2024

The project has a dedicated website, please scan the above QR code to be taken to the project website or use the following URL:

ssen-transmission.co.uk/lochay



The construction of a new substation compound, including building to house indoor equipment as part of SSEN Transmission's 132kV transformer replacement project adjacent to Lochay Power Station continues to make progress.

Safety is always our first priority at SSEN Transmission and with this in mind, we ask that you please remain vigilant of signage or direction around the construction works and do not enter our working areas.

#### **Festive period**

Site closure dates for the festive period will be 20 December 2024 – 6 January 2025

Although the site will be closed for all construction workers during this period, security will remain in place 7 days a week and 24 hours per day.

#### If you have any questions, please do not hesitate to contact your Community Liaison Manager:

Louise Anderson Lead Community Liaison Manager SSEN Transmission, 200 Dunkeld Road, Perth, PH1 3GH

Tel: 01738 341 975

Mobile: +44 (0) 7384 454 233 Email: louise.anderson@sse.com



#### **Progress on site**

The site is starting to take shape, with the control building making significant progress as can be seen in the above photo. Externally the building is almost fully completed, as well as the equipment structures being erected. Internally the control building is being fitted out with electrics and air control units. On the main platform the ducts are being installed to receive the cables, works are also ongoing for the completion of the drainage system, which will allow backfilling to receive the transformers in due course.

#### Upcoming works

We will be continuing fitting out the control building, erecting the main structures, finish below ground earthing and ducting for the underground cables. This will allow ground level to be brought up to its finished level and progress on the new access road. The perimeter fence will be erected with the landscaping ongoing as well as the construction of the stone-faced freestanding wall to the east of the site.



ssen-transmission.co.uk



SSEN Transmission



SSEN-Transmission



SSETransmission



#### Dùn Coillich Hosts Thrift Shop in Time for Christmas Get hold of a limited edition calendar!

Instead of resorting to Amazon to buy Christmas presents this year, why not keep it local and hunt for something special that means you'll be giving to charity at the same time?

The **Aberfeldy Thrift Shop** is a brilliant place to find pre-loved items that you wouldn't find anywhere else.

It's a great way of doing your bit for the planet by giving something another lease of life - and it raises money for local causes that take it in turns to host.

Kicking off the Sunday 15<sup>th</sup> December week will be a team of volunteers from Dùn Coillich, the community-owned landscape regeneration and rural skills training project between Aberfeldy and Tummel Bridge.

Managed by Highland Perthshire Communities Land Trust, the charity has three core aims: to restore biodiversity, support rural skills development, and encourage people of all ages to embrace the outdoors.

Alongside the host of treasures you'll find in the shop will be limited edition calendars, created with the help of local landscape photographer Ian Biggs, owner of The Shed Gallery in Kinloch Rannoch.

Ian's stunning images feature Dùn Coillich at its best throughout the year, a great way of enjoying this special place through the seasons.

You'll find Aberfeldy Thrift Shop at the Auld Kirk in Chapel Street. Why not come along and meet us, raise money for a good cause and pick up an extra special gift at the same time?

Volunteering carries on through winter, so join us on the hill and work off the seasonal blues! Visit to discover more about the Trust, and to find out about the training, volunteering and walking options on offer.









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#### e-mail:

editorial@killinnews.co.uk adverts@killinnews.co.uk

Address: Main Street, Killin FK21 8UW Office Phone : 01567 820014

#### Your copy of Killin News

Just a reminder that copies of Killin

News are delivered free to most households but anyone outside normal delivery routes who does not receive a copy can pick one up from the Library.

#### Would you like to join the KILLIN NEWS Mailing List or send copies to your friends?

If so please please send your details to us. (See above) Annual cost: UK £25: Outside UK £35 Please make cheques payable to Killin News

# Killin & Ardeonaig Parish Church Festive Services

Sunday 1st December - 10am service with Killin Community Choir

Sunday 8th December - 10am Christmas communion

Sunday 15th December - 10am Children's Nativity Service

Thursday  $19^{\text{th}}$  December - 2pm Guild Christmas service at Falls of Dochart Home

Sunday 22nd December - 10am Carol Service

Tuesday 24th December – 6:30pm Christmas Eve service with Killin Primary School Choir

#### **Cover Price Increase**

We will be raising the cost of the Killin News to £2 from the start of 2025. It's price has been held at just £1 for over 10 years, over which time our costs have risen dramatically.

This increase will only affect visitors who buy the magazine in the local shops/hotels. The magazine will continue to be delivered free of charge to houses in Killin, Ardeonaig, Crianlarich and Tyndrum, and there will be no change to our subscription price for those who have the magazine posted out to them.

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10

3

Iain Watson joiner

Infinity Blu Dental

Jasmine Beauty

Jason Campbell

#### What's On In Killin And District

#### **Regular Activities**

#### Monday

- Adult Badminton, 7-9pm, McLaren Hall
- Junior Badminton, 6pm, Crianlarich Hall
- Bridge, 7.15-9pm, Killin Hotel, contact Marion 829027
- Indoor Bowls, 7.30pm, Lesser Hall (winter months only)

#### **Tuesday**

- Bee Creative, 10am-12pm, Community Rooms
- U3A Art, 2-4pm, currently being held in Lochearnhead Hall
- Beavers, 6-7pm, Lesser Hall (every other Tuesday)
- Tuesday Club, 2-4pm, Community Rooms
- Pilates 5.45pm and 6.45pm, Community Rooms, booking required on 07866 018629
- Aikido 7-9 Adults/Children from 13 years.
- Aikido 6-6.30 aged 5 to 7 6.30 aged 8 to 12.
- Tombreck Market Garden volunteer day. 9.15 -1pm

#### **Wednesday**

- Walk in the Park, 10.20, refer to schedule for locations
- Strength & Balance, 2-3pm, Killin & Ardeoniq Church Hall
- Highland Hustle, 6.30-7.15pm, McLaren Hall
- Youth Club, P6/7 5.45-7.15pm S1-3 7.30-9.00pm [Sign-Ups: alasdair@cyp.org.uk]
- Multi-Sports Session -Wednesdays (Fortnightly), P5-7 5-6pm, S1-3 6-7pm [sign-ups: mckennac@activestirling.org.uk]
- Killin Comm Choir, 7.30pm-9pm, Killin Church

#### **Thursday**

- Running Club, 6pm, Acharn Forest carpark
- Killin Community Hub,12.30-2.30 Sports Pavilion
- CAB drop-in session 12.30 2.30, Killin Sports Pavilion

# Which bin? Saturdays 30 Nov 7 Dec 14 Dec 21 Dec 28 Dec 4 Jan 11 Jan 18 Jan Red = no bin collection Grey = grey bin + blue bin Brown = brown bin+monthly glass box Green = brown bin + green bin

- Golf Club Junior Coaching Session, 6.30-8 pm. 8-16 years. May to September
- SWI, 7.30pm (1st Thursday of month, Community Rooms)

#### <u>Friday</u>

- Pilates, 9am, 10am and 11am Community Rooms. Booking essential on 07866 018629
- Yoga, 10.15 11.30 McLean Hall, Fearnan.

#### Saturday

 Football in the Park, 12-17 years, 12-2pm

#### **Sunday**

- Football in the Park, 8-11 years, Check for times with Andy.
- Killin Gun Club, 3<sup>rd</sup> Sun of month March-December. Contact Stuart Ogston 07999 510014 Henry Paterson 01567 820354

#### **Church Services**

- Killin & Ardeonaig Parish Church
- 1st Sunday of the month 10:00am Sunday worship including Sunday School
- 2nd Sunday of the month 10:00 Sunday worship including communion
- 3rd Sunday of the month 10:00am Cafe Church including Sunday School
- 4th Sunday of the month 10:00am Sunday worship
- 5th Sunday of the month 10:00am Sunday worship
- Episcopal Church
- See www.strathearn-episcopalchurches.co.uk for details
- Roman Catholic Church
- Sunday Mass in Callander at 11:30am

## **Recycling Centres**

#### Callander

**Booking Reference Required** 

Monday-Friday: 5pm-7.30pm
Saturday: 10am-1.30pm
Sunday: Closed
Aberfeldy
Tuesday and Thurday
9am-6-45pm
Saturday and Sunday
10am-4-45pm

Crieff Broich Road, North Forr All Year Thursday-Monday 9am-

4pm Closed Tues & Wed

#### **Coming Soon!**

#### **December**

- 5 SWI Christmas meeting
- 6 Killin Nursery Christmas Market, p9
- 7 Killin Community Council meeting
- 12 Scottish Wildlife Trust Callander, p7
- 12 Film Night "Why Not Scotland" p35
- 17 Crianlarich Primary Nativity, p9
- 14 Killin Lantern Workshop, p6
- 16 Scottish Wildlife Trust Pitlochry, p7
- 23,24th,25th Killin Panto, p16
- 24 Annual Rebedding of the Healing Stones, p18
- 29 Killin Church Community Meal p19
- 31 Killin Lantern Walk, p6
- 31 Killin Fireworks p3

#### January

- 1 New Year Ceilidh Dance, p3
- 16 Scottish Wildlife Trust Callander, p7
- 17 Breadalbane Heritage Society (zoom), p27
- 26 Killin Church Community Meal

#### **Killin Library**

Books, DVDs, dog waste bags and hearing aid batteries.

**Monday** 10-1pm 2-5pm

**Tuesday** 10-1pm 3-7pm

Wednesday 2-5pm

Thursday Closed

**Friday** 10-1pm 3-7pm

Saturday Closed

# **Mobile Libraries**

Please see the council websites for any updates.
Crianlarich/Tyndrum
Fortnightly Fridays

6 Dec. 20 Dec. No info for 2025

Crianlarich School 10:45-11:30

Glenfalloch Rd 11:40-12:00

Willow Square 12:05-12:25

Tyndrum

Green Welly 13:40-14:10 Mansefield 14:15-14:45

Perth and Kinross
Three week stops, Tuesday

10 Dec. No info for 2025 **Tombreck 16.10-16.30** 



We wish each and every one of our customers a very

# **Merry Christmas**



Up to date Winter Opening Hours can be found on our website and social media

TEL: 01838 400271

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